

# “What’s the Difference Between Reiki and the Biblical Practice of Laying On of Hands?”

I’m researching [Reiki](#) and found a website that purports to be “Christian Reiki.” The woman who does this says she only connects with the Holy Spirit inside of her for the energy she uses. She commits each session to God and communicates with the Holy Spirit by means of prayer during the session. She further states that the Reiki symbols she uses to deliver that energy actually have no meaning but that they act as focus points for transmission of energy. I would tend to be a little leery about this but want to know, how does this differ from the Christian “laying on of hands”?

Yes; I think this does differ from the Christian “laying on of hands” (1 Tim. 5:22).

Christians lay hands on a brother or sister in Christ as an act of identification. They identify with another believer who is part of the body of Christ. When we then pray for that individual’s healing, there is no attempt to channel “energy” of some sort to bring the person healing. Rather, we simply make a request that God would heal the person if it is His will to do so. Sometimes He is willing; sometimes not. But this is a choice for God; we are simply making a request, subject to His will.

There just isn’t any biblical warrant for “Christian” Reiki, so far as I can see. We are never commanded (or even encouraged) to channel spiritual “energy” for the healing of others. Indeed, I think the biblical authors would regard such a practice as highly suspect. We are simply encouraged to pray

for their healing. And this is something we can do (and that the church has always done) without any assistance from the practice of Reiki.

In this respect I don't see what "Christian Reiki" adds to the equation (that isn't accomplished simply through prayer to God). If the Reiki practitioner thinks that Reiki gives them power or authority over the Holy Spirit, then such a belief is totally absurd and unbiblical. God is sovereign and is not in any way subject to the will and manipulation of men. So it seems to me that Reiki is a questionable practice for Christians, that adds nothing to simple prayer, and that is possibly grounded in some very unbiblical beliefs about God and healing, etc.

At any rate, that's my view of the matter.

Shalom in Christ,

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