

Capital Punishment: A Christian View and Biblical Perspective

Kerby Anderson provides a biblical worldview perspective on capital punishment. He explores the biblical teaching to help us understand how to consider this controversial topic apply Christian love and biblical principles.

Should Christians support the death penalty? The answer to that question is controversial. Many Christians feel that the Bible has spoken to the issue, but others believe that the New Testament ethic of love replaces the Old Testament law.

Old Testament Examples

Throughout the Old Testament we find many cases in which God commands the use of capital punishment. We see this first with the acts of God Himself. God was involved, either directly or indirectly, in the taking of life as a punishment for the nation of Israel or for those who threatened or harmed Israel.

One example is the flood of Noah in Genesis 6-8. God destroyed all human and animal life except that which was on the ark. Another example is Sodom and Gomorrah (Gen. 18-19), where God destroyed the two cities because of the heinous sin of the inhabitants. In the time of Moses, God took the lives of the Egyptians' first-born sons (Exod. 11) and destroyed the Egyptian army in the Red Sea (Exod. 14). There were also punishments such as the punishment at Kadesh-Barnea (Num. 13-14) or the rebellion of Korah (Num. 16) against the Jews wandering in the wilderness.

The Old Testament is replete with references and examples of God taking life. In a sense, God used capital punishment to deal with Israel's sins and the sins of the nations

surrounding Israel.

The Old Testament also teaches that God instituted capital punishment in the Jewish law code. In fact, the principle of capital punishment even precedes the Old Testament law code. According to Genesis 9:6, capital punishment is based upon a belief in the sanctity of life. It says, "Whoever sheds man's blood by man his blood shall be shed, for in the image of God, He made man."

The Mosaic Law set forth numerous offenses that were punishable by death. The first was murder. In Exodus 21, God commanded capital punishment for murderers. Premeditated murder (or what the Old Testament described as "lying in wait") was punishable by death. A second offense punishable by death was involvement in the occult (Exod. 22; Lev. 20; Deut 18-19). This included sorcery, divination, acting as a medium, and sacrificing to false gods. Third, capital punishment was to be used against perpetrators of sexual sins such as rape, incest, or homosexual practice.

Within this Old Testament theocracy, capital punishment was extended beyond murder to cover various offenses. While the death penalty for these offenses was limited to this particular dispensation of revelation, notice that the principle in Genesis 9:6 is not tied to the theocracy. Instead, the principle of *Lex Talionis* (a life for a life) is tied to the creation order. Capital punishment is warranted due to the sanctity of life. Even before we turn to the New Testament, we find this universally binding principle that precedes the Old Testament law code.

New Testament Principles

Some Christians believe that capital punishment does not apply to the New Testament and church age.

First we must acknowledge that God gave the principle of

capital punishment even before the institution of the Old Testament law code. In Genesis 9:6 we read that "Whoever sheds man's blood by man his blood shall be shed, for in the image of God, He made man." Capital punishment was instituted by God because humans are created in the image of God. The principle is not rooted in the Old Testament theocracy, but rather in the creation order. It is a much broader biblical principle that carries into the New Testament.

Even so, some Christians argue that in the Sermon on the Mount Jesus seems to be arguing against capital punishment. But is He?

In the Sermon on the Mount, Jesus is not arguing against the principle of a life for a life. Rather He is speaking to the issue of our personal desire for vengeance. He is not denying the power and responsibility of the government. In the Sermon on the Mount, Jesus is speaking to individual Christians. He is telling Christians that they should not try to replace the power of the government. Jesus does not deny the power and authority of government, but rather He calls individual Christians to love their enemies and turn the other cheek.

Some have said that Jesus set aside capital punishment in John 8 when He did not call for the woman caught in adultery to be stoned. But remember the context. The Pharisees were trying to trap Jesus between the Roman law and the Mosaic law. If He said that they should stone her, He would break the Roman law. If He refused to allow them to stone her, He would break the Mosaic law (Lev. 20:10; Deut. 22:22). Jesus' answer avoided the conflict: He said that he who was without sin should cast the first stone. Since He did teach that a stone be thrown (John 8:7), this is not an abolition of the death penalty.

In other places in the New Testament we see the principle of capital punishment being reinforced. Romans 13:1-7, for example, teaches that human government is ordained by God and that the civil magistrate is a minister of God. We are to obey

government for we are taught that government does not bear the sword in vain. The fact that the Apostle Paul used the image of the sword further supports the idea that capital punishment was to be used by government in the New Testament age as well. Rather than abolish the idea of the death penalty, Paul uses the emblem of the Roman sword to reinforce the idea of capital punishment. The New Testament did not abolish the death penalty; it reinforced the principle of capital punishment.

Capital Punishment and Deterrence

Is capital punishment a deterrent to crime? At the outset, we should acknowledge that the answer to this question should not change our perspective on this issue. Although it is an important question, it should not be the basis for our belief. A Christian's belief in capital punishment should be based upon what the Bible teaches not on a pragmatic assessment of whether or not capital punishment deters crime.

That being said, however, we should try to assess the effectiveness of capital punishment. Opponents of capital punishment argue that it is not a deterrent, because in some states where capital punishment is allowed the crime rate goes up. Should we therefore conclude that capital punishment is not a deterrent?

First, we should recognize that crime rates have been increasing for some time. The United States is becoming a violent society as its social and moral fabric breaks down. So the increase in the crime rate is most likely due to many other factors and cannot be correlated with a death penalty that has been implemented sparingly and sporadically.

Second, there is some evidence that capital punishment is a deterrent. And even if we are not absolutely sure of its deterrent effect, the death penalty should be implemented. If it is a deterrent, then implementing capital punishment certainly will save lives. If it is not, then we still will

have followed biblical injunctions and put convicted murderers to death.

In a sense, opponents of capital punishment who argue that it is not a deterrent are willing to give the benefit of the doubt to the criminal rather than to the victim. The poet Hyman Barshay put it this way:

The death penalty is a warning, just like a lighthouse throwing its beams out to sea. We hear about shipwrecks, but we do not hear about the ships the lighthouse guides safely on their way. We do not have proof of the number of ships it saves, but we do not tear the lighthouse down.”(1)

If capital punishment is even a potential deterrent, that is a significant enough social reason to implement it.

Statistical analysis by Dr. Isaac Ehrlich at the University of Chicago suggests that capital punishment is a deterrent.(2) Although his conclusions were vigorously challenged, further cross-sectional analysis has confirmed his conclusions.(3) His research has shown that if the death penalty is used in a consistent way, it may deter as many as eight murders for every execution carried out. If these numbers are indeed accurate, it demonstrates that capital punishment could be a significant deterrent to crime in our society.

Certainly capital punishment will not deter all crime. Psychotic and deranged killers, members of organized crime, and street gangs will no doubt kill whether capital punishment is implemented or not. A person who is irrational or wants to commit a murder will do so whether capital punishment exists or not. But social statistics as well as logic suggest that rational people will be deterred from murder because capital punishment is part of the criminal code.

Capital Punishment and Discrimination

Many people oppose capital punishment because they feel it is discriminatory. The charge is somewhat curious since most of the criminals that have been executed in the last decade are white rather than black. Nevertheless, a higher percentage of ethnic minorities (African-American, Hispanic-American) are on death row. So is this a significant argument against capital punishment?

First, we should note that much of the evidence for discrimination is circumstantial. Just because there is a higher percentage of a particular ethnic group does not, in and of itself, constitute discrimination. A high percentage of whites playing professional ice hockey or a high percentage of blacks playing professional basketball does not necessarily mean that discrimination has taken place. We need to look beneath the allegation and see if true discrimination is taking place.

Second, we can and should acknowledge that some discrimination does take place in the criminal justice system. Discrimination takes place not only on the basis of race, but on the basis of wealth. Wealthy defendants can hire a battery of legal experts to defend themselves, while poor defendants must rely on a court-appointed public attorney.

Even if we acknowledge that there is some evidence of discrimination in the criminal justice system, does it likewise hold that there is discrimination with regard to capital punishment? The U.S. Solicitor General, in his amicus brief for the case *Gregg vs. Georgia*, argued that sophisticated sociological studies demonstrated that capital punishment showed no evidence of racial discrimination.⁽⁴⁾ These studies compared the number of crimes committed with the number that went to trial and the number of guilty verdicts rendered and found that guilty verdicts were consistent across racial boundaries.

But even if we find evidence for discrimination in the criminal justice system, notice that this is not really an argument against capital punishment. It is a compelling argument for reform of the criminal justice system. It is an argument for implementing capital punishment carefully.

We may conclude that we will only use the death penalty in cases where certainty exists (e.g., eyewitness accounts, videotape evidence). But discrimination in the criminal justice system is not truly an argument against capital punishment. At its best, it is an argument for its careful implementation.

In fact, most of the social and philosophical arguments against capital punishment are really not arguments against it at all. These arguments are really arguments for improving the criminal justice system. If discrimination is taking place and guilty people are escaping penalty, then that is an argument for extending the penalty, not doing away with it. Furthermore, opponents of capital punishment candidly admit that they would oppose the death penalty even if it were an effective deterrent.⁽⁵⁾ So while these are important social and political issues to consider, they are not sufficient justification for the abolition of the death penalty.

Objections to Capital Punishment

One objection to capital punishment is that the government is itself committing murder. Put in theological terms, doesn't the death penalty violate the sixth commandment, which teaches "Thou shalt not kill?"

First, we must understand the context of this verse. The verb used in Exodus 20:13 is best translated "to murder." It is used 49 times in the Old Testament, and it is always used to describe premeditated murder. It is never used of animals, God, angels, or enemies in battle. So the commandment is not teaching that all killing is wrong; it is teaching that murder

is wrong.

Second, the penalty for breaking the commandment was death (Ex.21:12; Num. 35:16-21). We can conclude therefore that when the government took the life of a murderer, the government was not itself guilty of murder. Opponents of capital punishment who accuse the government of committing murder by implementing the death penalty fail to see the irony of using Exodus 20 to define murder but ignoring Exodus 21, which specifically teaches that government is to punish the murderer.

A second objection to capital punishment questions the validity of applying the Old Testament law code to today's society. After all, wasn't the Mosaic Law only for the Old Testament theocracy? There are a number of ways to answer this objection.

First, we must question the premise. There is and should be a relationship between Old Testament laws and modern laws. We may no longer be subject to Old Testament ceremonial law, but that does not invalidate God's moral principles set down in the Old Testament. Murder is still wrong. Thus, since murder is wrong, the penalty for murder must still be implemented.

Second, even if we accept the premise that the Old Testament law code was specifically and uniquely for the Old Testament theocracy, this still does not abolish the death penalty. Genesis 9:6 precedes the Old Testament theocracy, and its principle is tied to the creation order. Capital punishment is to be implemented because of the sanctity of human life. We are created in God's image. When a murder occurs, the murderer must be put to death. This is a universally binding principle not confined merely to the Old Testament theocracy.

Third, it is not just the Old Testament that teaches capital punishment. Romans 13:1-7 specifically teaches that human government is ordained by God and that we are to obey government because government does not bear the sword in vain.

Human governments are given the responsibility to punish wrongdoers, and this includes murderers who are to be given the death penalty.

Finally, capital punishment is never specifically removed or replaced in the Bible. While some would argue that the New Testament ethic replaces the Old Testament ethic, there is no instance in which a replacement ethic is introduced. As we have already seen, Jesus and the disciples never disturb the Old Testament standard of capital punishment. The Apostle Paul teaches that we are to live by grace with one another, but also teaches that we are to obey human government that bears the sword. Capital punishment is taught in both the Old Testament and the New Testament.

Notes

1. Hyman Barshay, quoted in "On Deterrence and the Death Penalty" by Ernest van den Haag, *Journal of Criminal Law, Criminology and Police Science* no. 2 (1969).

2. Isaac Ehrlich, "The Deterrent Effect of Capital Punishment: A Question of Life and Death," *American Economic Review*, June 1975.

3. *Journal of Legal Studies*, January 1977; *Journal of Political Economy*, June 1977; *American Economic Review*, June 1977.

4. Frank Carrington, *Neither Cruel nor Unusual: The Case for Capital Punishment* (New Rochelle, N.Y.: Arlington, 1978), 118.

5. Further discussion of these points can be found in an essay by Ernest van den Haag, "The Collapse of the Case Against Capital Punishment," *National Review*, 31 March 1978, 395-407.

A more complete discussion of capital punishment can be found in chapter 10 of *Living Ethically in the 90s* (Wheaton, Ill.: Victor, 1990), available from Probe Ministries.

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One Christian Perspective on the Immigration Reform Debate

Steve Cable takes a look at the immigration issue from a biblical point of view. Setting aside all the political rhetoric, what does the Bible really have to say about this topic and how should the church respond with an authentic Christian perspective.

Introduction

Immigration issues have garnered a lot of headlines in recent weeks. Is there a clear biblical position on immigration laws and on how Christians should respond to immigrants?

A January 2006 Gallup poll indicated that “immigration reform” ranked at the bottom of seven national issues behind the war in Iraq, healthcare, and the economy.^{1} However, after the large rallies in April, it had moved up into the number two spot behind the war in Iraq. While more Americans are concerned about improving control of our borders than developing a comprehensive strategy for illegal immigrants, over seventy-five percent of those polled consider such a comprehensive strategy “extremely important” or “very important.” In part, this is due to a heightened awareness of the approximately twelve million illegal aliens in our country and to the intense interest in the Hispanic community. The concern also feeds on the conflicting desires for low cost labor on the one hand and protection from terrorist infiltration on the other.

At a time when the American public is becoming sensitized to the illegal immigrant issue, the evangelical community has not presented a unified front. As reported in the April 28 (2006) edition of the *Dallas Morning News*, “At a forum . . . , conservative and liberal religious leaders lobbed Bible

verses, unable to agree on what Jesus would do about the nation's nearly 12 million illegal immigrants." [{2}](#) Three general positions have emerged among the evangelical community.

One position promotes honoring God through obeying the law, focusing on the responsibility of the government to provide for the security of its people.

A second position focuses on our responsibility to care for the needy, particularly the alien and the stranger.

The third position assumes this is an amoral political and economic issue that the church is wise to stay clear of.

The conundrum was aptly summarized by Dr. Richard Land, president of the Southern Baptist Convention's Ethics and Religious Liberty Commission:

"We have a right to expect the government to fulfill its divinely ordained mandate to punish those who break the laws and reward those who do not. Romans 13. We also have a divine mandate to act redemptively and compassionately toward those who are in need." [{3}](#)

Since we are all created in the image of God, should nations place any restrictions upon our ability to move about and take up residence where we will? Certainly, if we were all Christians, Colossians 3:11 might apply, stating, "there is no distinction between Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and freeman, but Christ is all, and in all." From this verse and others like it, we might argue that we should not make any distinctions between citizens and non-citizens. Yet, the Bible clearly indicates that there will be distinct nations until Jesus returns.

Reasons for Restricted Immigration Policy

As noted above, a simple Christian perspective would welcome everyone to settle in our nation at any time. However, the Bible clearly supports the concept of national sovereignty as a means through which God works in this fallen world. In 1 Timothy 2:1-2, we are called to pray for government officials, not that they would cease to exist, but that they would facilitate a society where we can follow God and share Christ in a secure, peaceful environment. Three common reasons a government may choose to control traffic across its borders and limit citizenship opportunities are as follows:

*1. **National security**—A nation with enemies has a need to know that those enemies are not dwelling within their land. In Deut. 31:12-13, the foreigners dwelling among the people of Israel were required to enter into the covenant to obey God. Those that did not support God's leadership were not allowed to enter the land. Today, like never before, America must be concerned about enemies attacking from inside her border. The government has a responsibility to protect the security of her people by taking reasonable means to keep threats outside of our borders.*

*2. **Economic prosperity**—A perception of limited resources may cause a nation to curtail immigration in order to reserve a greater share of those resources for the existing citizens. They may say, "We have the sturdiest and most well stocked lifeboat, but if everyone abandons their inferior lifeboats and flocks to this one, we will go from prosperity and security to sinking and perishing." Under the same motivation, it is common for nations to import foreign workers to perform low paid, menial tasks. There is biblical support for property ownership and rewards for ones labor. It is balanced by the clear teaching to proactively minister to the needy and to beware of being motivated by greed. [\[4\]](#)*

*3. **Cultural integrity**—A people group may want restrictions on*

immigration to protect the integrity of their historic traditions and society. Certainly, God directed the nation of Israel to ensure that all members of society worshiped the God of Abraham and did not introduce other forms of worship into society. In Exodus 12:43-49, foreigners are prohibited from participating in the Passover unless their entire household is circumcised and they covenant to obey God. America has thrived with a cultural and religious diversity, while enforcing a uniform acceptance of the Constitution and the principles of democracy, freedom, and equality.

Although the Bible does not mandate that nations should have laws to control their borders and manage immigration, it is clear that there are biblically acceptable reasons for a national policy in this area. The two that are the clearest are national security from known enemies and protecting common cultural ideals. Greed often plays a role in establishing immigration policies, an attitude clearly prohibited by our Lord.

The Case for Law and Order

Conflicting positions on immigration policy stake their claim on respect for authority at one end and on compassion for the needy at the other. Let's consider the matter of law and order.

Romans 13 states:

Every person is to be in subjection to the governing authorities. For there is no authority except from God, and those which exist are established by God. Therefore whoever resists authority has opposed the ordinance of God. . . . But if you do what is evil, be afraid; for it does not bear the sword for nothing; for it is a minister of God, an avenger who brings wrath on the one who practices evil. Therefore it is necessary to be in subjection, not only because of wrath,

but also for conscience' sake (vv. 1,2,4,5).{5}

Christians are to be in subjection to governing authorities not only to avoid punishment, but also to be able to minister with a clear conscience. Peter expands on the motivation in 1 Peter 2:13-15 where he writes, "Submit yourselves for the Lord's sake to every human institution, whether to a king as the one in authority, or to governors as sent by him for the punishment of evildoers and the praise of those who do right. For such is the will of God that by doing right you may silence the ignorance of foolish men."

Thus, for Christians, obeying the law is one way honor God. God ordains authority with the responsibility to punish "the one who practices evil." For those who take the law-and-order position, these verses are a clear biblical mandate for dealing with illegal immigration. Not only should we personally obey the law, we should support our governing authorities in enforcing it.

However, those who take a different position argue our imperative to follow Christ's example takes precedence over any laws. Certainly, Jesus and the apostles did not always obey the strict direction of the ruling authorities. One notable example is found in Acts 4:19-20. When commanded not "to speak or teach at all in the name of Jesus," Peter replied, "Whether it is right in the sight of God to give heed to you rather than to God, you be the judge; for we cannot stop speaking about what we have seen and heard." Not only did they refuse to submit to the command, they encouraged others to follow their example. However, one should be careful about using these examples as a trump card to justify ignoring any laws that one believes are contrary to the teaching of Christ. Both Jesus and Paul direct us to pay our taxes, knowing full well that some of those tax dollars may be spent in ways that do not honor Christ.

As believers, we are called to obey laws that do not require us to directly disobey God.

The Case for Compassion

Another important consideration is whether Christ's directive to show compassion to the needy should be our primary concern in establishing and enforcing immigration policy. Those who promote this case point to two primary principles in the Scriptures:

- 1. Treat the alien in our midst with fairness, remembering that we too are aliens.*
- 2. Minister to the least of these as unto Jesus Himself.*

Deuteronomy 10:18-19 states, "He . . . shows His love for the alien by giving him food and clothing. So show your love for the alien, for you were aliens in the land of Egypt." Remembering their history as aliens dwelling in Egypt, the children of Israel were to show love for the aliens in their midst. We, too, should remember that most of us did nothing to deserve being born in America. We could just as easily be the person seeking a better life by becoming an alien in America.

Does this passage mean that we have a responsibility to care for any person who is able to cross our borders?

The Hebrew word most often translated as "alien" is *ger*. According to Vines, a *ger* "was not simply a foreigner or a stranger. He was a permanent resident, once a citizen of another land, who had moved into his new residence." [\[6\]](#) The Jewish law was clear that these aliens should be afforded equitable treatment under the law (e.g., Num. 15:16, Deut. 1:16). However, special provisions were also in place for the alien. Not being a member of one of the twelve tribes, the alien could not own land. Consequently, the alien was grouped

together with widows and orphans to receive a portion of the tithe (Deut. 14:28-29), access to the gleanings in the field (Deut. 24:19-22) and justice (Deut. 24:17-18). However, these provisions did not apply to the foreigner temporarily in the country for work or other purposes. These temporary visitors did not receive a food allotment and were not allowed to fully participate in society.

We know that God wants us to treat aliens fairly, but the biblical example shows a greater responsibility to those who meet the requirements to become residents.

Compassion is emphasized in Jesus' command to "do unto others as you would have them do unto you," in the parable of the Good Samaritan, and in our observation in Matt 25:40, "to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me." We are called to demonstrate sacrificial love in meeting the needs of both friends and strangers. Each person we meet is created in the image of God, worthy of our love and our concern for their spiritual and physical needs. Whatever our position on immigration policy and enforcement, Christians should be at the forefront of ministering to people far from home.

Responding to Our Current Situation

Is it possible within our current immigration laws to be compassionate *and* to be subject to ruling authorities at the same time? One way to answer that question is to apply the biblical guidelines reviewed earlier to the different roles in the immigration debate.

First, let's consider a *potential immigrant*. Barring a direct threat upon your life, abide by the laws of your current country and America. If you have a desire to work in America, apply through appropriate channels and use all legal means to expedite the process. Desiring more opportunity for your

family is commendable. However, choosing to break the law to achieve that goal is telling God that He cannot be trusted to provide.

Now assume you were an *illegal immigrant*. Report yourself to the appropriate authorities to obtain a hearing and abide by the results. Some argue that it is cruel to separate families. Current laws do not normally force families to be separated. Separation is the result of family members choosing to stay in the U.S. when a person is required to leave the country.

What attitude should be taken by an *employer*? Obey the employment laws. Do not knowingly hire illegal aliens *and* take steps to prevent accidentally hiring illegal aliens.

Finally, consider a *Christian citizen*. Reach out in love to all people regardless of their immigration status. Help them find help in dealing with the process and caring for their family. Counsel those in your flock to come into compliance with any laws they are breaking. Ask your representatives to support legislation which balances security with generosity and compassion. Most Americans desire to protect or improve their standard of living. Doing this at the expense of others is clearly contrary to biblical teaching. At the same time, lowering our standard of living by being less productive is not good stewardship either. We should promote policies that reflect a willingness to reduce our consumption to benefit others while promoting improvements across the board. What might this look like?

- Increased legal immigration for a variety of skill and educational levels, believing that we have the ingenuity to utilize these additional resources productively.
- Fair pay for all jobs with strong penalties for employers who break the laws.
- Requiring immigrants to maintain a record of gainful employment.
- Rapid deportation for those who enter illegally.

- While there is a real terrorist threat, making it difficult to enter our country surreptitiously.
- Pressuring other countries not to exploit their labor force.

Although there is no simple scriptural prescription to “fix” the immigration issue, Christians can model how to reach out in compassion and submit to authority at the same time. Prayerfully consider how God wants you to respond in this area.

Notes

1. “Halting the Flow is American’s Illegal Immigration Priority”, Lydia Saad, *Gallup News Service*, April 13, 2006
2. Todd J. Gillman, “Christians ask: Can you love thy neighbor but deport him, too?” *Dallas Morning News*, April 28, 2006.
3. Ibid.
4. Luke 12:15
5. All Scripture references from the New American Standard Bible, 1995.
6. Vine’s Expository Dictionary of biblical Words, Copyright (c)1985, Thomas Nelson Publishers

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Globalization and the Internet – A Christian Considers the Impact

Kerby Anderson looks at the growth and role of the Internet through a Christian worldview perspective. It is important that we continue to understand its capabilities and its

dangers.

Introduction

More than one billion people use the Internet and benefit from the vast amount of information that is available to anyone who connects. But any assessment of the Internet will show that it has provided both surprising virtues and unavoidable vices.

Contrary to the oft-repeated joke, Al Gore did not invent the Internet. It was the creation of the Department of Defense that built it in case of a nuclear attack, but its primary use has been during peace. The Defense Department's Advanced Research Projects Agency created a primitive version of the Internet known as ARPAnet. It allowed researchers at various universities to collaborate on projects and conduct research without having to be in the same place.

The first area network was operational in the 1980s, and the Internet gained great popularity in the 1990s because of the availability of web browsers. Today, due to web browsers and search engines, Internet users in every country in the world have access to vast amounts of online information.

The Internet has certainly changed our lives. Thomas Friedman, in his book *The World is Flat*, talks about some of these changes.[\[1\]](#) For example, we used to go to the post office to send mail; now most of us also send digitized mail over the Internet known as e-mail. We used to go to bookstores to browse and buy books; now we also browse digitally. We used to buy a CD to listen to music; now many of us obtain our digitized music off the Internet and download it to an MP3 player.

Friedman also talks about how the Internet has been the great equalizer. A good example of that is Google. Whether you are a university professor with a high speed Internet connection or a poor kid in Asia with access to an Internet café, you have

the same basic access to research information. The Internet puts an enormous amount of information at our fingertips. Essentially, all of the information on the Internet is available to anyone, anywhere, at anytime.

The Internet (and the accompanying digital tools developed to use it) has even changed our language. In the past, if you left a message asking when your friend was going to arrive at the airport, usually you would receive a complete sentence. Today the message would be something like: AA 635 @ 7:42 PM DFW. Tell a joke in a chat room, and you will receive responses like LOL (“laughing out loud”) or ROFL (“rolling on the floor laughing”). As people leave the chat room, they may type BBL (“be back later”). Such abbreviations and computer language are a relatively new phenomenon and were spawned by the growth of the Internet.

I want to take a look at some of the challenges of the Internet as well as the attempt by government to control aspects of it. While the Internet has certainly provided information to anyone, anywhere, at any time, there are still limits to what the Internet can do in the global world.

The Challenge of the Internet

The Internet has provided an opportunity to build a global information infrastructure that would link together the world’s telecommunications and computer networks. But futurists and governmental leaders also believed that this interconnectedness would also bring friendship and cooperation, and that goal seems elusive.

In a speech given over a decade ago, Vice-President Al Gore said, “Let us build a global community in which the people of neighboring countries view each other not as potential enemies, but as potential partners, as members of the same family in the vast, increasingly interconnected human

family.”{2}

Maybe peace and harmony are just over the horizon because of the Internet, but I have my doubts. The information superhighway certainly has connected the world together into one large global network, but highways don't bring peace. Highways connected the various countries in Europe for centuries, yet war was common and peace was not. An information superhighway connects us with countries all over the world, but global cooperation hasn't been the result, at least not yet.

The information superhighway also has some dark back alleys. At the top of the list is pornography. The Internet has made the distribution of pornography much easier. It used to be that someone wanting to view this material had to leave their home and go to the other side of town. The Internet has become the ultimate brown wrapper. Hard core images that used to be difficult to obtain are now only a mouse click away.

Children see pornography at a much younger age than just a decade ago. The average age of first Internet exposure to pornography is eleven years old.{3} Sometimes this exposure is intentional, usually it is accidental. Schools, libraries, and homes using filters often are one step behind those trying to expose more and more people to pornography.

But the influence of the Internet on pornography is only one part of a larger story. In my writing on personal and social ethics, I have found that the Internet has made existing social problems worse. When I wrote my book *Moral Dilemmas* back in 1998, I dealt with such problems as drugs, gambling, and pornography. Seven years later when I was writing my new book, *Christian Ethics in Plain Language*, I noticed that every moral issue I discussed was made worse by the Internet. Now my chapter on pornography had a section on cyberporn. My chapter on gambling had a section dealing with online gambling. My chapter on adultery also dealt with online affairs.

Internet Regulation

All of these concerns lead to the obvious question: Who will regulate the Internet? In the early day of the Internet, proponents saw it as the cyber-frontier that would be self-regulating. The Internet was to liberate us forever from government, borders, and even our physical selves. One writer said we should “look without illusion upon the present possibilities for building, in the on-line spaces of this world, societies more decent and free than those mapped onto dirt and concrete and capital.”[{4}](#)

And for a time, the self-government of the Internet worked fairly well. Internet pioneers were even successful in fighting off the Communications Decency Act which punished the transmission of “indecent” sexual communications or images on the Internet.[{5}](#) But soon national governments began to exercise their authority.

Jack Goldsmith and Tim Wu, in their book, *Who Controls the Internet?*, describe the various ways foreign governments have exercised their authority.[{6}](#)

- France requires Yahoo to block Internet surfers from France so they cannot purchase Nazi memorabilia.[{7}](#)
- The People’s Republic of China requires Yahoo to filter materials that might be harmful or threatening to Party rule. Yahoo is essentially an Internet censor for the Communist party.[{8}](#)
- The Chinese version of Google is much slower than the American version because the company cooperates with the Chinese government by blocking search words the Party finds offensive (words like Tibet or democracy).

Even more disturbing is the revelation that Yahoo provided information to the Chinese government that led to the imprisonment of Chinese journalists and pro-democracy leaders.

Reporters Without Borders found that Yahoo has been implicated in the cases of most of the people they were defending.[{9}](#)

Columnist Clarence Page points out that “Microsoft cooperates in censoring or deleting blogs that offend the Chinese government’s sensibilities. Cisco provides the hardware that gives China the best Internet-blocking and user-tracking technology on the planet.”[{10}](#)

All of this censorship and cooperation with foreign governments is disturbing, but it also underscores an important point. For years, proponents of the Internet have argued that we can’t (or shouldn’t) block Internet pornography or that we can’t regulate what pedophiles do on the Internet. These recent revelations about Yahoo, Google, and Microsoft show that they can and do block information.

The book *Who Controls the Internet?* argues that the last decade has led to the quiet rediscovery of the functions and justification for territorial government. The Internet has not replaced the legitimate structure of government with a self-regulated cyber-frontier. The Internet may change the way some of these territorial states govern, but it will not diminish their important role in regulating free societies.

Government and Intermediaries

Governments have been able to exercise control over the Internet in various ways. This should not be too surprising. The book *Who Controls the Internet?* points out that while some stores in New York’s Chinatown sell counterfeit Gucci bags and Rolex watches, you don’t find these same products in local stores. That is because the “most important targets of the laws against counterfeits—trademark laws—are local retailers.”[{11}](#)

The U.S. government might not be able to go after manufacturers in China or Thailand that produce these

counterfeits, but they certainly can go after retail stores. That's why you won't find these counterfeit goods in a Wal-Mart store. And while it is true that by controlling Wal-Mart or Sears doesn't eliminate counterfeit goods, government still can adequately control the flow of these goods by focusing on these intermediaries.

Governments often control behavior through intermediaries. "Pharmacists and doctors are made into gatekeepers charged with preventing certain forms of drug abuse. Bartenders are responsible for preventing their customers from driving drunk."[12](#)

As the Internet has grown, there has also been an increase in new intermediaries. These would include Internet Service Providers (ISPs), search engines, browsers, etc. In a sense, the Internet has made the network itself the intermediary. And this has made it possible for governments to exert their control over the Internet. "Sometimes the government-controlled intermediary is Wal-Mart preventing consumer access to counterfeit products, sometimes it is the bartender enforcing drinking age laws, and sometimes it is an ISP blocking access to illegal information."[13](#)

More than a decade ago, the German government raided the Bavarian offices of Compuserve because they failed to prevent the distribution of child pornography even though it originated outside of Germany.[14](#) In 2001, the British government threatened certain sites with criminal prosecution for distributing illegal adoption sites. The British ISPs agreed to block the sites so that British citizens could not access them.[15](#)

Internet Service Providers, therefore, are the obvious target for governmental control. In a sense, they are the most important gatekeepers to the Internet.[16](#)

Governmental control over the Internet is not perfect nor is

it complete. But the control over intermediaries has allowed territorial governments to exercise much greater control and regulation of the Internet than many of the pioneers of cyberspace would have imagined.

Globalization and Government

In [previous articles](#) we have addressed the issue of globalization and have recognized that technology (including the Internet) has made it much easier to move information around the world. There is no doubt that the Internet has accelerated the speed of transmission and thus made the world smaller. It is much easier for people around the world to access information and share it with others in this global information infrastructure.

Those who address the issue of globalization also believe that it diminishes the relevance of borders, territorial governments, and geography. Thomas Friedman believes that the Internet and other technologies are [flattening the world](#) “without regard to geography, distance, or, in the near future, even language.”[\[17\]](#)

In one sense, this is true. The lower costs of moving information and the sheer amount of information exchanged on the Internet have made it more difficult for governments to suppress information they do not like. The explosive growth of blogs and web pages have provided a necessary outlet for opinion and information.

It is also true that there has been some self-governing behavior on the Internet. Friedman, for example, describes eBay as a “self-governing nation-state—the V.R.e., the Virtual Republic of eBay.” The CEO of eBay even says, “People will say that eBay restored my faith in humanity—contrary to a world where people are cheating and don’t give people the benefit of the doubt.”[\[18\]](#)

But it also true that territorial governments work with eBay to arrest and prosecute those who are cheaters or who use the website in illegal ways. And it also relies on a banking system and the potential of governmental prosecution of fraud.

We have also seen in this article that governments have also been able to exert their influence and authority over the Internet. They have been able to use the political process to alter or block information coming into their country and have been able to shape the Internet in ways that the early pioneers of the Internet did not foresee.

Goldsmith and Wu believe that those talking about the force of globalization often naively believe that countries will be powerless in the face of globalization and the Internet. "When globalization enthusiasts miss these points, it is usually because they are in the grips of a strange technological determinism that views the Internet as an unstoppable juggernaut that will overrun the old and outdated determinants of human organization."[{19}](#)

There is still a legitimate function for government (Romans 13:1-7) even in this new world of cyberspace. Contrary to the perceived assumption that the Internet will shape governments and move us quickly toward globalization, there is good evidence to suggest that governments will in many ways shape the Internet.

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Gambling – Is It Good for Society? A Christian Perspective

Kerby Anderson looks at the harmful effects of both legal and illegal gambling. He considers the negative impacts on society, government policy, and the economy when gambling is prevalent in a culture. From a Christian worldview perspective, he considers how gambling introduces problems such as covetousness, poor work ethics, and destroyed family units.



This article is also available in [Spanish](#).

Gambling used to be what a few unscrupulous people did with the aid of organized crime. But gambling fever now seems to affect nearly everyone as more and more states are legalizing various forms of it.

Thirty years ago, gambling was a relatively rare phenomenon with casinos operating only in the distant Nevada desert and a few states with lotteries or pari-mutuel betting. Today, legalized gambling is permitted in forty-seven states and the District of Columbia. More Americans are gambling than ever before, and they are also gambling more money.[\[1\]](#)

The momentum seems to be on the side of those who want legalized gambling as a way to supplement state revenues. But these states and their citizens often ignore the costs that are associated with legalized gambling.

Types of Gambling

Gambling comes in many forms. Perhaps the most popular type of gambling is state-sponsored lotteries. This would include the weekly lottery games, as well as the daily lottery numbers and scratch-off ticket games.

A second type of gambling would be casinos. Gambling in this venue would include jackpot slot machines, video card game machines, various casino card games such as poker and blackjack, and other casino games such as roulette.

Sports betting is a third type of gambling. Someone can bet on the outcome of a sporting event or a particular part of a sporting event. Usually, bets are placed on a bookmaker's odds so that the actual bet is against the point spread. Sports betting would also include illegal office pools and even weekend golfers who bet dollars or cokes for each hole.

Pari-mutuel betting (horse racing, dog racing, and jai alai) is another form of sports gambling. Horse racing is legal in 43 states with over 150 racetracks in the United States.

Convenience gambling (also called retail gambling) includes stand-alone slot machines, video poker, video keno, and other games. These are usually found in bars, truck stops, and convenience stores.

Online gambling represents a new frontier in the spread of gambling. The availability and accessibility of Internet gambling appears to have greatly increased the number of people gambling on a regular basis.

Bad Social Policy

Legalized gambling is bad social policy. At a time when Gamblers Anonymous estimates that there are at least 12 million compulsive gamblers, it does not make a lot of sense

to have the state promoting gambling. State sponsorship of gambling makes it harder, not easier, for the compulsive gambler to reform. Since about 96 percent of those gamblers began gambling before the age of fourteen,[{2}](#) we should be especially concerned about the message such a policy sends to young people.

The economic costs that gamblers themselves incur are significant. The average compulsive gambler has debts exceeding \$80,000.[{3}](#) And this figure pales in comparison with other social costs that surface because of family neglect, embezzlement, theft, and involvement in organized crime. Compulsive gamblers affect the lives of family, friends, and business associates. Some of the consequences of gambling are marital disharmony, divorce, child abuse, substance abuse, and suicide attempts.

Proponents argue that state lotteries are an effective way to raise taxes painlessly. But the evidence shows that legalized gambling often hurts those who are poor and disadvantaged. A national task force on gambling found that those in the lowest income bracket lost more than three times as much money to gambling (as a percentage of income) as those at the wealthiest end of the spectrum.[{4}](#) One New York lottery agent reports that “seventy percent of those who buy my tickets are poor, black, or Hispanic.”[{5}](#) And a National Bureau of Economic Research “shows that the poor bet a much larger share of their income.”[{6}](#) The study also found that “the less education a person has, the more likely he is to play the lottery.”[{7}](#)

A major study on the effect of the California lottery came to the same conclusions. The Field Institute’s California poll found that 18 percent of the state’s adults bought 71 percent of the tickets. These heavy lottery players (who bought more than twenty tickets in the contest’s first forty-five days) are “more likely than others to be black, poorer and less educated than the average Californian.”[{8}](#)

Studies also indicate that gambling increases when economic times are uncertain and people are concerned about their future. Joseph Dunn, director of the National Council on Compulsive Gambling, says, "People who are worried about the factory closing take a chance on making it big. Once they win anything, they're hooked." {9}

The social impact of gambling is often hidden from the citizens who decide to legalize gambling. But later these costs show up in the shattered lives of individuals and their families. One study in *The Journal of Social Issues* found that as gambling increases, there is an increase in "(a) proportion of divorce and separation; (b) disagreement about money matters with one's spouse; (c) lack of understanding between marital partners; and (d) more reported problems among children of gamblers." {10}

Psychologist Julian Taber warns, "No one knows the social costs of gambling or how many players will become addicted . . . the states are experimenting with the minds of the people on a massive scale." {11} Families are torn apart by strife, divorce, and bankruptcy. Boydon Cole and Sidney Margolius in their book, *When You Gamble—You Risk More Than Your Money*, conclude, "There is no doubt of the destructive effect of gambling on the family life. The corrosive effects of gambling attack both the white-collar and blue-collar families with equal vigor." {12}

The impact on crime is also significant. The crime rate in gambling communities is nearly double the national average. {13} Researchers calculate that for every dollar the state received in gambling revenues, it costs the state at least three dollars in increased social costs (for criminal justice and social welfare). {14}

Bad Governmental Policy

Legalized gambling is also bad governmental policy. Government should promote public virtue, not seduce its citizens to gamble in state-sponsored vice. Government is supposed to be servant of God according to Romans 13, but its moral stance is compromised when it enters into a gambling enterprise.

Citizens would be outraged if their state government began enticing its citizens to engage in potentially destructive behavior (such as taking drugs). But those same citizens see no contradiction when government legalizes and even promotes gambling. Instead of being a positive moral force in society, government contributes to the corruption of society.

Ross Wilhelm, professor of business economics at the University of Michigan, says,

State lotteries and gambling games are essentially a “rip-off” and widespread legalization of gambling is one of the worst changes in public policy to have occurred in recent years. . . . The viciousness of the state-run games is compounded beyond belief by the fact that state governments actively advertise and promote the games and winners. [{15}](#)

The corrosive effect legalized gambling has on government itself is also a cause for concern. As one editorial in *New York Times* noted, “Gambling is a business so rich, so fast, so powerful and perhaps inevitably so unsavory that it cannot help but undermine government.” [{16}](#)

Legal and Illegal Gambling

One of the standard clichés used by proponents of legalized gambling is that by instituting legal gambling, illegal gambling will be driven out. This argument makes a number of faulty assumptions. First, it assumes that people are going to gamble anyway; and so the state might as well get a piece of

the action. Second, it assumes that given the choice, people would rather gamble in a state-sponsored program because it will be regulated. The state will make sure that the program is fair and that each participant has an equal chance of winning. Third, it assumes that if the state enters the gambling arena, it will drive out illegal gambling because it will be a more efficient competitor for gamblers' dollars.

While the arguments seem sound, they are not. Although some people do gamble illegally, most citizens do not. Legalized gambling entices people to gamble who normally would not gamble at all. Duke University researchers have found that the lottery is a "powerful recruiting device" because one-fourth of those who otherwise would not gamble at all do bet on lotteries.[{17}](#)

Second, legal gambling does not drive out illegal gambling. If anything, just the opposite is true. As legalized gambling comes into a state, it provides additional momentum for illegal gambling. The Organized Crime Section of the Department of Justice found that "the rate of illegal gambling in those states which have some legalized form of gambling was three times as high as those states where there was not a legalized form of gambling."[{18}](#) And one national review found that

In states with different numbers of games, participation rates increase steadily and sharply as the number of legal types of gambling increases. Social betting more than doubles from 35 percent in states with no legal games to 72 percent in states with three legal types; the illegal gambling rate more than doubles from nine percent to 22 percent; and commercial gambling increases by 43 percent, from 24 to 67 percent.[{19}](#)

Legalized gambling in various states has been a stimulator of illegal gambling, not a competitor to it.

The reasons for the growth of illegal gambling in areas where legalized gambling exists are simple. First, organized crime syndicates often use the free publicity of state lotteries and pari-mutuel betting to run their own numbers games. The state actually saves them money by providing publicity for events involving gambling. Second, many gamblers would rather bet illegally than legally. When they work with a bookie, they can bet on credit and do not have to report their winnings to the government, two things they cannot do if they bet on state-sponsored games. This explains why illegal gambling thrives in states with legalized gambling.

Another important issue is the corrupting influence legalized gambling can have on society. First, legalized gambling can have a very corrupting influence on state government. In the last few years there have been numerous news reports of corruption and fraud in state lotteries. Second, there is the corrupting influence on the citizens themselves. Gambling breeds greed. Research has shown that the number of compulsive gamblers increases between 100 and 550 percent when legalized gambling is brought into an area.^{20} Every day, otherwise sane people bet large amounts of money in state lotteries because they hope they will win the jackpot. Moreover, states and various gambling establishments produce glitzy ads that appeal to people's greed in order to entice them to risk even more than they can afford.

Government should be promoting positive social values such as thrift and integrity rather than negative ones such as greed and avarice. They should be promoting the public welfare rather than seducing citizens to engage in state-sponsored vice.

Economic Costs

Legalized forms of gambling (state lotteries, pari-mutuel betting, and casinos) are often promoted as good economic

policy. Proponents say they are painless ways of increasing billions of dollars in state revenue. But there is another economic side to legalized gambling.

First, the gross income statistics for legalized gambling are much higher than the net income. State lotteries are one example. Although about half the states have lotteries and the figures vary from state to state, we can work with some average figures. Generally, the cost of management, advertising, and promotion is approximately sixty cents of each dollar. In other words, for every dollar raised in a lottery, only forty cents goes to the state budget. By contrast, direct taxation of the citizens costs only about one cent on the dollar, so that for every dollar raised by taxes, ninety-nine cents goes to the state.

Second, gambling adversely affects a state economy. Legalized gambling depresses businesses because it diverts money that could have been spent in the capital economy into gambling that does not stimulate the economy. Boarded-up businesses surrounding casinos are a visible reminder of this, but the effect on the entire economy is even more devastating than may be at first apparent. Money that could be invested, loaned, and recycled through the economy is instead risked in a legalized gambling scheme.

Legalized gambling siphons off a lot of money from the economy. More money is wagered on gambling than is spent on elementary and secondary education (\$286 billion versus \$213 billion in 1990).[{21}](#) Historian John Ezel concludes in his book, *Fortune's Merry Wheel*, "If history teaches us anything, a study of over 1,300 legal lotteries held in the United States proves . . . they cost more than they brought in if their total impact on society is reckoned."[{22}](#)

Biblical Perspective

Even though the Bible does not directly address gambling, a number of principles can be derived from Scripture. First, the Bible emphasizes a number of truths that conflict with gambling. The Bible, for example, emphasizes the sovereignty of God (Matt. 10:29–30). Gambling, however, is based on chance. The Bible admonishes people to work creatively and for the benefit of others (Eph. 4:28), while gambling fosters a something-for-nothing attitude. The Bible condemns materialism (Matt. 6:24–25) while gambling promotes it.

Gambling breeds a form of covetousness, whereas the tenth commandment (Exod. 20:17) admonishes people not to covet. Coveting, greed, and selfishness are the base emotions that entice individuals to gamble. Christians should be concerned about gambling if for no other reason than the effect it has on the “weaker brother” and how it will affect the compulsive gambler. State-sponsored gambling makes it more difficult for compulsive gamblers to reform. Legalized gambling becomes an institutionalized form of greed.

Second, gambling destroys the work ethic. Two key biblical passages deal with the work ethic. In Colossians 3:23–24 the apostle Paul wrote, “Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.” And in 2 Thessalonians 3:7,10, he stated, “For you yourselves know how you ought to follow our example. . . . For even when we were with you, we gave you this rule: If a man will not work, he shall not eat.”

The Twentieth Century Fund research group commented, “Gambling’s get-rich-quick appeal appears to mock capitalism’s core values: disciplined work habits, thrift, prudence, adherence to routine, and the relationship between effort and reward.”[\[23\]](#) These core values of the work ethic are all part

of the free enterprise system and are part of the Christian life. Gambling corrupts these values, and replaces them with greed and selfishness. Rather than depending on hard work, gamblers depend on luck and chance.

Third, gambling destroys families. Gambling is a major cause of family neglect. Many of the social costs associated with gambling come from a get-rich-quick mindset. As people get caught up in a gambling frenzy, they begin to neglect their families. Money spent on lottery tickets or at racetracks is frequently not risk capital but is income that should be spent on family needs. According to 1 Timothy 5:8, a person who refuses to care for his family is worse than an unbeliever. Parents must provide for their children (2 Cor. 12:14) and eat the bread of their labors (2 Thess. 3:12). When gambling is legalized, it causes people to neglect their God-mandated responsibility to care for their families, and many of those families then often end up on welfare.

Fourth, gambling is a form of state-sponsored greed. Romans 13:4 teaches that government is to be a servant of God, providing order in society and promoting public virtue. Legalized gambling undercuts government's role and subverts the moral fabric of society through greed and selfishness promoted by a state-sponsored vice.

Since gambling undermines the moral foundations of society and invites corruption in government, Christians must stand against attempts to legalize gambling.

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Abortion: A Biblical View

Sue Bohlin takes a hard look at abortion from a biblical perspective. Her Christian viewpoint focuses on the Bible's perspective on the source and sanctity of life while understanding the emotions many women face.



This article is also available in [Spanish](#).

Why Abortion is So Volatile

Abortion is one of the most divisive and controversial issues of our day. People generally have strong views about abortion. It is not a social issue of mere preference, but an issue about life and death.

Abortion draws out the clashes between two divergent world views. The humanistic worldview says, "Man is the highest standard there is. You don't answer to anyone, so do whatever you want." The Christian worldview says, "We answer to God, and He has commanded us not to murder. We must always submit our desires and preferences to the authority of His word."

I believe that the *real* reason that we see such emotional, tenacious commitment to the availability of abortion goes even deeper than the issue of abortion: people want sexual freedom

without consequences.

Our culture has a definite agenda supporting any and all sexual expression. It's difficult to find a new movie, or a successful TV show, or a popular song, that doesn't embrace this view of sex. When the director of a Crisis Pregnancy Center in Dallas offered a school district a presentation supporting abstinence till marriage, the district turned her down. Their own presentation featured birth control devices, and they couldn't let her talk about self-control one day if they were going to sell the kids on condoms the next.

As a society, we are amazingly schizophrenic about this sort of thing. My son, who was born in 1982, is a *de facto* member of what they're calling the "Smokefree Class of 2000." No one bats an eye at this worthy national goal of graduating an entire class of non-smokers, but people laugh derisively at the thought of kids not having sex. Which is easier to get, a sex partner or a cigarette?

Teenagers are becoming more and more open about the fact that they are having sex, and this is a reflection of the sexual mores they see in movies, on TV, and in music. The whole society is loosening up to the point that people who have chosen to remain chaste are openly ridiculed on Geraldo; the decision of Doogie Howser, a TV hero and role model for young people, Doogie Howser, to lose his virginity is hailed as "responsible sex"; and a couple that *doesn't* live together before the wedding is asked, "Why not?"

Western civilization has been heading down this path for a long time. With the rise of Humanism during the Renaissance, societies began turning away from God's laws and God's ways. From the Enlightenment sprang a virtual worship of nature. Once nature, not God, became the standard for morality, people started believing that, since humans are a mere product of nature, anything we do naturally is normal, and even good. Sex is natural, sex is powerful, and so it eventually followed

that sexual expression was seen as a natural and normal part of all human existence in any circumstances, much on the level of eating and sleeping.

It's no coincidence that the two most heated issues of our day are abortion and homosexuality; underlying both is an insistence on sexual freedom while thumbing one's nose at God and His laws.

Given the sexually charged atmosphere in which we live, it is not surprising that so many people are having sex outside of marriage and getting pregnant. And so abortion is treated like an eraser; people see it as a way to try to get rid of the consequences of their sexual activity. Of course, there are always exceptions; pregnancies do occur as a result of incest and rape. Some women get pregnant because of someone else's sin. But does that make it right to kill the baby that has been conceived?

The Bible's View of the Unborn

Historically, hiding the evidence of sexual activity was the main reason for abortions. One of the early church fathers, Clement of Alexandria, maintained that "those who use abortifacient medicines to hide their fornication cause not only the outright murder of the fetus, but of the whole human race as well."(1)

Pro-choice advocates don't like the use of the word "murder." They maintain that no one really knows when human life begins, and they choose to believe that the idea of personhood at conception is a religious tenet and therefore not valid. It *is* a human life that is formed at conception. The zygote contains 46 chromosomes, half contributed by each parent, in a unique configuration that has never existed before and never will again. It is not plant life or animal life, nor is it mere tissue like a tumor. From the moment of conception, the new life is genetically different from his or her mother, and is

not a part of her body like her tonsils or appendix. This new human being is a separate individual living inside the mother.

The Bible doesn't specifically address the subject of abortion, probably since it is covered in the commandment, "Thou shalt not murder." (Ex. 20:13) But it does give us insight into God's view of the unborn. In the Old Testament, the Hebrew word for the unborn (*yeled*) is the same word used for young children. The Hebrew language did not have or need a separate word for pre-born babies. All children were children regardless of whether they lived inside or outside the womb. In the New Testament, the same word is used to describe the unborn John the Baptist and the already-born baby Jesus. The process of birth just doesn't make any difference concerning a baby's worth or status in the Bible.

We are given some wonderful insights into God's intimate involvement in the development and life of the pre-born infant in Psalm 139:13-16:

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

All people, regardless of the circumstances of their conception, or whether they are healthy or handicapped, have been personally knit together by God's fingers. He has planned out all the days of the unborn child's life before one of them has happened.

Sometimes you will hear a pro-choice argument that says the Bible does not put the same value on the life of the unborn as on infants, citing an Old Testament passage on personal injury

law. Exodus 21:22-25 gives two penalties if fighting men hit a pregnant woman. The first penalty was a fine, and some people conclude from this that an unborn baby doesn't have the same value as a born child. But that penalty was for a situation where nothing serious happened. If there *was* serious injury, the offender was severely punished with the same injury he inflicted. If the mother or baby died, the offender was to be put to death. This actually shows very eloquently how valuable God considers both the mother and her unborn baby.

Post-Abortion Syndrome

After having an abortion, many women feel a sense of relief at having avoided the stress and responsibility of pregnancy and a baby, but abortions eventually cause serious emotional damage in millions of women.

The American Psychiatric Association has identified abortion as one of the stressor events that can trigger post-traumatic stress disorder (PTSD). Many of us associate PTSD with Vietnam Veterans suffering from the effects of the war; but post-abortion syndrome is a form of PTSD that affects women who have had abortions.

The death of a child is one of the biggest stress points a person can experience in life. Post-abortion syndrome is the emotional stress of not grieving, not letting ourselves feel the pain and suffering that is part of a loss. To be emotional healthy, we all have to grieve through our losses; but what do you do when society tells you there's nothing to grieve about? If a woman does not recognize her need to grieve for her baby, or if she does not allow it to occur, that emotional pain is going to go *somewhere*. Frequently, following a woman's abortion, she goes into what one CPC counselor described as "self-destruct mode": getting pregnant again, having an affair, punishing herself, and generally showing all the variations that severe depression can take.

Depending on how stressed a woman is, PAS can show up within weeks or months of the abortion, or she can have a delayed reaction to it, typically seven to eight years later. Women experiencing post-abortion syndrome generally feel a confusing and overwhelming sense of guilt. One study reported that 92 percent of women who have had an abortion feel guilt.(2) One woman who is now involved in a post-abortion healing group reports that after her abortion, the memory haunted her. She heard this little voice in her head: "Abortion, abortion; you're a terrible, awful person."(3) For many women, the guilt and shame is expressed through a deep anger—at the doctors and abortion counselors for hurting her and her baby, at her husband, boyfriend, or parents for pressuring her into an abortion, and at herself for getting pregnant and having the abortion.

Many women dealing with the effects of abortion spend a great deal of emotional energy denying the death and denying that what they did was wrong. A woman uses denial to keep herself from coming face to face with the fact that her child was killed and she allowed it to happen. One young woman pleaded with my sister not to leave her alone the day she had an abortion. This hurting teen tried to keep her feelings at bay as she spent the afternoon telling dead baby jokes.

Abortion is not an eraser to rub out a mistake or an inconvenience. It has more than one victim; women as well as their babies are victims of abortions. It is essential that a woman grieve for her baby and face her role in the baby's death; in fact, women who allow themselves to grieve and understand their need to grieve are not likely to experience post-abortion syndrome. But even more essential is that women who have had abortions accept that there really has been a death, that abortion is sin, and that the Lord Jesus Christ's death covered every wrong they have ever done. No sin—not even abortion—is greater than the power of His blood, and He offers total forgiveness and cleansing to everyone who will come to

Him in faith.

The Sawyers' Story

Steve and Tessie Sawyer will never forget Halloween 1990. Tessie was four months pregnant, and her doctor had suggested, "Tess, you're 35 years old; let's do a neurological test on the baby. It's just a simple blood test." Sure, that was fine with Tessie...until the day before Halloween, when the test results came back.

The alpha-fetoprotein test indicated that her blood count was extremely low. Normal was 450, and hers was 120. This test has three parts, and the part that came back so abnormal tested for Down's Syndrome. Neither Steve nor Tessie were the least bit prepared for the staggering news that something might be terribly wrong with their baby.

This baby was a surprise to the Sawyers, who already had two very active little boys and weren't anticipating any more. But, being believers, they knew that God's sense of humor and timing is something to be reckoned with.

Later, they did another alpha-fetoprotein test. Hoping against hope, they waited in anguish for the results to come back to Dallas from the lab in Santa Fe. But the second results were just as abnormal as the first. The doctor informed Steve and Tessie of their option to abort the baby, since there was an almost certain indication that he would be handicapped. But that was never an option for them. The doctors wanted to do amniocentesis on Tess, but they refused that, too.

At this point, the Sawyers' friends had two different perspectives. Their church friends were wonderfully supportive, both emotionally and in prayer; their unchurched friends questioned them: "Why don't you have an amnio?" Steve and Tessie were delighted, in the midst of their fear, to be able to share their faith that God was the One in control: "It

doesn't matter what the test results would be. We're not aborting this baby. There's a risk of miscarriage or early labor with amniocentesis, and five months' peace of mind in exchange for our baby's life just isn't worth it."

At seven months, the doctor did a special, extensive sonogram to measure the baby's femur. Down's Syndrome babies have longer than normal extremities, but the doctor couldn't see anything unusual about the baby's bones. And he couldn't see the baby's face, either. The waiting, and not knowing, went on two more months.

Tessie had a scheduled C-section. As she was being prepped for surgery, it hit her that in a matter of moments, their lives could be changed forever. That kind of fear feels like a cold, hard iceball in your stomach. But Steve and Tessie were trusting God no matter what happened, believing in His love for them and for their baby, believing that He was still in control.

The doctor delivered Lucas Clay Sawyer and turned him over. "He looks perfectly normal," he pronounced cautiously. But sometimes Down's Syndrome takes a while to show up, and for the next 24 hours they ran a lot of tests on Luke. And I'm glad to say that today he is absolutely, positively, the healthiest, most robust, smartest little kid you've ever seen.

All the world's conventional wisdom advised Steve and Tessie, "Your baby is probably not normal. You should seriously consider abortion." But are they glad they didn't!! We need to hear that test results are sometimes wrong. No one knows why the Sawyers' alpha-fetoprotein test came back with such dismal numbers on such a healthy baby. How many other healthy babies are being aborted after the parents get misleading or just plain wrong test results?

Handicapped Children

The Sawyers had a very happy ending to their story, but sometimes the tests do tell the truth and babies really are sick or handicapped. There's no doubt about it, raising a handicapped child is painful and hard. Is it ever okay to abort a child whose life will be less than perfect?

We need to ask ourselves, does the child deserve to die because of his handicap or illness? Life is hard, both for the handicapped person and for her parents. But it is significant that no organization of parents of mentally retarded children has ever endorsed abortion.

Some people honestly believe that it's better to abort a handicapped child than to let him experience the difficult life ahead. Dr. C. Everett Koop, former Surgeon General of the United States, has performed thousands of pediatric surgeries on handicapped children. He remarks that disability and unhappiness do not necessarily go together. Some of the unhappiest children he has known had full mental and physical faculties, and some of the happiest youngsters have borne very difficult burdens.(4) Life is a lot harder for people with disabilities, but I can tell you personally that there is a precious side to it as well. I have lived most of my life with a physical handicap, but it hasn't stopped me from experiencing a fierce joy from living life to the fullest of the abilities I *do* have. I can honestly rejoice in my broken body because it is that very brokenness and weakness that makes it easier for others to see the power and glory of my Lord in me, because His power is perfected in weakness.

Often, parents abort children with defects because they don't want to face the certain suffering and pain that comes with caring for a handicapped individual. By aborting the child, they believe they are aborting the trouble. But as we discussed earlier, there is no way to avoid the consequences of abortion: the need to grieve, the guilt, the anger, the

depression.

What if a baby is going to die anyway? Anencephalic babies, babies born without brains, have no hope of living any length of time. I think we need to look at the larger picture, one that includes God and His purposes for our lives. When a tragedy like this occurs, we can know that it is only happening because He has a reason behind it. God's will for us is not that we live easy lives, but that we be changed into the image of Jesus. He wants us to be holy, not comfortable. The pain of difficult circumstances is often His chosen method to grow godliness in us and in the lives of those touched by the tragedy of a child's handicap. When it is a matter of life and death, as abortion is, it is not our place to avoid the pain.

My husband and I know what it is to bury a baby who only lived nine days. We saw God use this situation to draw people to Himself and to teach and strengthen and bless so many people beyond our immediate family. Despite the tremendous pain of that time, now that I have seen how God used it to glorify Himself, I would go through it again.

Not all abortions are performed as a matter of convenience. Some are performed in very hard cases, such as a handicapped child or as the result of rape or incest. But again, we need to back off and look at things from an eternal perspective. God is the One who gives life, and only He has the right to take it away. Every person, born or unborn, is a precious soul made by God, in His image. Every life is an entrustment from God we need to celebrate and protect.

Notes

1. Paedogus 2:10, 96, 1

2. Ann Speckhard, "The Psycho-Social Aspects of Stress Following Abortion," doctoral thesis submitted to the University of Minnesota.

3. Nancy Michels, *Helping Women Recover From Abortion* (Minneapolis: Bethany, 1988), 76.

4. C. Everett Koop, "The Slide to Auschwitz," in Ronald Reagan, *Abortion and the Conscience of the Nation* (Nashville: Thomas Nelson, 1984), 45-46.

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The Dark Underside of Abortion: A Christian Worldview Perspective

Sue Bohlin looks at the common effects of an abortion on the women who choose it. From a biblical worldview perspective, it is not surprising that many women experience guilt, shame and denial. Christ can bring forgiveness and healing for those who have taken this brutally wrong path in their past.

Laura's Story

No matter how many times Laura^{1} took the home pregnancy test, it kept showing up positive. She was pregnant, and

seventeen years old. She'd gotten an A on her paper against abortion in school. Her parents would never understand, especially since her mother volunteered at the crisis pregnancy center! Her boyfriend was hot, but hardly husband material. He was more committed to skateboarding than to her. Laura had never felt more confused in her life.

When she called her boyfriend to tell him she was pregnant, he just said, "That stinks. Well, I gotta go," and he was gone. She carried her horrible secret for three weeks before finally telling her parents. Her father exploded: "What did I ever do to deserve this? Well, we'll just have to get rid of it. It's the best thing for everybody. You're too young to be a mother." When Laura's eyes flooded with tears, he said, "You may hate me for a while, but I'm willing to take that risk. You'll get over it. You're young. You can have a real life with a real future this way."

Her mother, visibly shaken, said, "How could you do this to us? What would people think of us, to have a pregnant daughter? You've really gone and done it now, Laura." Two days later, her mother took her to a Planned Parenthood clinic. Laura cried the whole way there: "Please, no! Don't make me do this, don't make me do this!" Nobody listened, nobody cared that she didn't want the abortion. When a counselor asked if she was sure, she just shrugged her shoulders, beaten and defeated.

As soon as it was over, everyone seemed to forget about it. Her parents never brought it up again. All her relationships fell apart. Laura was deeply depressed, not knowing how to handle her feelings. She was too ashamed to talk about the abortion with her friends, and her parents made her promise not to tell anyone.

She didn't get over it. She was stuck in a place filled with anger and hurt. She couldn't overcome the loss of her baby, and she didn't even have words for that. Anything related to

babies made her cry: new baby announcements at church, diaper commercials, even driving by Babies-R-Us. Everything triggered relentless heartache. There was a wound in her soul that would not stop bleeding.

Abortion is not the cure to a problem pregnancy. It is what counselor Theresa Burke calls an “emotionally draining and physically ugly experience.”^{2} The majority of those who have an abortion experience a variety of problems afterwards. One post-abortive woman described it as “emotional torture.”

In what follows, we’re going to explore the ugly underside of abortion.

Why Women Choose Abortion

The banner of the pro-choice movement is, “Every woman has the right to choose.” But why do women choose to have an abortion? Many women report that they didn’t want one. Various studies have found that sixty-five to seventy percent of women who get abortions also believe it’s morally wrong.^{3} When women violate their conscience or betray their maternal instincts, that’s going to cause a lot of stress.

Years after their abortion, women will often say that they didn’t want to have one but they felt forced to. They thought it was wrong, but they did it anyway because they felt pressure—from circumstances, or from one or more key people in their lives. Often it’s boyfriends, sometimes husbands. When a boyfriend threatens to leave unless a girl has an abortion, most of the time they break up anyway. Then she has lost both her baby and her boyfriend. Crisis pregnancy counselor Dr. Julie Parton says that almost as often, the pressure comes from parents, especially Christian parents.^{4} She says that there are three main factors influencing Christian mothers to push their daughters toward abortion: selfishness, shame, and fear.^{5}

But the bottom line reason for abortion is spiritual. Even though they're usually not aware of it, people are listening to the voice of the enemy, who Jesus said came to steal, kill, and destroy.[{6}](#) Satan hates women, and he hates the image of God in the unborn baby. Abortion hurts women and destroys babies.

And for every woman who has had an abortion, there is a man whose baby has died. Whether he pushed for the abortion or fought it,[{7}](#) God's design of his masculine heart to protect and provide has been violated as well. Dr. Parton points out that over forty-five million men have bottled-up feelings about their abortions, and wonders if there is a connection with the heightened amount of violence in our culture of death. Could road rage be the boiling over of deep-seated anger in some of these men?

We need to talk more about the ways that abortion steals, kills and destroys. But it is crucial that you know that *abortion is not the unpardonable sin*. Jesus Christ died to pay for all sins, including abortion. He extends cleansing and forgiveness to every man and woman who has been wounded by abortion. He offers reconciliation with God and the grace to forgive ourselves. No sin is greater than His love or His sacrifice to pay for that sin. There is peace and joy waiting for those who have received Christ's gift of forgiveness and cleansing from guilt.[{8}](#)

Post-Abortion Syndrome: Self-destruction, Guilt and Anger

Abortion is deeply troubling because it touches on three central issues of a woman's self-concept: her sexuality, her morality, and her maternal identity. She also has to deal with the loss of a child. This loss must be confronted, processed, and grieved in order for a woman to resolve her experience.[{9}](#)

Many women find themselves troubled after their abortion because they don't think through these issues before their abortion. The fact that they experience relief immediately after the abortion is no guarantee that problems won't surface later. Unresolved emotions will demand our attention sooner or later.

For millions of women, Post-Abortion Syndrome is an ugly after-effect of abortion, consisting of a number of powerful emotions that can erupt in dangerous and destructive behaviors. Far from being "no big deal," which is how abortion is often minimized in our culture, abortion is a traumatic event in the life of most women who have one. Life becomes divided into "before the abortion" and "after the abortion." So it is no surprise that so many experience some degree of post-traumatic stress disorder. They used to call this "shell shock" after World War II. PTSD is a collection of negative, destructive behaviors and ways of thinking.

In many women with a history of abortion there is an alarming increase of self-destructive behavior. Many women are consumed with self-hatred, expressing it in drug and/or alcohol abuse. Millions of women battle depression and suicidal thoughts.[{10}](#) One woman said, "I became a tramp and slept with anyone and everyone. I engaged in unprotected sex and each month when I wasn't pregnant I would go into a deep depression. I was rebellious. I wanted my parents to see what I had become. I dropped out of college. I tried suicide, but I didn't have the guts to slit my wrists or blow my brains out. I couldn't get my hands on sleeping pills, so I resorted to over the counter sleep aids and booze."[{11}](#)

The majority of post-abortive women are plagued by guilt.[{12}](#) As one woman put it, "I hated myself. I felt abandoned and lost. There was no one's shoulder to cry on, and I wanted to cry like hell. And I felt guilty about killing something. I couldn't get it out of my head that I'd just killed a baby."[{13}](#) This high guilt rate is unique to abortion compared

to any other medical procedure. There are no support groups for those who had their appendix or gall bladder removed, and people don't seek counseling after orthopedic surgery. Guilt is a painful aftereffect of abortion.

Some women react with anger and rage. They feel deeply isolated and angry at anyone who hurt them and their baby. They are irritated by everyone and everything, and no one can do anything right. They can fly into rages with the slightest provocation. Often, they are not aware of the connection between their abortion and a constantly simmering heart full of anger, especially since most women feel pressured to have the abortion in the first place.

Post Abortion Syndrome: Shame and Denial

A huge aspect of Post-Abortion Syndrome is shame. Post-abortal women often feel like second-class citizens. They live in fear of others finding out their terrible dark secret. One woman told me that whenever she would walk into a room, she was constantly scanning the faces: *Do they know? Can they tell by looking at me?* Some women are afraid to attend an abortion recovery group where anyone would know them, even though everyone is there for the same reason. When a Christian has an abortion, she often goes into one of two directions; she either cuts herself off from God because she's so ashamed of herself, or she tries to become the ultimate "Martha," wearing herself out in service to try and earn her way to back to God's approval and blessing. The shame of abortion drives many women to perfectionism because they feel so deeply flawed and sinful.

Denial – Many women spend huge amounts of mental energy trying not to think about their abortion. Romans 1 calls this "suppressing the truth in unrighteousness." The horror of participating in the death of one's child is too painful to face, and many women work hard at maintaining denial for five

to ten years.[{14}](#) But eventually reality usually comes to the surface.

Some women find themselves falling apart when their youngest child leaves home, or at menopause. Others become uncontrollably sad when they hold their first grandchild. One woman's denial system shattered when she saw a museum exhibit of pre-born babies and saw what her baby looked like when she aborted him. Another woman almost lost it in nursing school when she learned about prenatal development. The abortion counselor had told her it was just a blob of tissue. Even those who deny their unborn child was a human being and not a clump of cells admit they have to work at maintaining denial. One woman said, "I didn't think of it as a baby. I just didn't want to think of it that way."[{15}](#)

Child abuse – As the number abortions continues to rise, so does the incidence of child abuse.[{16}](#) Unresolved post-abortion feelings are tied to patterns of emotional or physical abuse of living children. One mother erupted in intense rage whenever her newborn baby cried. She came to realize that she hated her daughter for being able to do all the things that her aborted baby could never do.[{17}](#) One woman beat her three year old son to death shortly after an abortion which triggered a "psychotic episode" of grief, guilt, and anger.[{18}](#)

Healing After Abortion

Post-Abortion Syndrome is a dark, ugly underside of abortion. Researchers have reported over a hundred psychological effects of abortion stress, including depression, flashbacks, sleep and eating disorders, anxiety attacks, a diminished capacity for bonding with later children, increased tendency toward violent outbursts, chronic problems in maintaining intimate relationships, and difficulty concentrating.[{20}](#)

Death – Women who abort are approximately four times more likely to die in the following year than women who carry their pregnancies to term.[{21}](#)

Breast Cancer – The risk of breast cancer almost doubles after one abortion, and rises even further with two or more abortions.[{22}](#)

Cervical, Ovarian and Liver Cancer – Women with one abortion face a 2.3 relative risk of cervical cancer, compared to non-aborted women, and women with two or more abortions face a 4.92 relative risk. Similar elevated risks of ovarian and liver cancer have also been linked to single and multiple abortions. These increased cancer rates for post-aborted women are apparently linked to the unnatural disruption of the hormonal changes which accompany pregnancy and untreated cervical damage.[{23}](#)

Damage to Cervix and Uterus – This causes problems with subsequent deliveries, and can result in handicaps in subsequent newborns.[{24}](#)

Increased Risks for Teenagers – Teenagers, who account for about thirty percent of all abortions, are also at much higher risk of suffering many abortion related complications. This is true of both immediate complications and of long-term reproductive damage.[{25}](#)

What do you say to someone who's experienced the trauma of abortion? It's a terrible loss. How do you help someone grieve? What do you say? Perhaps something like, "I'm so sorry. It must be very difficult for you. Do you want to tell me about it?" We can offer a listening ear, full of compassion and grace: "What was the abortion like? What has it been like to live with it?" Seek to validate the woman or man's grief with honor and respect so they can get to a place of healing peace.

What if you're the one who's had an abortion? You need to

grieve. Grief is a natural and necessary response to loss. It's more than a single emotion of sadness. It includes feelings of loss, confusion, loneliness, anger, despair, and more. It can't be turned on and off at will. Working through your grief means confronting your loss, admitting it, grieving it with tears and other expressions of sadness.

The pain and grief of abortion is complicated by the fact that it is also sin. But it is not the unpardonable sin. Confess it, and receive the cleansing and forgiveness that Jesus offers. He paid for your abortion on the Cross. He offers you the healing that allows you to be at peace with God and with yourself. He offers you the courage to tell your story with someone safe, which transforms your pain into something redemptive. He offers you the stability that means you don't fall apart if someone else is talking about abortion, or pregnancy, or babies in general.

Dr. Parton suggests three steps toward healing. First, acknowledge the wound that needs to be healed. It may take ten to fifteen years before a woman may be willing to take this step. Second, reach out for help. The Bible tells us, "Confess your sins to one another and pray for one another that you may be healed."[\[26\]](#) Find others who have walked the same path, either in person or online.[\[27\]](#) Dr. Parton says there is an unusual strength of emotional bonding in post-abortive groups. Receive God's forgiveness and cleansing in community; that's His plan. Third, get into God's Word. It's a supernatural source of comfort and encouragement.

There is a dark and ugly underside to abortion, but it's not too dark for God to redeem. Praise the Lord!

Notes

1. This account is based on a true story, with the name changed, found in Theresa Burke and David C. Reardon, *Forbidden Grief: The Unspoken Pain of Abortion* (Springfield,

IL: Acorn Books, 2002), 23-25.

2. Ibid., 41.

3. Ibid., xx.

4. Personal conversation with the author, Sept. 21, 2007.

5. **Selfishness** – because she had all these dreams, plans, hopes, and ambitions for her daughter. When the daughter turns up pregnant, mom has to grieve the loss of all her dreams for her precious daughter. She'll say things like, "I just can't stand by and watch you throw your life away" or "If you have a baby right now you're just going to be stuck for the next eighteen years."

Shame – Mom feels that if her daughter's pregnancy becomes public knowledge, everyone will know she was not a good mother. She failed at teaching her daughter morality and purity and the things a good Christian mother should have taught her.

Fear – of rejection. She fears that her Christian friends will judge and reject her. So she thinks, or says, "How could you do this to me?" The mom can be so focused on her own stuff, her selfishness and shame and fear, that she can't or doesn't step up to the plate and help her daughter do what they both know is right, because these other factors are overwhelming her.

6. John 10:10.

7. I am aware that many men never know about the abortion of their child. Some find out later and they often experience deep grief and anger, not only at the loss of their child's life, but the unilateral decision to keep them in the dark about their own child's life or death.

8. Come to our website at Probe.org for help with that. ["The Most Important Decision of Your Life"](#) and ["How to Handle the Things You Hate But Can't Change"](#).

9. Burke and Reardon, *Forbidden Grief*, 33.

10. Sixty-three percent of women who have had an abortion seek mental health care. There is a one hundred and fifty-four percent increase in suicide. The suicide rate within one year after an abortion was three times higher than for all women,

seven times higher than for women carrying to term, and nearly twice as high as for women who suffered a miscarriage. Suicide attempts appear to be especially prevalent among post-abortion teenagers.

Afterabortion.org,
www.afterabortion.info/psychol.html (accessed Feb. 23, 2008).

11. "Before I Had Time to Think," Afterabortion.org,
www.afterabortion.org (accessed Feb. 23, 2008).

12. A poll by the *LA Times* revealed that fifty-six percent of those who admitted to an abortion felt guilty. But since another poll showed that seventy-four percent of those who admitted to having an abortion believe it's morally wrong, I believe that number is way too low. See Burke and Reardon, *Forbidden Grief*, 47.

13. Linda Bird Francke, *The Ambivalence of Abortion* (New York: Random House, 1978), 61. Cited in www.abortionfacts.com/reardon/women_who_abortion_and_their_views.asp (accessed February 23, 2008).

14. David Reardon, *Aborted Women-Silent No More* (Chicago: Loyola University Press, 1987).

15. Francke, *Ambivalence*, 63.

16. Psychologist Philip Ney has studied the connection. He sees several effects of abortion:

1) Failure to bond with subsequent children. One mother admitted, "We had our first daughter and I never felt the deep love for her I should have. For several reasons, I guess. The first is that I had never grieved over the loss of the child I had aborted. I was also afraid to love her too much. I felt that God was just going to take her away from me to punish me for killing my first child."

2) The weakening of maternal instincts. Killing one's own child violates the God-given instinct to nurture and protect. It can result in a hardened heart as a way of protecting herself from the truth of her action.

3) Reduced inhibitions against violence, particularly toward children. (Theresa Karminiski Burke and David C. Reardon, "Abortion Trauma and Child Abuse," Afterabortion.org, www.afterabortion.org.)

17. Reardon, *Aborted Women*, 129-30.
18. Ibid.
19. R.F. Badgley, et al., *Report of the Committee on the Operation of the Abortion Law*, Minister of Supply and Services, Ottawa, Canada, 1977, 313-319.
20. The following citations are found in "A List of Major Physical Sequelae Related to Abortion" at Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).
21. Gissler, M., et al., "Pregnancy-associated deaths in Finland 1987-1994 – definition problems and benefits of record linkage," *Acta Obstetricia et Gynecologica Scandinavica* 76 (1997): 651-657 .
22. H.L. Howe, et al., "Early Abortion and Breast Cancer Risk Among Women Under Age 40," *International Journal of Epidemiology* 18, no. 2 (1989): 300-304; L.I. Remennick, "Induced Abortion as A Cancer Risk Factor: A Review of Epidemiological Evidence," *Journal of Epidemiological Community Health* (1990); M.C. Pike, "Oral Contraceptive Use and Early Abortion as Risk Factors for Breast Cancer in Young Women," *British Journal of Cancer* 43 (1981): 72.
23. M-G, Le, et al., "Oral Contraceptive Use and Breast or Cervical Cancer: Preliminary Results of a French Case- Control Study, Hormones and Sexual Factors in Human Cancer Etiology," ed. JP Wolff, et al., *Excerpta Medica: New York* (1984), 139-147; F. Parazzini, et al., "Reproductive Factors and the Risk of Invasive and Intraepithelial Cervical Neoplasia," *British Journal of Cancer*, 59 (1989): 805-809; H.L. Stewart, et al., "Epidemiology of Cancers of the Uterine Cervix and Corpus, Breast and Ovary in Israel and New York City," *Journal of the National Cancer Institute* 37, no. 1, 1-96; I. Fujimoto, et al., "Epidemiologic Study of Carcinoma in Situ of the Cervix," *Journal of Reproductive Medicine* 30, no. 7 (July 1985):535; N. Weiss, "Events of Reproductive Life and the Incidence of Epithelial Ovarian Cancer," *Am. J. of Epidemiology* 117, no. 2 (1983): 128-139; V. Beral, et al., "Does Pregnancy Protect Against Ovarian Cancer," *The Lancet* (May 20, 1978), 1083-1087; C. LaVecchia, et al., "Reproductive

Factors and the Risk of Hepatocellular Carcinoma in Women," *International Journal of Cancer* 52 (1992): 351.

24. K. Schulz, et al., "Measures to Prevent Cervical Injuries During Suction Curettage Abortion," *The Lancet* (May 28, 1983): 1182-1184; W. Cates, "The Risks Associated with Teenage Abortion," *New England Journal of Medicine* 309 no. 11: 612-624; R. Castadot, "Pregnancy Termination: Techniques, Risks, and Complications and Their Management," *Fertility and Sterility* 45, no. 1 (1986): 5-16. Barrett, et al., "Induced Abortion: A Risk Factor for Placenta Previa," *American Journal of Ob&Gyn* 141 (1981): 7. Hogue, Cates and Tietze, "Impact of Vacuum Aspiration Abortion on Future Childbearing: A Review," *Family Planning Perspectives* 15, no. 3 (May-June 1983).

25. Wadhera, "Legal Abortion Among Teens, 1974-1978," *Canadian Medical Association Journal* 122 (June 1980):1386-1389.

26. James 5:16

27. [Her Choice to Heal;](http://www.abortionrecovery.org/messageboards/tabid/210/Default.aspx)
www.abortionrecovery.org/messageboards/tabid/210/Default.aspx

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The Continuing Controversy over Stem Cells: A Christian View

Dr. Ray Bohlin brings a biblical worldview to this intersection of ethics and science. From a Christian perspective, is it right to harvest and destroy embryonic stem cells for the hope of possible finding a treatment for some diseases?

Different Kinds of Stem Cells

Stem cell research grew into a major issue in the 2004 election and will continue to be discussed and argued for years to come as research continues to make progress. Unfortunately, most people continue to be misinformed about the real issues in the discussion.

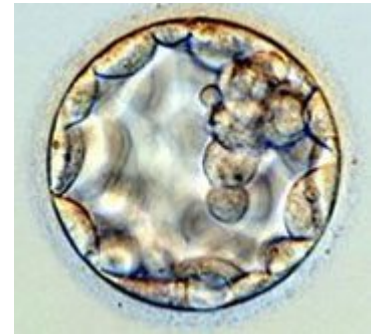
Most articles in the media fail to distinguish between the different kinds of stem cells and the different ethical questions each of them presents. Several states either already have or are working to get around federal restrictions on embryonic stem cell research in order to keep the research dollars at their state research universities.

So the controversy has far from abated. In order to think our way through this we will need some basic information. First, we need to understand some things about stem cells in general and the types of stem cells available for research.

What are stem cells? Stem cells are specialized cells that can produce several different kinds of cells in your body. Just like the stem of a plant will produce branches, leaves, and flowers, so stem cells can usually produce many different kinds of cells within a particular tissue.

There are over one trillion cells in your body. Most will only divide a few times. For instance, when you were born you basically already had all the brain and neural cells you would need. As you grew, those cells simply got bigger. However, other tissues need a constant renewing of cells. The lining of your intestines, stomach, skin, and lungs constantly slough old cells and need replacements. Your blood cells constantly need replacing. In these kinds of tissues, specialized stem cells continually produce new cells.

There are skin, bone marrow, liver, muscle, and other types of stem cells in your body. These are referred to as *adult* stem cells. Other common types of stem cells are those found in umbilical cord blood. Even though these are fetal tissues, they are referred to as adult stem cells because they are already differentiated to a large degree. There are no ethical difficulties in using these stem cells for research and therapy.



Now, what are *embryonic* stem cells? Embryonic stem cells exist only in the earliest embryo just a few days after fertilization. This is referred to as the *blastocyst*. The blastocyst contains a small cluster of identical cells called the inner cell mass. These cells eventually form the baby and therefore can produce all the cells of the body. These are embryonic stem cells (ESC). In order to retrieve them, the embryo is destroyed.

Here then is the problem. While adult stem cells offer no ethical difficulties—but are not likely to be as versatile as embryonic stem cells—embryonic stem cells can only be obtained by destroying the embryo.

The Promise of Adult Stem Cells

What is the overall hope for stem cells? Why are they so sought after?

Essentially, it is hoped that stem cells can be used to treat and even cure diseases like diabetes, Parkinson's, Alzheimer's, and brain and spinal injuries. These are primarily degenerative diseases where certain cells no longer function as designed due to genetic defects or injuries. Generally it has been believed that embryonic stem cells offer the most hope since we know they can become any cell in the body.

But embryonic stem cells require the destruction of the embryo where adult stem cells can be harvested from the individual that needs to be treated. First, this involves only informed consent and is ethically non-controversial. Second, since the person's own cells are used, there is no chance of rejection of the cells by the patient's immune system.

In the last few years important discoveries have been made concerning certain types of adult stem cells. Essentially, we have learned that adult stem cells can switch tissues. Bone marrow stem cells seem to be the most versatile. They have been coaxed to generate new muscle, neural, lung and other tissues.

Additionally, we have learned that adult stem cells migrate throughout the body in the blood. It appears that adult stem cells are somehow informed of injury in the cell and can migrate from their source to the injury and begin at least modest repairs.

In January 2002, a group from the University of Minnesota announced what they called the ultimate adult stem cell. In creating an immortal cell line from bone marrow stem cells, early tests showed that these stem cells could become either of the three early tissues in an embryo that eventually lead to all the cell types of the body. This showed that adult stem cells are far more versatile than previously believed.

Last year the National Institutes of Health spent \$190 million on adult stem cell research and \$25 million on embryonic stem cell research. Clinical trials are already underway using bone marrow (adult) stem cells for treatment of heart attacks, liver disease, diabetes, bone and cartilage disease, and brain disorders. Adult stem cells can even be injected intravenously in large quantities, and they will migrate to where the injury is located. With such promise coming from adult stem cells it

is hard to justify the use of problematic embryonic stem cells.

The Promise and Peril of Embryonic Stem Cells

Embryonic stem cells have always held the greatest promise for research and therapies because we know for certain that they can become any of the over 200 types of cells in the body. All we needed to do was learn how to control their destiny and their potential for unlimited growth.

As mentioned previously, the major ethical problem with embryonic stem cells is that the early embryo, the blastocyst, must be destroyed in order to retrieve these cells. It is my firm conviction that this earliest embryo is human life worthy of protection. Once the nucleus from sperm and egg unite in the newly fertilized egg, a biochemical cascade begins that leads inevitably to a baby nine months later as long as the embryo is in the proper environment.

But there are other problems aside from the ethical barrier. The proper chemical signals to direct stem cells to turn into the cells you want are unknown. This is certainly the goal of research. Human embryonic stem cells have been coaxed to differentiate but since nearly all of the experimental work to date has been done with embryonic stem cells from embryos leftover in fertility clinics there are immune rejection problems. These foreign cells are treated like they were from an organ donation.

Additionally, these cells are programmed to undergo rapid cell division. In China a man with Parkinson's was treated with human embryonic stem cells which turned into a tumor (teratoma) in his brain that killed him. The power of these cells is also a source of their peril.

In summary, embryonic stem cells possess uncertain promise. They require the death of the embryo. All therapies with any kind of stem cell are experimental and may not work. Right now, too much is being promised, and coverage in the media has been biased toward embryonic stem cells and is inaccurate.

When these difficulties and question marks are considered in the light of the exciting promise of adult stem cells, which are already producing positive results in human clinical trials, the pursuit of embryonic stem cell research is questionable at best. Just recently a major U.S. journal reported that bone marrow stem cells show great promise in treating the diseased lungs of cystic fibrosis patients.^[1] CF is the most common fatal genetic disorder in the Caucasian population. Adult stem cells continue to outperform embryonic stem cells.

Stem Cells and the Last Election

The first human embryonic stem cells were isolated from embryos donated from fertility clinics in 1998. Prior to that, Congress had passed—and President Clinton had signed—legislation that prohibited the use of federal money for the destruction or use of human embryos for research purposes. This was seen as worthy even for pro-choice advocates because no one wanted to go down the road of using even the earliest human life for research purposes.

When President Bush took office in January 2001, pressure had already come from the medical research community to revise this restriction so federal grants could be used to explore this promising research avenue. Adult stem cells were still viewed as being too restricted for general research use in humans. In August 2001, President Bush issued his now famous compromise

of allowing federal funds to be used to research embryonic stem cells already isolated from human embryos, but keeping in place the restriction for using federal dollars for destroying

human embryos to obtain additional cell lines.

The National Institutes of Health estimated that there were already over sixty human embryonic stem cell lines isolated around the world that would be available for research purposes. The President was criticized by pro-life advocates for allowing any federal money for research on embryonic stem cell lines, and the medical research community criticized the President for not allowing federal research money for the creation of new embryonic stem cell lines. If everybody is unhappy, it sounds like a good compromise!

The events of September 11, 2001 quickly removed this controversy from the public's attention, but the 2004 presidential election brought it back front and center. The Bush administration, supported by the President's Council for Bioethics, continued to argue against federal money for the destruction of embryos.

The Kerry campaign seized what they saw as an opening and began claiming that they would lift the ban on stem cell research. They enlisted Ron Reagan to deliver this message at the Democratic National Convention in July, 2004. Ronald Reagan had recently passed away from Alzheimer's, and many were claiming that embryonic stem cell research could bring a cure for Alzheimer's disease.

There were several problems with this message. First, President Bush never banned stem cell research. The Administration was funding adult stem cell research at about \$190 million a year and embryonic stem cell research at about \$25 million a year. Private money was always legal to use, but private investors were staying away because of the ethical problems and the lack of progress.

Second, researchers had already testified on Capital Hill that Alzheimer's was likely not curable by treating the brain with

stem cells since it was considered a whole brain disease and cell replacement would not do much good. The media just couldn't get it right.

The Distortion and the Hype of Embryonic Stem Cells

Those of us who are opposed to the use of embryonic stem cells for research are routinely accused of being hard-hearted toward those whose maladies can be addressed with stem cell research. Of course, this is not the case. We fully support adult stem cell research, but even if adult stem cells prove problematic in some cases I would still not support embryonic stem cell research when the embryo must be destroyed to obtain them.

When we think about saving lives we must count the cost. Is relieving the symptoms of disease worth the cost of the lives of the weakest and most defenseless members of society? Treating embryos with careless disregard will lead to further abuses down the road.

One of the problems with embryonic stem cells was the possibility of immune rejection. To avoid this, many want to clone the affected individual and use the embryonic stem cells from the clone. But this treats the human embryo as a thing, a clump of cells. The basis of this ethic is strictly "the end justifies the means." Even the term "therapeutic" is problematic. The subject is destroyed.

Many try to get around the destruction of the embryo problem by claiming the blastocyst is just reproductive cells and not a person. Medical mystery writer Robin Cook gave us an example in his most recent thriller, *Seizure*.^{2} In the book a medical researcher appears before a Senate committee and says, "Blastocysts have a potential to form a viable embryo, but only if implanted in a uterus. In therapeutic cloning, they are never allowed to form embryos. . . . Embryos are not

involved in therapeutic cloning.”{3} Hm!

Later in the epilogue, Cook, who is an MD, says, “Senator Butler, like other opponents of stem-cell and therapeutic cloning research, suggests that the procedure requires the dismemberment of embryos. As Daniel points out to no avail, this is false. The cloned stem-cells in therapeutic cloning are harvested from the blastocyst stage well before any embryo forms. The fact is that in therapeutic cloning, an embryo is never allowed to form and nothing is ever implanted into a uterus.”{4}

Cook is greatly mistaken. A 1997 embryology text states plainly that “The study of animal development has traditionally been called embryology, referring to the fact that between fertilization and birth the developing organism is known as an embryo.”{5} So let’s be very careful and pay attention to what is said. Some are trying to manipulate the debate by changing the “facts.” We must promote the incredible success and continued promise of adult stem cells while continuing to spell out the long term peril of embryonic stem cells.

Notes

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2. Robin Cook, *Seizure* (New York: Berkeley Books, 2003), 429.
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5. Scott F. Gilbert, *Developmental Biology*, 5th ed. (Sunderland, Mass.: Sinauer Associates, Inc., 1997), 3. Later in the same text, Gilbert clearly equates the blastocyst and embryo when he says on page 185, "While the embryo is moving through the oviduct en route to the uterus, the blastocyst expands within the zona pellucida." Gilbert seems to have had a change of heart between his fifth edition and the sixth. In the sixth edition of his textbook Gilbert defines embryology differently. "The study of animal development has traditionally been called embryology, from that phase of organisms that exists between fertilization and birth." This is on page 4 of the new edition and curiously leaves the word embryo out of the definition of embryology. Perhaps Cook and Gilbert know each other!

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See Also:

- [The Controversy Over Stem Cell Research \[2001\]](#)
- [Putting the Brakes on Human Genetic Engineering](#)
- [Stem Cells and the Controversy Over Therapeutic Cloning](#)
- [Probe Answers Our E-Mail: "Your Anti-Stem Cell Research Position Disregards Diabetics"](#)

Online Affairs – A Christian Look at a Major Problem

Kerby Anderson highlights online affairs, the sin of adultery with an "electronic" relationship on the Internet.



This article is also available in [Spanish](#).

The Allure of Cyber-Relationships

The Internet is becoming a breeding ground for adultery, so say many experts who track the pattern of extramarital affairs. So we will discuss the phenomenon of online affairs.

Peggy Vaughn is the author of *The Monogamy Myth* and also serves as an expert for America Online on problems caused by infidelity. She predicts that one "role of the Internet in the future will be as a source of affairs." She is writing a second book on the subject of adultery and says she could base half of it just on the letters she receives from people who started an affair online.[\[1\]](#)

An online affair (or cyberaffair) is an intimate or sexually explicit communication between a married person and someone other than their spouse that takes place on the Internet. Usually this communication takes place through an online service such as America Online or CompuServe. Participants usually visit a chat room to begin a group conversation and then often move into a one-to-one mode of communication. Chat room categories range from "single and liking it" to "married and flirting" to "naked on the keyboard."

Women in a chat room are often surprised at what develops in a fairly short period of time. At first the conversation is stimulating, though flirtatious. Quickly, however, women are often confronted with increasingly sexual questions and comments. Even if the comments don't turn personal, women find themselves quickly sharing intimate information about themselves and their relationships that they would never share with someone in person. Peggy Vaughn says, "Stay-at-home moms in chat rooms are sharing all this personal stuff they are hiding from their partners." She finds that the intensity of women's online relationships can "quickly escalate into thinking they have found a soulmate."

Online affairs differ from physical world affairs in some

ways, but are similar in others. Cyberaffairs are based upon written communication where a person may feel more free to express herself anonymously than in person. Frequently the communication becomes sexually graphic and kinky in ways that probably would not occur if a real person were hearing these comments and could act on them. Participants in an online affair will often tell their life stories and their innermost secrets. They will also create a new persona, become sexually adventurous, and pretend to be different than they really are.

Pretending is a major theme in cyberaffairs. Men claim to be professionals (doctors, lawyers) who work out every day in the gym. And they universally claim that if their wives met their needs, they wouldn't be sex shopping on the Internet. Women claim to be slim, sexy, and adventurous. The anonymity of the Internet allows them to divulge (or even create) their wildest fantasies. In fact, their frank talk and flirtation pays great dividends in the number of men in a chat room who want to talk to them and get together with them.

Just as the Internet has become a new source of pornography for many, so it seems that it has also become a new source for affairs. Relationships online frequently go over the line leaving pain, heartbreak, and even divorce in their wake. Even though these online affairs don't involve sex, they can be very intense and threaten a marriage just the same.

Current Statistics on Adultery

In a [previous article](#), I talked about some of the statistics concerning adultery. Before we continue, let me update some of those numbers with a multitude of studies all coming to similar conclusions.

One conclusion is that adultery is becoming more common, and researchers are finding that women are as likely as men to have an affair. A 1983 study found that 29 percent of married people under 25 had had an affair with no statistical

difference between the number of men and women who chose to be unfaithful to their spouses early in life.[{2}](#) By comparison, only 9 percent of spouses in the 1950s under the age of 25 had been involved in extramarital sex. Another study concluded that by age 40 about 50 to 65 percent of husbands and 45 to 55 percent of wives become involved in an extramarital affair.[{3}](#)

Affairs are usually more than a one-time event. A 1987 study surveyed 200 men and women and found that their affairs lasted an average of two years.[{4}](#) In fact, affairs go through transitions over time. They may begin as romantic, sexual, or emotional relationships and may become intimate friendships. Affairs that become friendships can last decades or a lifetime.

Online affairs differ from other affairs in that they may not involve a physical component, but the emotional attachment is still there. Online affairs develop because of the dual attraction of attention and anonymity. Someone who has been ignored by a spouse (or at least perceives that he or she is ignored) suddenly becomes the center of attention in a chat room or a one-on-one e-mail exchange. A woman finds it exciting, even intoxicating, that all these men want to talk to her. And they are eager to hear what she says and needs.

Anonymity feeds this intoxication because the person on the other end of this cyberaffair is unknown. He or she can be as beautiful and intelligent as your dreams can imagine. The fantasy is fueled by the lack of information and the anonymity. No one in cyberland has bad breath, a bald head, love handles, or a bad temper. The sex is the best you can imagine. Men are warm, sensitive, caring, and communicative. Women are daring, sensual, and erotic.

Is it all too good to be true? Of course it is. Cyberaffairs are only make-believe. Usually when cyberlovers meet, there is a major letdown. No real person can compete with a dream lover. No marriage can compete with a cyberaffair. But then an

online affair can't really compete with a real relationship that provides true friendship and marital intimacy.

Nevertheless, online affairs are seductive. An Internet addict calls out to a spouse "one more minute" just as an alcoholic justifies "one more drink." Cyberaffairs provide an opportunity to become another person and chat with distant and invisible neighbors in the high-tech limbo of cyberspace. Social and emotional needs are met, flirting is allowed and even encouraged, and an illusion of intimacy feeds the addiction that has caught so many unsuspecting Internet surfers.

Motivations for Affairs

Affairs usually develop because the relationship meets various social and psychological needs. Self-esteem needs are often at the top of the list. Self-esteem needs are met through knowing, understanding, and acceptance. Psychologists say that those needs are enhanced through talking intimately about feelings, thoughts, and needs. This can take place in person or take place through the Internet.

Even though online affairs may not involve a physical component, the emotional attachment can be just as strong and even overwhelming. And when they end, this strong attachment usually leaves participants in emotional pain.

Women report feeling thrilled by their lover's interest in them physically, emotionally, and intellectually. They are also excited about the chance to know a different man (how he thinks and feels). They also feel intimate with their lovers because they can talk about their feelings openly. However, when the affair ends, they feel a great deal of guilt with regard to their husband and children. They also regret the deceit that accompanied the affair.

Men report feeling excited about the sexual experience of the

affair. They try to control their feelings in the affair and do not compete with their feelings for their wife. Often they limit the emotional involvement with their lover. Men also feel guilt and regret over deceit when an affair ends, but less so than most women.

Men and women have affairs for different reasons. Research has shown that women seek affairs in order to be loved, have a friend, and feel needed. Men seek affairs for sexual fulfillment, friendship, and fun.[{5}](#)

It appears that the percentage of women who have extramarital sex has increased the last few decades. In 1953 Alfred Kinsey found that 29 percent of married women admitted to at least one affair.[{6}](#) A *Psychology Today* survey in 1970 reported that 36 percent of their female readers had extramarital sex.[{7}](#) One study in 1987 found that 70 percent of women surveyed had been involved in an affair.[{8}](#)

It also appears that women who are employed full-time outside of the home are more likely to have an affair than full-time homemakers. Several studies come to this same conclusion. One study found that 47 percent of wives who were employed full-time and 27 percent of full-time homemakers had been involved in an affair before they were 40 years old.[{9}](#) And *New Woman* magazine found that 57 percent of employed wives who had an affair met their lover at work.[{10}](#)

Contrary to conventional wisdom, an affair will not help your marriage. In 1975, Linda Wolfe published *Playing Around* after she studied twenty-one women who were having affairs to keep their marriages intact.[{11}](#) The reasoning for many of these women was that if they could meet their own needs, their marriages would be more successful. Many said they were desperately lonely. Others were afraid, believing their husbands did not love them or were not committed to their marriage. Five years after the initial study, only three of the twenty-one women were still married.

Adultery can destroy a marriage, whether a physical affair or an online affair.

Preventing an Affair

The general outline for some of these ideas comes from family therapist Frank Pittman, author of *Private Lies: Infidelity and the Betrayal of Intimacy*, although I have added additional material. He has counseled 10,000 couples over the last forty years, and about 7,000 have experienced infidelity. He has nineteen specific suggestions for couples on how to avoid affairs.[\[12\]](#) Let's look at a few of them.

First, accept the possibility of being sexually attracted to another and of having sexual fantasies. Frank Pittman believes we should acknowledge that such thoughts can develop so that you don't scare them into hiding. But he also says you shouldn't act on them.

Second, we should hang out with monogamous people. He says, "They make a good support system." To state it negatively, "Do not be deceived: Bad company corrupts good morals" (1 Cor. 15:33).

Third, work on your marriage. He says to keep your marriage sexy and work to be intimate with your spouse. He also says to make marriage an important part of your identity. "Carry your marriage with you wherever you go."

Fourth, be realistic about your marriage. Pittman says, "Don't expect your marriage to make you happy. See your partner as a source of comfort rather than a cause of unhappiness." Accept the reality of marriage; it isn't always beautiful. Also accept that you are both imperfect.

Fifth, keep the marriage equal. Share parenting duties. "If not, one partner will become the full-time parent, and the other will become a full-time child" without responsibilities, who seeks to be taken care of. And keep the relationships

equal. Pittman says, "The more equal it is, the more both partners will respect and value it."

Sixth, if you aren't already married, be careful in your choice of a marriage partner. For example, marry someone who believes in, and has a family history of, monogamy. Frank Pittman says, "It is a bad idea to become the fifth husband of a woman who has been unfaithful to her previous four." Also, marry someone who respects and likes your gender. "They will get over the specialness of you yourself and eventually consider you as part of a gender they dislike."

Seventh, call home every day you travel. "Otherwise, you begin to have a separate life." And stay faithful. "If you want your partner to (stay faithful), it is a good idea to stay faithful yourself." And make sure you are open, honest, and authentic. Lies and deception create a secret life that can allow an affair to occur.

Finally, don't overreact or exaggerate the consequences of an affair if it occurs. Pittman says, "It doesn't mean there will be a divorce, murder or suicide. Catch yourself and work your way back into the marriage."

Affairs can destroy a marriage. Take the time to affair-proof your marriage so you avoid the pain, guilt and regret that inevitably results. And if you have fallen into an affair, work your way back and rebuild your marriage.

Consequences of Affairs

When God commands, "You shall not commit adultery" (Ex. 20:14), He did so for our own good. There are significant social, psychological, and spiritual consequences to adultery.

A major social cost is divorce. An affair that is discovered does not have to lead to divorce, but often it does. About one-third of couples remain together after the discovery of an adulterous affair, while the other two-thirds usually

divorce.

Not surprisingly, the divorce rate is higher among people who have affairs. Annette Lawson (author of *Adultery: An Analysis of Love and Betrayal*) found that spouses who did not have affairs had the lowest rate of divorce. Women who had multiple affairs (especially if they started early in the marriage) had the highest rate of divorce.

A lesser known fact is that those who divorce rarely marry the person with whom they are having the affair. For example, Dr. Jan Halper's study of successful men (executives, entrepreneurs, professionals) found that very few men who have affairs divorce their wife and marry their lovers. Only 3 percent of the 4,100 successful men surveyed eventually married their lovers.[{13}](#)

Frank Pittman has found that the divorce rate among those who married their lovers was 75 percent.[{14}](#) The reasons for the high divorce rate include: intervention of reality, guilt, expectations, a general distrust of marriage, and a distrust of the affairer.

The psychological consequences are also significant, even if they are sometimes more difficult to discern. People who pursue an affair often do so for self-esteem needs, but often further erode those feelings by violating trust, intimacy, and stability in a marriage relationship. Affairs do not stabilize a marriage, they upset it.

Affairs destroy trust. It's not surprising that marriages formed after an affair and a divorce have such a high divorce rate. If your new spouse cheated before, what guarantee do you have that this person won't begin to cheat on you? Distrust of marriage and distrust of the affairer are significant issues.

Finally, there are spiritual consequences to affairs. We grieve the Lord by our actions. We disgrace the Lord as we become one more statistic of moral failure within the body of

Christ. We threaten the sacred marriage bond between us and our spouse. We bring guilt into our lives and shame into our marriage and family. Affairs extract a tremendous price in our lives and the lives of those we love and hold dear.

And let's not forget the long-term consequences. Affairs, for example, can lead to unwanted pregnancies. According to one report, "Studies of blood typing show that as many as 1 out of every 10 babies born in North America is not the offspring of the mother's husband."[\[15\]](#) Affairs can also result in sexually transmitted diseases like syphilis, chlamydia, herpes, or even AIDS. Many of these diseases are not curable and will last for a lifetime.

Adultery is dangerous, and so are online affairs. The popularity of the recent movie *You've Got Mail* has helped feed the fantasy that you are writing to Tom Hanks or Meg Ryan. In nearly every case, nothing could be further from the truth. An online affair could happen to you, and the plot might be more like *Fatal Attraction*.

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