

Divorce – A Biblical Christian Perspective

Kerby Anderson examines the epidemic of divorce from a Christian, biblical worldview perspective. He presents data on its impact on families and society and compares the trend with biblical teaching on the subject.

Families are experiencing many problems today, but the role of divorce in this picture has been frequently overlooked because its destructive effects have been subtle, yet insidious. When the divorce rate increased in the 1960s, few would have predicted its dire consequences three decades later. Yet divorce has changed both the structure and the impact of the family.

This is not just the conclusion of Christians, but also the conclusion of non-Christian researchers working in the field. Clinical psychologist Diane Medved set out to write a book to help couples facing transitions due to divorce. She begins her book with this startling statement:

I have to start with a confession: This isn't the book I set out to write. I planned to write something consistent with my previous professional experience helping people with decision making. . . . For example, I started this project believing that people who suffer over an extended period in unhappy marriages ought to get out...I thought that striking down taboos about divorce was another part of the ongoing enlightenment of the women's, civil- rights, and human potential movements of the last twenty-five years...To my utter befuddlement, the extensive research I conducted for this book brought me to one inescapable and irrefutable conclusion: I had been wrong.”(1)

She titled her book *The Case Against Divorce*.

Until the 1960s, divorce has been a relatively rare phenomenon. Certainly there have always been some couples who have considered divorce an option. But fundamental changes in our society in the last few decades have changed divorce from being rare to routine.

During the 1970s, the divorce rate doubled (and the number of divorces tripled from 400,000 in 1962 to 1.2 million in 1981).(2) The increase in the divorce rate came not from older couples but from the baby boom generation. One sociologist at Stanford University calculated that while men and women in their twenties comprised only about 20 percent of the population, they contributed 60 percent of the growth in the divorce rate in the 1960s and early 1970s.(3)

This increase was due to at least two major factors: attitude and opportunity. The baby boom generation's attitude toward such issues as fidelity, chastity, and commitment were strikingly different from their parents'. Their parents would stay in a marriage in order to make it work. Baby boomers, however, were less committed to the ideal of marriage and quite willing to end what they felt was a bad marriage and move on with their lives. While their parents might keep a marriage going "for the sake of the kids," the baby boom generation as a whole was much less concerned about such issues.

Economic opportunities also seem to be a significant factor in divorce. The rise in divorce closely parallels the increase in the number of women working. Women with a paycheck were less likely to stay in a marriage that wasn't fulfilling to them. Armed with a measure of economic power, many women had less incentive to stay in a marriage and work out their differences with their husbands. A study of mature women done at Ohio State University found that the higher a woman's income in relation to the total income of her family, the more likely she was to seek a divorce.(4)

Divorce and Children

Divorce is having a devastating impact on both adults and children. Every year, parents of over 1 million children divorce. These divorces effectively cut one generation off from another. Children are reared without the presence of their father or mother. Children are often forced to take sides in the conflict. And, children often carry the scars of the conflict and frequently blame themselves for the divorce.

So what is the impact? Well, one demographer looking at this ominous trend of divorce and reflecting on its impact, acknowledged:

No one knows what effect divorce and remarriage will have on the children of the baby boom. A few decades ago, children of divorced parents were an oddity. Today they are the majority. The fact that divorce is the norm may make it easier for children to accept their parents' divorce. But what will it do to their marriages in the decades ahead? No one will know until it's too late to do anything about it.(5)

What little we do know about the long-term impact of divorce is disturbing. In 1971, Judith Wallerstein began a study of sixty middle-class families in the midst of divorce. Her ongoing research has provided a longitudinal study of the long-term effects of divorce on parents and children.

Like Diane Medved, Judith Wallerstein had to revise her previous assumptions. According to the prevailing view at the time, divorce was seen as a brief crisis that would resolve itself. Her book, *Second Chances: Men, Women and Children a Decade After Divorce*, vividly illustrates the long-term psychological devastation wrought not only on the children but the adults.(6) Here are just a few of her findings in her study of the aftershocks of divorce:

- *Three out of five children felt rejected by at least one parent.*
- *Five years after their parent's divorce, more than one-third of the children were doing markedly worse than they had been before the divorce.*
- *Half grew up in settings in which the parents were warring with each other even after the divorce.*
- *One-third of the women and one-quarter of the men felt that life had been unfair, disappointing and lonely.*

In essence, Wallerstein found that the emotional tremors register on the psychological Richter scale many years after the divorce.

In addition to the emotional impact is the educational impact. Children growing up in broken homes do not do as well in school as children from stable families. One national study found an overall average of one lost year of education for children in single-parent families.(7)

Divorce and remarriage adds another additional twist to modern families. Nearly half of all marriages in 1990 involved at least one person who had been down the aisle before, up from 31 percent in 1970.(8)

These changing family structures complicate relationships. Divorce and remarriage shuffle family members together in foreign and awkward ways. Clear lines of authority and communication get blurred and confused in these newly revised families. One commentator trying to get a linguistic handle on these arrangements called them "neo-nuclear" families.(9) The rules for these neo-nukes are complex and ever-changing. Children looking for stability are often insecure and frustrated. One futuristic commentator imagined this possible scenario:

On a spring afternoon, half a century from today, the Joneses are gathered to sing "Happy Birthday" to Junior. There's Dad

and his third wife, Mom and her second husband, Junior's two half brothers from his father's first marriage, his six stepsisters from his mother's spouse's previous unions, 100-year-old Great Grandpa, all eight of Junior's current "grandparents," assorted aunts, uncles-in-law and stepcousins. While one robot scoops up the gift wrappings and another blows out the candles, Junior makes a wish ...that he didn't have so many relatives.(10)

The stress on remarried couples is difficult enough, but it intensifies when step-children are involved. Conflict between a stepparent and stepchild is inevitable and can be enough to threaten the stability of a remarriage. According to one study, remarriages that involve stepchildren are more likely to end in divorce than those that don't.(11) Fully 17 percent of marriages that are remarriages for both husband and wife and that involve stepchildren break up within three years.(12)

No Fault Divorce

Historically the laws governing marriage were based upon the traditional, Judeo-Christian belief that marriage was for life. Marriage was intended to be a permanent institution. Thus, the desire for divorce was not held to be self-justifying. Legally the grounds for divorce had to be circumstances that justified making an exemption to the assumption of marital permanence. The spouse seeking a divorce had to prove that the other spouse had committed one of the "faults" recognized as justifying the dissolution of the marriage. In most states, the classic grounds for divorce were cruelty, desertion, and adultery.

This legal foundation changed when California enacted a statute in 1969 which allowed for no-fault divorce. This experiment has effectively led to what could now be called "divorce-on-demand." One by one, various state legislatures enacted no-fault divorce laws so that today, this concept has

become the de facto legal principle in every state.

The fault-based system of divorce law had its roots in the view that marriage was a sacrament and indissoluble. The current no-fault provisions changed this perception. Marriage is no longer viewed as a covenant; it's a contract. But it's an even less reliable contract than a standard business contract.

Classic contract law holds that a specific promise is binding and cannot be broken merely because the promisor changes his/her mind. In fact, the concept of "fault" in divorce proceedings is more like tort law than contract law in that it implies an binding obligation between two parties which has been breached, thus leading to a divorce. When state legislatures implemented no-fault divorce provisions, they could have replaced the fault-based protections with contract-like protections. Unfortunately, they did not. In just a few decades we have moved from a position where divorce was permitted for a few reasons to a position in which divorce is permitted for any reason, or no reason at all.

The impact on the institution of marriage has been devastating. Marginal marriages are much easier to dissolve, and couples who may have tried to stick it out and work out their problems instead opt for a no-fault divorce.

But all marriages (not just marginal marriages) are at risk. After all, marriages do not start out marginal. Most marriages start out on a solid footing. But after the honeymoon, comes the more difficult process of learning to live together harmoniously. The success of the process is affected by both internal factors (willingness to meet each other's needs, etc.) and external factors (such as the availability of divorce). But even these factors are interrelated. If the law gives more protection to the marriage contract, a partner may be more likely to love sacrificially and invest effort in the marriage. If the law gives less protection, a partner may be

more likely to adopt a “looking out for number one” attitude.

Biblical Perspective

The Bible speaks to the issue of divorce in both the Old Testament and the New Testament. The most important Old Testament passage on divorce is Deuteronomy 24:1-4.

If a man marries a woman who becomes displeasing to him because he finds something indecent about her, and he writes her a certificate of divorce, gives it to her and sends her from his house, and if after she leaves his house she becomes the wife of another man, and her second husband dislikes her and writes her a certificate of divorce, gives it to her and sends her from his house, or if he dies, then her first husband, who divorced her, is not allowed to marry her again after she has been defiled. That would be detestable in the eyes of the LORD. Do not bring sin upon the land the LORD your God is giving you as an inheritance.

These verses were not intended to endorse divorce; just the contrary. The intention was to regulate the existing custom of divorce, not to put forth God’s ideal for marriage. Divorce was allowed in certain instances because of human sinfulness (Matt. 19:8).

Divorce was widespread in the ancient Near East. The certificate of divorce apparently was intended to protect the reputation of the woman and provided her with the right to remarry. This public declaration protected her from charges of adultery. The Mishnah, for example, stated that a divorce certificate was not valid unless the husband explicitly said, “Thou art free to marry any man.”(13)

Key to understanding this passage is the definition of “something indecent.” It probably did not mean adultery since that was subject to the penalty of death (22:22), nor did it probably mean premarital intercourse with another man

(22:20-21) since that carried the same penalty. The precise meaning of the phrase is unknown.

In fact, the meaning of this phrase was subject to some debate even during the time of Christ. The conservative school of Shammai understood it to mean a major sexual offense. The liberal school of Hillel taught that it referred to anything displeasing to the husband (including something as trivial as spoiling his food). The apparent purpose of this law was to prevent frivolous divorce and to protect a woman who was divorced by her husband. The passage in no way encourages divorce but regulates the consequences of divorce.

Another significant Old Testament passage is Malachi 2:10-16.

Have we not all one Father ? Did not one God create us? Why do we profane the covenant of our fathers by breaking faith with one another?...Has not the LORD made them one? In flesh and spirit they are his. And why one? Because he was seeking godly offspring. So guard yourself in your spirit, and do not break faith with the wife of your youth. "I hate divorce," says the LORD God of Israel.

This passage deals with breaking a prior agreement or covenant. It specifically addresses the issue of illegal intermarriage and the issue of divorce. Malachi specifically teaches that husbands and wives are to be faithful to one another because they have God as their Father. The marriage relationship is built upon a solemn covenant. While God may tolerate divorce under some of the circumstances described in Deuteronomy 24, the instructions were given to protect the woman if a divorce should occur. This passage in Malachi reminds us that God hates divorce.

In the New Testament book of Matthew, we have the clearest teachings by Jesus on the subject of divorce.

It has been said, 'Anyone who divorces his wife must give her

a certificate of divorce.’ But I tell you that anyone who divorces his wife, except for marital unfaithfulness, causes her to commit adultery, and anyone who marries a woman so divorced commits adultery. (Matt. 5:31-32) I tell you that anyone who divorces his wife, except for marital unfaithfulness, and marries another woman commits adultery. (Matt. 19:9)

In these two passages, Jesus challenges the views of the two schools of Jewish thought (Shammai, Hillel). He teaches that marriage is for life and should not be dissolved by divorce.

Defining the word *porneia* (which is translated marital unfaithfulness) is a key element in trying to understand these passages. While some commentators teach that this word refers to incestuous relationships or sexual promiscuity during the betrothal period, most scholars believe the word applies to relentless, persistent, and unrepentant adultery. Among those holding to this exception clause for adultery, some believe remarriage is possible while others do not.

The other significant section of teaching on divorce in the New Testament can be found in Paul’s teaching on divorce in 1 Corinthians 7:10-15.

To the married I give this command (not I, but the Lord): A wife must not separate from her husband. But if she does, she must remain unmarried or else be reconciled to her husband. And a husband must not divorce his wife. To the rest I say this (I, not the Lord): If any brother has a wife who is not a believer and she is willing to live with him, he must not divorce her. And if a woman has a husband who is not a believer and he is willing to live with her, she must not divorce him. For the unbelieving husband has been sanctified through his wife, and the unbelieving wife has been sanctified through her believing husband. Otherwise your children would be unclean, but as it is, they are holy. But

if the unbeliever leaves, let him do so. A believing man or woman is not bound in such circumstances; God has called us to live in peace.

In the first section, Paul addresses Christians married to one another. Paul was obviously aware of the prevalence of divorce in the Greek world and of the legal right that a wife has to initiate a divorce. He gives the command for believers to stay married.

In the next section, Paul addresses the issue of mixed marriages. He says that even in spite of religious incompatibility in such a marriage, Paul teaches that the believing spouse is not to seek divorce. Some divorces may have been initiated because of the command of Ezra to the Israelites in Jerusalem after the exile (Ezra 10:11) to divorce themselves from pagan spouses. Paul affirms the same biblical principle: do not seek divorce. However, if the unbelieving spouse insists on divorce, the believer may have to concede to those proceedings and is not bound in such circumstances.

Based on the preceding verses, we can therefore conclude that a Christian can acquiesce to divorce in cases of marital infidelity by the other spouse or in cases of desertion by an unbelieving spouse. Yet even in these cases, the church should not encourage divorce. Certainly in very troubling cases which involve mental, sexual, and/or physical abuse, legal separation is available as a remedy to protect the abused spouse. God hates divorce; therefore Christians should never be in the position of encouraging or promoting divorce. Instead they should be encouraging reconciliation.

One final question is whether a divorced person is eligible for a leadership position within the church. The key passage is 1 Timothy 3:2 which calls for a church leader to be above reproach and "the husband of one wife." Rather than

prohibiting a divorced person from serving in leadership, the language of this verse actually focuses on practicing polygamists. Polygamy was practiced in the first century and found among Jewish and Christian groups. The passage could be translated "a one-woman man." If Paul intended to prohibit a divorced person from leadership, he could have used a much less ambiguous term.

As Christians in a society where divorce is rampant, I believe we must come back to these important biblical principles concerning marriage. Christians should work to build strong marriages. Pastors must frequently preach and teach about the importance of marriage. We should encourage fellow Christians to attend various marriage enrichment seminars and ministries in our community.

As Christians I also believe we should reach out to those who have been through divorce. We must communicate Christ's forgiveness to them in the midst of their shattered lives. They need counseling and support groups. Many times they also need financial help and direction as they begin to put together the shattered pieces of their lives.

But as we reach out to those whose lives are shattered by divorce, we must be careful that our ministry does not compromise our theology. We must reach out with both biblical convictions and biblical compassion. Marriage for life is God's ideal (Genesis 2), nevertheless, millions of people have been devastated by divorce and need to feel care and compassion from Christians. Churches have unfortunately erred on one side or another. Most churches have maintained a strong stand on marriage and divorce. While this strong biblical stand is admirable, it should also be balanced with compassion towards those caught in the throes of divorce. Strong convictions without compassionate outreach often seems to communicate that divorce is the unforgivable sin.

On the other hand, some churches in their desire to minister

to divorced people have compromised their theological convictions. By starting without biblically-based convictions about marriage and divorce, they have let their congregation's circumstances influence their theology.

Christians must simultaneously reach out with conviction and compassion. Marriage for life is God's ideal, but divorce is a reality in our society. Christians should reach out with Christ's forgiveness to those whose lives have been shattered by divorce.

Notes

1. Diane Medved, *The Case Against Divorce* (New York: Donald I. Fine, Inc., 1989), 1-2.
2. National Center for Health Statistics, "Advance Report of Final Divorce Statistics, 1983," *NCHS Monthly Vital Statistics Report*, vol. 34, no. 9, 26 December 1985, table 1.
3. Landon Jones, *Great Expectations: America and the Baby Boom Generation* (New York: Ballantine Books, 1980), 215.
4. *Ibid.*, 216.
5. Cheryl Russell, *100 Predictions for the Baby Boom* (New York: Plenum, 1987), 107.
6. Judith Wallerstein and Sandra Blakeslee, *Second Chances: Men, Women and Children A Decade After Divorce* (New York: Ticknor and Fields, 1989).
7. Sheila Fitzgerald Klein and Andrea Beller, *American Demographics*, March 1989, 13.
8. William Dunn, "I do, is repeat refrain for half of newlyweds," *USA Today*, 15 February 1991, A-1.
9. "Families: neo-nukes," *Research Alert*, 17 August 1990, 6.
10. "When the Family Will Have a New Definition," *What the Next 50 Years Will Bring, a special edition of U.S. News and World Report*, 9 May 1983, A-3.
11. Arland Thornton and Deborah Freedman, "The Changing American Family," *Population Bulletin*, vol. 38, no. 4 (Washington, D.C.: Population Reference Bureau, Inc., 1983), 10.
12. Lynn K. White and Alan Booth, "The quality and stability of remarriages: the role of stepchildren,"

13. G. J. Wenham, "Gospel Definitions of Adultery and Women's Rights," *Expository Times* 95, 11 (1984): 330.

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Arguments Against Abortion

Kerby Anderson helps us understand that concerns about abortion are more than just a fundamentalist backlash. He reviews arguments from a Christian, biblical perspective and then introduces arguments from medical, legal and philosophical points of view as well. He concludes, "The Bible and logic are on the side of the Christian who wants to stand for the sanctity of human life."

Biblical Arguments Against Abortion

In this essay we will be discussing arguments against abortion. The first set of arguments we will consider are biblical arguments.

That being said, we must begin by acknowledging that the Bible doesn't say anything about abortion directly. Why the silence of the Bible on abortion? The answer is simple. Abortion was so unthinkable to an Israelite woman that there was no need to even mention it in the criminal code. Why was abortion an unthinkable act? First, children were viewed as a gift or heritage from the Lord. Second, the Scriptures state—and the Jews concurred—that God opens and closes the womb and is sovereign over conception. Third, childlessness was seen as a curse.

One of the key verses to understand in developing a biblical view of the sanctity of human life is Psalm 139. This psalm is the inspired record of David's praise for God's sovereignty in his life. He begins by acknowledging that God is omniscient and knows what David is doing at any given point in time. He goes on to acknowledge that God is aware of David's thoughts before he expresses them. David adds that wherever he might go, he cannot escape from God, whether he travels to heaven or ventures into Sheol. God is in the remotest part of the sea and even in the darkness. Finally David contemplates the origin of his life and confesses that God was there forming him in the womb:

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be (vv. 13-16).

Here David speaks of God's relationship with him while he was growing and developing before birth. Notice that the Bible doesn't speak of fetal life as mere biochemistry. The description here is not of a piece of protoplasm that becomes David: this is David already being cared for by God while in the womb.

In verse 13, we see that God is the Master Craftsman fashioning David into a living person. In verses 14 and 15, David reflects on the fact that he is a product of God's creative work within his mother's womb, and he praises God for how wonderfully God has woven him together.

David draws a parallel between his development in the womb and Adam's creation from the earth. Using figurative language in

verse 15, he refers to his life before birth when “I was made in secret, and skillfully wrought in the depths of the earth.” This poetic allusion harkens back to Genesis 2:7 which says that Adam was made from the dust of the earth.

David also notes that “Thine eyes have seen my unformed substance.” This shows that God knew David even before he was known to others. The term translated *unformed substance* is a noun derivative of a verb meaning “to roll up.” When David was just forming as a fetus, God’s care and compassion already extended to him. The reference to “God’s eyes” is an Old Testament term used to connote divine oversight of God in the life of an individual or group of people.

Next, we will consider additional Old Testament passages that provide a biblical argument against abortion.

Additional Old Testament Arguments Against Abortion

Now that we’ve looked at Psalm 139, the most popular argument against abortion, let’s look at two other Old Testament passages.

Another significant passage is Psalm 51. It was written by David after his sin of adultery with Bathsheba and records his repentance. David confesses that his sinful act demonstrated the original sin that was within him, “Surely I have been a sinner from birth, sinful from the time my mother conceived me” (Ps. 51:5). David concludes that from his time of conception, he had a sin nature. This would imply that he carried the image of God from the moment of conception, including the marred image scarred from sin.

Human beings are created in the image and likeness of God (Gen. 1:26-27; 5:1; 9:6). Bearing the image of God is the essence of humanness. And though God’s image in man was marred at the Fall, it was not erased (cf. 1 Cor. 11:7; James 3:9).

Thus, the unborn baby is made in the image of God and therefore fully human in God's sight.

This verse also provides support for what is called the traducian view of the origin of the soul. According to this perspective, human beings were potentially in Adam (Rom. 5:12, Heb. 7:9-10) and thus participated in his original sin. The "soulish" part of humans is transferred through conception. Therefore, an unborn baby is morally accountable and thus fully human.

Another argument against abortion can be found in the Old Testament legal code, specifically Exodus 21:22-25.

If men who are fighting hit a pregnant woman and she gives birth prematurely but there is no serious injury, the offender must be fined whatever the woman's husband demands and the court allows. But if there is serious injury, you are to take life for life, eye for eye, tooth for tooth, hand for hand, foot for foot, burn for burn, wound for wound, bruise for bruise.

The verses appear to teach that if a woman gives birth prematurely, but the baby is not injured, then only a fine is appropriate. However, if the child dies then the law of retaliation (lex talionis) should be applied. In other words, killing an unborn baby would carry the same penalty as killing a born baby. A baby inside the womb has the same legal status as a baby outside the womb.

Some commentators have come to a different conclusion because they believe the first verses only refer to a case of accidental miscarriage. Since only a fine is levied, they argue that an unborn baby is merely potential life and does not carry the same legal status as a baby that has been born.

There are at least two problems with this interpretation. First, the normal Hebrew word for *miscarry* is not used in this

passage (cf. Gen. 31:38; Exod. 23:26; Job 2:10; Hos. 9:14). Most commentators now believe that the action described in verse 22 is a premature birth not an accidental miscarriage. Second, even if the verses do describe a miscarriage, the passage cannot be used to justify abortion. The injury was accidental, not intentional (as abortion would be). Also, the action was a criminal offense and punishable by law.

Medical Arguments Against Abortion

Thus far in our discussion we have looked at biblical arguments against abortion. But what if someone doesn't believe in the Bible? Are there other arguments we can use? Yes, there are: medical arguments, for example. Let's look, then, at some of the medical arguments against abortion.

The medical arguments against abortion are compelling. For example, *at conception the embryo is genetically distinct from the mother*. To say that the developing baby is no different from the mother's appendix is scientifically inaccurate. A developing embryo is genetically different from the mother. A developing embryo is also genetically different from the sperm and egg that created it. A human being has 46 chromosomes (sometimes 47 chromosomes). Sperm and egg have 23 chromosomes. A trained geneticist can distinguish between the DNA of an embryo and that of a sperm and egg. But that same geneticist could not distinguish between the DNA of a developing embryo and a full-grown human being.

Another set of medical arguments against abortion surround *the definition of life and death*. If one set of criteria have been used to define death, could they also be used to define life? Death used to be defined by the cessation of heartbeat. A stopped heart was a clear sign of death. If the cessation of heartbeat could define death, could the onset of a heartbeat define life? The heart is formed by the 18th day in the womb. If heartbeat was used to define life, then nearly all abortions would be outlawed.

Physicians now use a more rigorous criterion for death: brain wave activity. A flat EEG (electroencephalograph) is one of the most important criteria used to determine death. If the cessation of brain wave activity can define death, could the onset of brain wave activity define life? Individual brain waves are detected in the fetus in about 40-43 days. Using brain wave activity to define life would outlaw at least a majority of abortions.

Opponents to abortion also raise the controversial issue of fetal pain. Does the fetus feel pain during abortion? The evidence seems fairly clear and consistent. Consider this statement made in a British medical journal: "Try sticking an infant with a pin and you know what happens. She opens her mouth to cry and also pulls away. Try sticking an 8-week-old human fetus in the palm of his hand. He opens his mouth and pulls his hand away. A more technical description would add that changes in heart rate and fetal movement also suggest that intrauterine manipulations are painful to the fetus."[\[1\]](#)

Obviously, other medical criteria could be used. For example, the developing fetus has a unique set of fingerprints as well as genetic patterns that make it unique. The development of sonography has provided us with a "window to the womb" showing us that a person is growing and developing in the mother's womb. We can discern eyes, ears, fingers, a nose, and a mouth. Our visual senses tell us this is a baby growing and maturing. This is not a piece of protoplasm; this is a baby inside the womb.

The point is simple. *Medical science leads to a pro-life perspective rather than a pro-choice perspective.* If medical science can be used at all to draw a line, the clearest line is at the moment of conception. Medical arguments provide a strong case against abortion and for life.

Legal Arguments Against Abortion

At this point in our discussion, we need to look at legal arguments against abortion.

The best legal argument against abortion can be seen in the case of *Roe v. Wade*. It violated standard legal reasoning. The Supreme Court decided not to decide when life begins and then turned around and overturned the laws of 50 different states.

Most of the Supreme Court's verdict rested upon two sentences. "We need not resolve the difficult question of when life begins. When those trained in the respective disciplines of medicine, philosophy, and theology are unable to arrive at any consensus, the judiciary, at this point in the development of man's knowledge, is not in a position to speculate as to an answer."

Although the sentences sounded both innocuous and unpretentious, they were neither. The Supreme Court's non-decision was not innocuous. It overturned state laws that protected the unborn and has resulted in over 30 million abortions (roughly the population of Canada) in the United States.

The decision also seems unpretentious by acknowledging that it did not know when life begins. But if the Court did not know, then it should have acted "as if" life was in the womb. A crucial role of government is to protect life. Government cannot remove a segment of the human population from its protection without adequate justification.

The burden of proof should lie with the life-taker, and the benefit of the doubt should be with the life-saver. Put another way: "when in doubt, don't." A hunter who hears rustling in the bushes shouldn't fire until he knows what is in the bushes. Likewise, a Court which doesn't know when life begins, should not declare open season on the unborn.

The burden of proof in law is on the prosecution. The benefit of doubt is with the defense. This is also known as a presumption of innocence. The defendant is assumed to be innocent unless proven guilty. Again the burden of proof is on the entity that would take away life or liberty. The benefit of the doubt lies with the defense.

The Supreme Court clearly stated that it does not know when life begins and then violated the very spirit of this legal principle by acting as if it just proved that no life existed in the womb. Even more curious was the fact that to do so, it had to ignore the religious community and international community on the subject of the unborn.

Had the religious community really failed to reach a consensus? Although there were some intramural disagreements, certainly the weight of evidence indicated that a Western culture founded on Judeo-Christian values held abortion to be morally wrong. People with widely divergent theological perspectives (Jewish, Catholic, evangelical and fundamental Protestants) shared a common agreement about the humanity of the unborn.

The same could be said about the international legal community. Physicians around the world subscribed to the Hippocratic Oath ("I will not give a woman a pessary to produce abortion"). The unborn were protected by various international documents like the Declaration of Geneva and the U.N. Declaration of the Rights of the Child.

Just as there are solid medical arguments against abortion, so also there are legal arguments against abortion. *Roe vs. Wade* was a bad decision that needs to be overturned.

Philosophical Arguments Against Abortion

Finally, we will conclude our discussion by looking at philosophical arguments against abortion.

A third set of arguments against abortion would be philosophical arguments. A key philosophical question is where do you draw the line? Put another way, when does a human being become a person?

The Supreme Court's decision of *Roe v. Wade* separated personhood from humanity. In other words, the judges argued that a developing fetus was a human (i.e., a member of the species *Homo sapiens*) but not a person. Since only persons are given 14th Amendment protection under the Constitution, the Court argued that abortion could be legal at certain times. This left to doctors, parents, or even other judges the responsibility of arbitrarily deciding when personhood should be awarded to human beings.

The Supreme Court's cleavage of personhood and humanity made the ethical slide down society's slippery slope inevitable. Once the Court allowed people to start drawing lines, some drew them in unexpected ways and effectively opened the door for infanticide and euthanasia.

The Court, in the tradition of previous line-drawers, opted for biological criteria in their definition of a "person" in *Roe v. Wade*. In the past, such criteria as implantation or quickening had been suggested. The Court chose the idea of viability and allowed for the possibility that states could outlaw abortions performed after a child was viable. But viability was an arbitrary criterion, and there was no biological reason why the line had to be drawn near the early stages of development. The line, for example, could be drawn much later.

Ethicist Paul Ramsey frequently warned that any argument for abortion could logically be also used as an argument for infanticide. As if to illustrate this, Dr. Francis Crick, of DNA fame, demonstrated that he was less concerned about the ethics of such logical extensions and proposed a more radical definition of personhood. He suggested in the British journal

Nature that if “a child were considered to be legally born when two days old, it could be examined to see whether it was an ‘acceptable member of human society.’” Obviously this is not only an argument for abortion; it’s an argument for infanticide.

Other line-drawers have suggested a cultural criterion for personhood. Ashley Montagu, for example, stated, “A newborn baby is not truly human until he or she is molded by cultural influences later.” Again, this is more than just an argument for abortion. It is also an argument for infanticide.

More recently some line-drawers have focused on a mental criterion for personhood. Dr. Joseph Fletcher argues in his book *Humanhood* that “Humans without some minimum of intelligence or mental capacity are not persons, no matter how many of these organs are active, no matter how spontaneous their living processes are.” This is not only an argument for abortion and infanticide; it’s adequate justification for euthanasia and the potential elimination of those who do not possess a certain IQ. In other writings, Joseph Fletcher suggested that an “individual” was not truly a “person” unless he has an IQ of at least 40.

In conclusion, we can see that there are many good arguments against abortion. Obviously there are a number of biblical arguments against abortion. But there are also medical, legal, and philosophical arguments against abortion. The Bible and logic are on the side of the Christian who wants to stand for the sanctity of human life.

Endnote

1. H.P. Valman and J. F. Pearson, What the Fetus Feels, *British Medical Journal* (26 January 1980): 233-234.

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Note from Kerby Anderson:

So many people ask for more information on abortion; I suggest you check out the Abortion Facts Web site at www.abortionfacts.com.

Adultery

Adultery and Society

The seventh commandment says “Thou shalt not commit adultery.” Nevertheless, this sin has been committed throughout history. Today, though, adultery seems more rampant than ever. While tabloid stories report the affairs of politicians, millionaires, and movie stars, films like “The English Patient,” “The Prince of Tides,” or “The Bridges of Madison Country” feature and even promote adultery.

How prevalent is adultery? Two of the most reliable studies come to similar conclusions. The Janus Report on Sexual Behavior estimates that “More than one-third of men and one-quarter of women admit having had at least one extramarital sexual experience.”^{1} A survey by the National Opinion Research Center (University of Chicago) found lower percentages: 25 percent of men had been unfaithful and 17 percent of women. Even when these lower ratios are applied to the current adult population, that means that some 19 million husbands and 12 million wives have had an affair.^{2}

Whatever the actual numbers, the point to be made is that adultery is much more common than we would like to admit. Family therapist and psychiatrist Frank Pittman believes “There may be as many acts of infidelity in our society as there are traffic accidents.”^{3} He further argues that the fact that adultery has become commonplace has altered

society's perception of it. He says, "We won't go back to the times when adulterers were put in the stocks and publicly humiliated, or become one of those societies and there are many in which adultery is punishable by death. Society in any case is unable to enforce a rule that the majority of people break, and infidelity is so common it is no longer deviant." {4}

Perhaps you are thinking, "This is just a problem with non-Christians in society. It can't be a problem in the church. Certainly the moral standards of Christians are higher." Well, there is growing evidence that adultery is also a problem in Christian circles. An article in a 1997 issue of *Newsweek* magazine noted that various surveys suggest that as many as 30 percent of male Protestant ministers have had sexual relationships with women other than their wives. {5}

The Journal of Pastoral Care in 1993 reported a survey of Southern Baptist pastors in which 14 percent acknowledged they had engaged in "sexual behavior inappropriate to a minister." It also reported that 70 percent had counseled at least one woman who had had intercourse with another minister.

A 1988 survey of nearly 1000 Protestant clergy by *Leadership* magazine found that of the 300 pastors who responded, 12 percent admitted to sexual intercourse outside of marriage, and that 23 percent had done something sexually inappropriate with someone other than their spouse. The researchers also interviewed nearly 1000 subscribers to *Christianity Today* who were not pastors. They found the numbers were nearly double: 45 percent indicated having done something sexually inappropriate, and 23 percent having extramarital intercourse. {6}

Adultery is in society and is now in the church. Next, we'll look at some of the myths surrounding extramarital affairs.

Myths About Adultery

Marital infidelity destroys marriages and families and often leads to divorce. Public sentiment against adultery is actually very strong as approximately eight out of ten of Americans disapprove of adultery.[\[7\]](#)

Yet even though most people consider adultery to be wrong and know that it can be devastating, our society still perpetuates a number of untruths about adultery through a popular mythology about extramarital affairs. At this point we want to examine some of the myths about adultery.

Myth #1: “Adultery is about sex.” Often just the opposite seems the case. When a sexual affair is uncovered, observers often say, “What did he see in her?” or “What did she see in him?” Frequently the sex is better at home, and the marriage partner is at least as attractive as the adulterous partner.

Being pretty, handsome, or sensual is usually not the major issue. Partners in affairs are not usually chosen because they are prettier, more handsome, or sexier. They are chosen for various sorts of strange and nonsexual reasons. Usually the other woman or the other man in an adulterous relationship meets needs the spouse does not meet in the marriage. Dr. Willard Harley lists five primary needs for a man and five primary needs for a woman in his book *His Needs, Her Needs: Building an Affair-Proof Marriage*. He believes that unmet needs, by either partner, are a primary cause of extramarital affairs. He has also found that people wander into these affairs with astonishing regularity, in spite of whatever strong moral or religious convictions they may hold. A lack of fulfillment in one of these basic emotional areas creates a dangerous vacuum in a person’s life. And, unfortunately, many will eventually fill that need outside of marriage.

Frank Pittman, author of the book *Private Lies: Infidelity and the Betrayal of Intimacy*, found in his own personal study that

many of his patients who had affairs had a good sex life, but came from marriages with little or no intimacy. He concluded that, "Affairs were thus three times more likely to be the pursuit of a buddy than the pursuit of a better orgasm." {8}

Sex may not be involved in some affairs. The relationship may be merely an emotional liaison. Counselor Bonnie Weil warns that these so-called "affairs of the heart can be even more treacherous than the purely physical kind. Women, particularly, are inclined to leave their husbands when they feel a strong emotional bond with another man." {9}

Myth #2: "Adultery is about character." In the past, society looked down on alcoholics as having weak character because of their problem. Now we see it as an addiction or even a disease. While that doesn't excuse the behavior, we can see that can't be merely labeled as bad character.

There is growing psychological evidence that adulterous behavior in parents dramatically affects children when they reach adulthood. Just as divorce in a family influences the likelihood of the adult children to consider divorce, adulterous behavior by parents seems to beget similar behavior by their offspring. Is this not one more example of the biblical teaching that the sins of one generation being visited upon the next?

Myth #3: "Adultery is therapeutic." Some of the psychology books and women's magazines circulating through our culture promote extra-marital affairs as positive. This myth that an affair can revive a dull marriage is a devastating lie. Depending on which source you are reading, an affair will: make you a better lover, help you with your mid-life crisis, bring joy into your life, or even bring excitement back into your marriage. Nothing could be further from the truth. An affair might give you more sex, but it could also give you a sexually transmitted disease. It might bring your marriage more excitement, if you consider divorce court exciting.

Remember that adultery results in divorce 65 percent of the time. "For most people and most marriages, infidelity is dangerous."[\[10\]](#)

Myth #4: "Adultery is harmless." Movies are just one venue in which adultery has been promoted positively. *The English Patient* received twelve Oscar nominations including best picture of the year for its depiction of an adulterous relationship between a handsome count and the English-born wife of his colleague. *The Bridges of Madison County* relates the story of an Iowa farmer's wife who has a brief extra-marital affair with a *National Geographic* photographer that supposedly helped re-energize her marriage. *The Prince of Tides* received seven Oscar nominations and shows a married therapist bedding down her also-married patient.

Notice the euphemisms society has developed over the years to excuse or soften the perception of adultery. Many are not repeatable, but ones that are include: *fooling around, sleeping around, flings, affairs, and dalliances*. These and many other phrases perpetuate the notion the adultery is guilt-free and hurts no one. Some have even suggested that it's just a recreational activity like playing softball or going to the movies. Well, don't pass the popcorn, please.

Forbidden sex is an addiction that can—and usually does—have devastating consequences to an individual and a family. Adultery shatters trust, intimacy, and self-esteem. It breaks up families, ruins careers, and leaves a trail of pain and destruction in its path. This potential legacy of emotional pain for one's children should be enough to make a person stop and count the costs before it's too late.

Even when affairs are never exposed, emotional costs are involved. For example, adulterous mates deprive their spouses of energy and intimacy that should go into the marriage. They deceive their marriage partners and become dishonest about their feelings and actions. As Frank Pittman says, "The

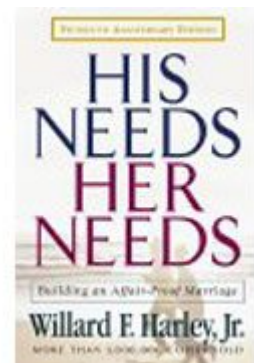
infidelity is not in the sex, necessarily, but in the secrecy. It isn't whom you lie with. It's whom you lie to." [\[11\]](#) 1

Myth #5: "Adultery has to end in divorce." Only about 35 percent of couples remain together after the discovery of an adulterous affair; the other 65 percent divorce. Perhaps nothing can destroy a marriage faster than marital infidelity.

The good news is that it doesn't have to be that way. One counselor claims that 98 percent of the couples she treats remain together after counseling. Granted this success rate is not easy to achieve and requires immediate moral choices and forgiveness, but it does demonstrate that adultery does not have to end in divorce.

Preventing Adultery: Her Needs

How can a couple prevent adultery? Dr. Willard Harley in his book *His Needs, Her Needs: Building an Affair-Proof Marriage* provides some answers. He has found that marriages that fail to meet a spouse's needs are more vulnerable to an extramarital affair. Often the failure of men and women to meet each other's needs is



due to a lack of knowledge rather than a selfish unwillingness to be considerate. Meeting these needs is critically important because in marriages that fail to meet needs, it is striking and alarming how consistently married people seek to satisfy their unmet needs through an extramarital affair. If any of a spouse's five basic needs goes unmet, that spouse becomes vulnerable to the temptation of an affair.

First, let's look at the five needs of a wife. The first need is for *affection*. To most women affection symbolizes security, protection, comfort, and approval. When a husband shows his wife affection, he sends the following messages: (1) I'll take

care of you and protect you; (2) I'm concerned about the problems you face, and I am with you; (3) I think you've done a good job, and I'm so proud of you.

Men need to understand how strongly women need these affirmations. For the typical wife, there can hardly be enough of them. A hug can communicate all of the affirmations of the previous paragraph. But, affection can be shown in many ways such as: kisses, cards, flowers, dinners out, opening the car door, holding hands, walks after dinner, back rubs, phone calls—there are a thousand ways to say “I love you.” From a woman's point of view, affection is the essential cement of her relationship with a man.

The second need is *conversation*. Wives need their husbands to talk to them and to listen to them; they need lots of two-way conversation. In their dating life prior to marriage, most couples spent time time showing each other affection and talking. This shouldn't be dropped after the wedding. When two people get married, each partner has a right to expect the same loving care and attention that prevailed during courtship to continue after the wedding. The man who takes time to talk to a woman will have an inside track to her heart.

The third need is *honesty and openness*. A wife needs to trust her husband totally. A sense of security is the common thread woven through all of a woman's five basic needs. If a husband does not keep up honest and open communication with his wife, he undermines her trust and eventually destroys her security. To feel secure, a wife must trust her husband to give her accurate information about his past, the present, and the future. If she can't trust the signals he sends, she has no foundation on which to build a solid relationship. Instead of adjusting to him, she always feels off balance; instead of growing toward him, she grows away from him.

Financial commitment is a fourth need a wife experiences. She needs enough money to live comfortably: she needs financial

support. No matter how successful a career a woman might have, she usually wants her husband to earn enough money to allow her to feel supported and to feel cared for.

The fifth need is *family commitment*. A wife needs her husband to be a good father and have a family commitment. The vast majority of women who get married have a powerful instinct to create a home and have children. Above all, wives want their husbands to take a leadership role in the family and to commit themselves to the moral and educational development of their children.

Preventing Adultery: His Needs

Now, let's look at the five needs husbands have. The first is *sexual fulfillment*. The typical wife doesn't understand her husband's deep need for sex anymore than the typical husband understands his wife's deep need for affection. But these two ingredients can work very closely together in a happy, fulfilled marriage. Sex can come naturally and often, if there is enough affection.

The second need for a man is *recreational companionship*. He needs her to be his playmate. It is not uncommon for women, when they are single, to join men in pursuing their interests. They find themselves hunting, fishing, playing football, and watching sports and movies they would never have chosen on their own.

After marriage wives often try to interest their husbands in activities more to their own liking. If their attempts fail, they may encourage their husbands to continue their recreational activities without them. But this option is very dangerous to a marriage, because men place surprising importance on having their wives as recreational companions. Among the five basic male needs, spending recreational time with his wife is second only to sex for the typical husband.

A husband's third need is *an attractive spouse*. A man needs a wife who looks good to him. Dr. Harley states that in sexual relationships most men find it nearly impossible to appreciate a woman for her inner qualities alone—there must be more. A man's need for physical attractiveness in a mate is profound.

The fourth need for a man is *domestic support*. He needs peace and quiet. So deep is a husband's need for domestic support from his wife that he often fantasizes about how she will greet him lovingly and pleasantly at the door, about well-behaved children who likewise act glad to see him and welcome him to the comfort of a well-maintained home.

The fantasy continues as his wife urges him to sit down and relax before taking part in a tasty dinner. Later the family goes out for an evening stroll, and he returns to put the children to bed with no hassle or fuss. Then he and his wife relax, talk together, and perhaps watch a little television until they retire at a reasonable hour to love each other. Wives may chuckle at this scenario, but this vision is quite common in the fantasy lives of many men. The male need for his wife to "take care of things"—especially him—is widespread, persistent, and deep.

The fifth need is *admiration*. He needs her to be proud of him. Wives need to learn how to express the admiration they already feel for their husbands instead of pressuring them to greater achievements. Honest admiration is a great motivator for men. When a woman tells a man she thinks he's wonderful, that inspires him to achieve more. He sees himself capable of handling new responsibilities and perfecting skills far above those of his present level.

If any of a spouse's five basic needs go unmet, that person becomes vulnerable to the temptation of an affair. Therefore, the best way to prevent adultery is to meet the needs of your spouse and make your marriage strong.

Notes

1. Samuel Janus and Cynthia Janus, *The Janus Report on Sexual Behavior* (New York: John Wiley and Sons, 1993), 169.
2. Joannie Schrof, "Adultery in America," *U.S. News and World Report*, 31 Aug. 1998, 31.
3. Frank Pittman, *Private Lies: Infidelity and the Betrayal of Intimacy* (New York: Norton, 1989), 117.
4. *Ibid.*, 13.
5. Kenneth Woodward, "Sex, Morality and the Protestant Minister," *Newsweek* (28 July 1997), 62.
6. "How Common Is Pastoral Indiscretion?" *Leadership* (Winter 1988), 12.
7. In this poll Americans were asked: "What is your opinion about a married person having sexual relations with someone other than his or her spouse? Their answers: 79% answered "always wrong" and another 11% answered "almost always wrong." Cited in "Attitudes on Adultery," USA Today/CNN/Gallup Poll, 1997.
8. Pittman, 122.
9. Bonnie Eaker Weil, *Adultery: The Forgivable Sin* (Norwalk, Conn.: Hastings House, 1994), 9.
10. Pittman, 37.
11. *Ibid.*, 53.

Same Sex Marriage: A Facade of Normalcy

Sue Bohlin takes a look at the arguments for same sex marriage and finds them lacking from a Christian, biblical worldview perspective. She explains that those pushing for same sex marriage have redefined it into something it never was and was never intended to be.

What's Marriage For?

In any discussion on same sex marriage, we need to start at the beginning: What is marriage is for, anyway? Marriage begins a family. The family is the basic building block of society. It has always been this way from Adam and Eve down to today.

Man did not invent marriage; God did. He invented and ordained marriage as the foundation for all human society when He gave Eve to Adam and pronounced them man and wife. Marriage is one of those institutions that is found in every human culture. Across the globe and across the ages, marriage has always been defined the same way: one man and one woman in a committed relationship, providing a safe place to bear and raise children. I would suggest that since this pattern for marriage applies to all cultures and all times, this indicates that God is its inventor and creator. It's such an intrinsic part of the way we relate to each other that even those who have lost track of the story of the true God (the non-Judeo-Christian cultures) still practice marriage according to the pattern God designed: one man and one woman in a committed relationship, providing a safe place to bear and raise children.

God has woven "marriage into human nature so that it serves two primary purposes throughout all societies."^[1] The first is the way men and women were created to complement each

other. Marriage balances the strengths and weaknesses of masculinity and femininity. Women help civilize men and channel their sexual energy in productive rather than destructive ways. Men protect and provide for women—and any children they produce together.

Marriage is built on a basic building block of humanity—that we exist as male and female. The strong benefit of marriage as God intended it is that males and females are designed with profound and wonderful differences, and these differences are coordinated in marriage so that each contributes what the other lacks.[\[2\]](#)

The second purpose of marriage is producing, protecting, and providing for children. Marriage ensures that children have the benefits of both mother and father. Each gender makes a unique and important contribution to children's development and emotional health, and marriage provides the best possible environment for children to thrive as they enjoy the benefits of masculinity and femininity.

Those who are pushing for same sex marriage don't see marriage this way. They seek to redefine it as a way to get society's stamp of approval on their sexual and emotional relationships, and a way to secure financial and other benefits. Both of these reasons are about the adults, not about children. Both reasons are driven by the philosophy of "How can I get what I want? How can I be happy?" It's a very self-centered movement.

Many homosexuals want the right to marry only because it confers society's ultimate stamp of approval on a sexual relationship—*not* because they want to participate in the institution of marriage.

Why Same Sex Relationships Are Wrong

Let's look at several reasons (though not an exhaustive list by any means) that same sex relationships are wrong.

First, homosexuality is an attempt to meet legitimate needs in illegitimate, ungodly ways. We all have God-given heart hungers to feel loved and known and validated—to feel that we matter. God intends for us to have those needs met first by our parents and then by our peers, but sometimes something goes wrong. People find themselves walking around with a gaping, aching hole in their souls, longing to make the connections that didn't happen when they were supposed to, earlier in their lives. From both the women and the men that I know who are dealing with unwanted homosexuality, I hear the same thing: "I just want to be held, I just want to be known, I just want to be special to someone." But turning to homosexual or lesbian relationships to get those needs met is not God's intention for us.

Second, same sex relationships are outside of (and fall far short of) God's created intention for sex. God made us male and female, designed to complement each other physically, emotionally, and spiritually. Two men or two women coming together can never live out God's intent for His creation. The biology of our gender shows us that same sex relationships don't work, but opposite sex relationships do. It is unwise to ignore the obvious about how the pieces fit, or don't fit, as the case may be.

Third, marriage is an earthbound illustration of the mystery of Christ and the church.^{3} There is a mystical unity of two very different, very *other* beings coming together as one. Only the profound differences of man and woman display this mystery. "If the man represents Christ and the woman represents the church, then a male to male partnering would be, in essence, a symbolic partnering of God with Himself apart from His people. Likewise, a lesbian relationship would become a symbolic partnering of God's people without Him. Either option is incomplete, unnatural, and abhorrent."^{4}

Fourth, same sex relationships are idolatrous. In Romans 1, Paul describes the downward spiral of people who worship the

creature instead of the Creator. When God says intimate relationships with people of the same sex are forbidden, and people insist on pursuing them anyway, they have elevated something else to the position of a god. It could be the other person, or sexual pleasure, or even just one's own feelings, but all these things become idols because they are more important than anything else, including God.

Homosexual and lesbian relationships are wrong because God designed us for something far better. The nature of the gospel is to bring transformation to every aspect of a believer's life, and many people have discovered the "something better." (See my article, "[Can Homosexuals Change?](#)")

The Differences Between Heterosexual and Homosexual Relationships

Sometimes you hear gays or lesbians say, "We're just like anybody else. We have two kids, a dog, a mortgage, and we worry about the economy. We just don't want anybody telling us who we can love." My friend Brady, who used to be part of that gay sub-culture, calls the homosexual lifestyle "a façade of normalcy." And it is *only* a façade.

Consider the huge variance in the stability of relationships. Despite a high divorce rate, 57% of heterosexual marriages last over twenty years.[{5}](#) The average length of homosexual relationships is two to three years.[{6}](#) Only 5% of them last 20 years.[{7}](#)

And consider the issue of promiscuity. In heterosexual marriages, over three-fourths of the men and 88% of the women remain faithful to their marriage vows.[{8}](#) Most sexually active gay men are promiscuous, engaging hundreds of sexual partners over a lifetime.[{9}](#)

The concept of a committed relationship is very different for

the two groups. Most heterosexual couples are faithful and stable. When homosexual men are in what they call a "committed" relationship, this usually includes three to five outside partners each year.[{10}](#) Rev. Troy Perry, founder of the Metropolitan Community Church, told the *Dallas Morning News*, "Monogamy is not a word the gay community uses. . . . We talk about fidelity. That means you live in a loving, caring, honest relationship with your partner. Because we can't marry, we have people with widely varying opinions as to what that means. Some would say that committed couples could have multiple sexual partners as long as there's no deception. Each couple has to decide."[{11}](#)

In Holland, which legalized gay marriage in 2001, the average is eight outside partners.[{12}](#) One study of gay men who had been together for over five years could not find one single monogamous relationship.[{13}](#) Not one!

Women in lesbian relationships often stay together not because they want to, but because they're stuck financially and emotionally. "I heard one speaker say at a Love Won Out conference, "We don't have partners, we have prisoners." Of course, that's not universally true, but over the years of walking toward Jesus with women who were no longer in lesbian partnerships, I have heard over and over, "We didn't know how to do life apart from each other."

Heterosexuals live longer, happier lives. Sexually active homosexual men live a dangerous and destructive lifestyle. They are at huge risk for contracting AIDS, and run a much higher risk of sexually transmitted diseases than straight men. The gay community experiences three times more alcoholism and drug abuse,[{14}](#) and much more promiscuity and domestic violence than the straight world.[{15}](#) Gay men can expect to live twenty years less than their straight neighbors.[{16}](#)

And finally, a home with a mom and a dad is the best possible place for children. Homosexual parents put kids at risk. The

American College of Pediatrics discovered that children raised by gay parents tend to be more dissatisfied with their own gender, suffer a greater rate of molestation in the family, have homosexual experiences more often, and are encouraged to experiment in dangerous, destructive lifestyle choices.[{17}](#)

Please hear me: We're commenting on the extremely high-risk *behavior* that is part and parcel of a homosexual lifestyle. That's not the same thing as condemning the *people* who engage in it. A homosexual lifestyle *is* a façade of normalcy, but it can be changed.

Answering Arguments for Same Sex Marriage

Let's look at several arguments being offered for same sex marriage.

The first is that marriage will encourage faithfulness and stability in volatile homosexual relationships. But the nature of homosexual and lesbian relationships is broken to begin with. Two broken people will not create a whole, healthy relationship. The best description I've ever heard of same sex relationships is "one broken little boy looking for his daddy, connecting with another broken little boy, looking for *his* daddy." And the same is true of women. Neither a marriage license, nor the approval of society, can fix the nature of a relationship that is irretrievably broken at its core.

Another argument is that we need same sex marriage to insure hospital visitation. But it's the patient who decides. If he appoints his partner as a health-care proxy, even if he's in a coma that document will insure access to the hospital. We don't need marriage for that. It's a smokescreen.

A third argument is that we need same sex marriage to insure survivorship benefits. But that's what a will is for. You don't need marriage for that.

Some say that we need same sex marriage for Social Security benefits. This is an interesting argument, since Social Security benefits were created to address the financial inequity of father as breadwinner and mother as stay-at-home caregiver. Homosexual relationships are usually two-incomes. It's very rare to have one stay-at-home caregiver of the kids, since homosexual relationships do not and cannot produce children naturally. When they do, they are borrowing from God's plan for creating families.

Then there's the discrimination argument. There are really two issues that fall under this argument: *denied liberties* and *denied benefits*.

Concerning the issue of denying the liberty to marry, this argument doesn't hold water. Any person can marry whoever he or she pleases, with certain restrictions that are true for everyone. You can't marry a child, a close blood relative, a person who is already married, or a person of the same sex. These restrictions apply equally to everyone; there is no discrimination here. The problem is, some people don't like the restrictions.

True discrimination functions against an unchangeable identity, such as gender or color. Homosexuality is a lifestyle, a chosen behavior. Even sexual orientation is changeable. It's not easy, but it *is* possible.

The other issue of discrimination is denied benefits. But benefits are granted to families because society has an interest in providing a safe place for children to grow up and be nurtured. So the government provides child-oriented benefits such as inheritance rights and tax relief to ease the financial burden of children. Insurance policies and Social Security benefits provide for the money gap between wage-earner and caregiver. These benefits are inherent to *families*. The essence of marriage is about building families. Homosexual relationships cannot build families legitimately. They have to

borrow from heterosexual relationships or technology to create children.

Final Points to Consider

Joe Dallas draws on his wisdom and experience as a former homosexual to address the issue of same sex marriage in his book *When Homosexuality Hits Home*. He provides some excellent points to consider about this subject.[\[18\]](#)

We can recognize that people genuinely love each other, and we can respect their right to form a partnership, even if we disagree with the nature of their partnership. We can say a relationship is wrong without disrespecting or condemning the people in that relationship.

For example, look at the relationship between Spencer Tracy and Katharine Hepburn. Tracy was a married man when he met and fell in love with her. For decades they had a deeply committed and affectionate relationship although they never married. Note two glaring and conflicting facts about their relationship: it was adulterous, and therefore wrong, and they truly loved each other. You can find a number of good things about their relationship, such as the way they respected each other and cared deeply for each other and seemed to be good for each other. When we say it was morally wrong, this does not deny the good things about their relationship. But to recognize the good things does not change the fact that it was morally wrong. The two are not mutually exclusive.

With gay or lesbian couples, we can acknowledge that there may, indeed, be deep love and commitment to each other. After all, humans have an amazing God-given capacity to love—even outside the bounds of His design and commands. But God cannot and does not sanction homosexual relationships, so we cannot either. We can respect those involved without capitulating to their demands.

Redefining marriage is especially unacceptable to Christians, since it is spelled out in both Testaments as a type of God's relationship with His people. In the Old Testament, God is portrayed as the husband of the nation of Israel, and in the New Testament, Jesus is the bridegroom of the Church. Marriage is far more than a social construct that provides for the creation of new families. It is a living parable that helps us to understand the dynamic, mysterious relationship between God and His people. How can we redefine something that has such a deep, spiritual meaning? Even if that were not part of the equation, we would still need to deal with the truth that marriage was created by God, and we do not have the right to tinker with His creation.

The problem with same sex marriage is that it doesn't work, it doesn't fit, and it is an attempt to make right something that is intrinsically, irretrievably wrong. God created us in His image as both male and female, and intends that His full image be expressed as men and women come together in designed complementarity. This is impossible in same sex marriage.

Notes

1. Glenn T. Stanton and Dr. Bill Maier, *Marriage on Trial* (Downers Grove, IL: InterVarsity Press, 2004), 22.
2. Stanton and Maier, 24.
3. Ephesians 5:22-32.
4. Joe Dallas, *When Homosexuality Hits Home* (Eugene, OR: Harvest House, 2004), 164-165.
5. Rose M. Kreider and Jason M. Fields, "Number, Timing, and Duration of Marriages and Divorces: 1996" *Current Population Reports*, P70-80, U.S. Census Bureau, Washington, D.C. (February 2002): 5.
6. M. Saghir and E. Robins, *Male and Female Homosexuality* (Baltimore: Williams and Wilkins, 1973): 225; L. A. Peplau and H. Amaro, "Understanding Lesbian Relationships," in *Homosexuality Social, Psychological, and Biological Issues*, ed. J. Weinrich and W. Paul (Beverly Hills: Sage, 1982).

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10. David H. Demo, et al., editors, *Handbook of Family Diversity* (New York: Oxford University Press, 2000): 73.
11. *Dallas Morning News*, July 5, 2003.
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16. Robert S. Hogg et al., "Modeling the Impact of HIV Disease on Mortality in Gay and Bisexual Men," *International Journal of Epidemiology* 26 (1997): 657.
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18. Dallas, p. 162-165.

See Also:

- [Can Homosexuals Change?](#)
- [Did Phil Get It Wrong? Is Homosexuality Sin?](#)
 - [Homosexual Myths](#)
 - [Homosexuality: Questions and Answers](#)
 - [Homosexual Theology](#)
- [When Someone In Your Congregation Says "I'm Gay" \(Pastors' Brochure\)](#)

[And also our answers to e-mails about homosexuality issues](#)

Can Homosexuals Change? – A Christian View of Homosexuality

Sue Bohlin looks at the real evidence showing people who have changed from homosexuality. From a Christian perspective, Sue presents some proven paths to recovery from homosexual thoughts and practice. When we let Christ begin to heal our underlying hurts and feelings of inadequacy, it is truly possible to experience a fundamental change.

Is It Possible for Homosexuals to Change?

Mike{1} was marching in a Gay Pride parade when God got a hold of him. He had been high for four days and his "buzz" suddenly evaporated as he heard a voice in his head say, "You don't have to live like this." He knew beyond a shadow of a doubt

that it was God offering him a way out. He put down his Gay Pride sign, left the parade, sat down in a nearby stairwell, and repented of his rebellion. He gave his heart to Jesus Christ and starting walking out of homosexuality that day. Today, several years later, he is married with a child, and living a very different kind of life. Not just on the outside; his heart was changed from the inside out.

Paul was on a self-destructive path of drug and alcohol abuse and homosexual activity. When he told his mother he was gay, she threw him out of the house, and the only place he could find belonging, safety, and identity was the gay community. As he spent more and more time “escaping” the pain in his life through sex and alcohol, he began to realize how bad his life was. He wanted to die but God had something else in mind.

Paul was invited to a Bible study where he met a man who had left the gay lifestyle and was living a changed life. For the first time he honestly called out and said, “God, please help me.”

One of his friends became a Christian. He asked her about homosexuality and was angered by her initial response. She said, “I now believe it is a sin—but God wouldn’t call it a sin if there weren’t something better.” Paul eventually realized that he was a sinner who needed God’s love and grace, and in 1992 he trusted Christ as his Savior. Two months later, he was led to an organization that helps people deal with unwanted homosexuality through an intimate relationship with Jesus Christ. He left his homosexual identity behind and embraced his true identity as a child of God, committed to holiness and purity. Paul is now director of that ministry and is helping others walk out of homosexuality. He’s not perfect, he’s still growing . . . just like me and every other Christian I know. But the “something better” God had in mind for him is an intimacy with Christ that is breathtaking.

Randy brings glory to God every day of his life by living out

the abiding truth that change is possible.

Stories of Women

Carol grew up in a religious home with parents whose standards were too strict to allow her to please them. But she was smart, and a good student, and her teachers gave her the affirmation and encouragement her heart longed for. She developed very strong bonds with her teachers, some of which became profound emotional dependencies.

In graduate school, she was hit by the unexpected pain of loneliness and emptiness. Carol got into an intense relationship with a married woman, facing completely new temptations. She was totally unprepared to resist the strength of same-gender attraction, and quickly found herself emotionally and physically involved in a relationship she couldn't believe was happening. Now she was not only emotionally needy, she was shackled by deep shame, woundedness, and guilt.

A friend told her about a ministry to those dealing with same-sex attraction, and it was like finding a door to another world. Through the support she found there, Carol was challenged to identify the lies of Satan which she had believed her whole life and replace them with the truth of Scripture. God is renewing her mind, meeting her deep heart-needs, and bringing her to a place of freedom and hope.

Diane's story is different. She spent eighteen years in a committed lesbian relationship with another woman she believed to be her soul-mate. They went through a commitment ceremony in a gay church, and raised a daughter together. She enjoyed a position of leadership as a bright and articulate spokesperson for a gay church.

Through all those years, Diane's mother was steadfast in three things. She loved Diane unconditionally. She never backed down

about her belief that her daughter's lifestyle was sinful because God says it's wrong. And third, she prayed faithfully for her daughter.

Diane and her partner sought the Lord about everything except their sexuality. At one point, they were praying together for wisdom and truth about a situation that had nothing to do with their relationship. God answered their prayer in an unexpected way; He showed them the truth about the sinful nature of their relationship. It was a terribly painful and unwelcome discovery to learn that they had been deceived. Together, they decided out of obedience to God to separate and break off their relationship. It's still painful, even as Diane experiences God's healing touch in the deepest parts of her wounded soul. He's changing Diane and Carol from the inside out.

Three Claims for Change

Some people deal with same-sex attraction by pretending it's not there. Denial is unfortunately the time-honored "Christian" response. But this is not the way God wants us to deal with problems; Psalm 51:6 says, "Surely you desire truth in my inmost parts." Acknowledging one has a homosexual orientation is like seeing the red light on your car's dashboard; it means something is wrong somewhere. A homosexual orientation isn't the actual problem; it's the symptom of a deeper issue—legitimate, God-given needs for relationship and intimacy that have been channeled in unhealthy and sinful directions.

But it is not a simple matter, and it would be disrespectful to imply that there is an easy solution to the complex issue of homosexuality. Among those who claim that change is possible, there are three main schools of thought on how to get there.

The first is the deliverance ministries. They say that

homosexuality is caused by a demon, and if we can just cast out the demon, the problem is gone. Sounds like an easy fix, but it ends up causing even more problems because homosexuality isn't caused by a demon. The person who was "delivered" may experience a temporary emotional high, but the same temptations and thought patterns that plagued him before are going to return because the root issue wasn't dealt with. Only now, he's burdened by the false guilt of thinking he did something wrong or that he's not good enough for God to "fix" him.

A second and more effective treatment for homosexuality is reparative therapy. There is a lot of wisdom to be found here because many therapists believe that homosexuality has its roots in hurtful relationship patterns, especially with family members, and many homosexual men and women report exactly that. But reparative therapy is often just behavior modification, and it deals only with the flesh, that part of us independent of God. Reparative therapy can make people feel better, but it can't bring true inner healing.

The third, and I believe best, way to bring about real and lasting change is a redemptive approach. Ministries that disciple men and women in intimate relationship with Jesus Christ are able to lead them into inner healing because God transforms His people. It's excruciatingly difficult to leave homosexuality without support. Fortunately, even for people who do not live in an area where there is a ministry tailored for those dealing with unwanted homosexuality, there are online support forums that can be almost as powerful as face-to-face groups. I especially recommend Living Hope Ministries' online support groups at www.livehope.org. There are also some wonderful books available, particularly *Coming Out of Homosexuality* by Bob Davies, and *Someone I Love is Gay* by Anita Worthen and Bob Davies. Another excellent book is *You Don't Have to Be Gay* by Jeff Konrad for men and *Restoring Sexual Identity* by Anne Paulk for women. My all-time favorite

author on this topic is [Joe Dallas](#); anything he writes is exceptionally good. But discipleship is hard work, and there is no simple and easy fix.

The Path to True Change

The most effective route to real, lasting change for those caught in same-gender attraction is a redemptive approach. This means discipleship, being taught and encouraged and held accountable to develop intimacy with Christ. Interestingly, it doesn't seem to matter what the particular stronghold is in a person's life—whether it be homosexuality, gluttony, drug dependency, compulsive gambling or shopping, alcoholism, sexual addiction, or any other stronghold—the most effective solution is the same: intimacy with Christ.

True discipleship is hard work. And God even gives us the energy for discipleship! But it takes tremendous self-discipline to choose to operate in the Spirit instead of in our own flesh, to depend on God's strength instead of our own. The real battle is in the mind.

The steps to overcoming homosexuality also apply to overcoming any stronghold.

First, the person has to stop the sinful behavior. It's best to ask for God's help. This is no different from the requirement for any drug or alcohol abuse treatment. You can't work on a problem when you're still totally controlled by it.

The second step is to work on learning what the Bible says about who you are in Christ. Just as people learning to identify counterfeit money examine real currency so they can spot the fakes, the struggler needs to fill their mind with God's Word so they can enter into their true identity as a beloved, valuable child of God.

The third step is working on the thought life, since this is where the battle is. It's important to identify Satan's lies

playing as tapes in one's head, and stop the tape player! Then, deliberately replace the lies with the truth. Instead of "I'm never going to change," repeat the truthful promise that "I can do all things through Christ who strengthens me" (Phil. 4:13). Instead of obsessing over the aching and longing for the unhealthy and sinful behavior or relationship, fill your mind with praise and worship and Scripture.

Next, face the fact that it feels lousy! When we stop trying to meet our needs in our own ways, we start experiencing the emotional pain that our strongholds had covered up. When it feels really really bad, we are at that very point where God can make the biggest difference. Ask, *What is my true need?* What is it my heart is truly longing for? Go to Jesus and let Him meet your deepest heart-needs. Let Him direct you to get your divinely-designed needs for relationship with other people met in godly ways.

This is where powerful healing happens.

Ex-Ex-gays

For the last several years, people who had left homosexuality have slowly but surely gained a hearing in telling their stories. Word is getting out: change is possible!

And there are also the voices of the frustrated and disillusioned souls who tried to leave homosexuality, who tried to change, and gave up. There's even a name for it: "Ex ex-gays." Their stories are full of tremendous pain, and some have even lost their faith over it. What happened?

Well, I think the same thing that happened to people who tried AA but couldn't stop drinking, or those who tried Weigh Down Workshop but couldn't lose weight. I have a friend who was in Weigh Down Workshop, and it didn't do a thing for her. The problem is, she never made the commitment to "die to self," to use an old spiritual term^{2}. She never got to the point of

saying, "Jesus, I choose You over food. I choose a holy relationship with You over an unhealthy relationship with my appetite. And I will do whatever it takes to allow You to change my heart."

Many people who tried to change their homosexuality could win contests for praying and reading their Bibles. They really did try very very hard. But the prayers are often misdirected: "God, change me. Take away my desires. Let me start liking people of the opposite sex." Unfortunately, as well-intentioned as this prayer is, it's a lot like trying to get rid of dandelions in your back yard by mowing them. They keep coming back because you're not dealing with their roots. The basic cause of a homosexual orientation isn't genetics or choice; it's a wrong response to being hurt. It's about protecting oneself and trying to get legitimate needs met in ways God never intended. True change can only happen with the hard work of submitting to God, allowing Him to expose the deep hurts and needs of one's heart, which means facing horrible pain, and inviting Him to bring healing to those wounded places. That's why intimacy with Christ is the answer. A wise friend observed that homosexuality is the fruit of sinful ways of dealing with pain—sinful because they cut us off from the One who can heal and meet our needs, sinful because they place us at the center of our universe and we don't belong there. Jesus does.

I hope you can see that real change is hard and it costs a great deal because it requires strong motivation, hard work, and perseverance. But hundreds of former homosexuals have found a large degree of change, attaining abstinence from homosexual behaviors, lessening of homosexual temptations, strengthening their sense of masculine or feminine identity, and correcting distorted styles of relating with members of the same and opposite gender. Some former homosexuals marry and some don't, but marriage is not the measuring stick; spiritual growth and obedience are.

The bottom line is, change is possible.

Notes

1. All names in this article are changed.
2. This term is not actually biblical, but the concept is. See Romans 6.

See Also:

- [Homosexual Myths](#) [Sue Bohlin]
- [Homosexuality: Questions and Answers](#) [Sue Bohlin]
 - [Homosexual Theology](#) [Kerby Anderson]
- [Same Sex Marriage: A Façade of Normalcy](#) [Sue Bohlin]
- [When Someone In Your Congregation Says "I'm Gay"](#) (Pastors' Brochure) [Sue Bohlin]
- [See also "Probe Answers Our E-Mail: Homosexuality"](#)

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Abortion: A Biblical View

Sue Bohlin takes a hard look at abortion from a biblical perspective. Her Christian viewpoint focuses on the Bible's perspective on the source and sanctity of life while understanding the emotions many women face.

Why Abortion is So Volatile

Abortion is one of the most divisive and controversial issues of our day. People generally have strong views about abortion. It is not a social issue of mere preference, but an issue about life and death.

Abortion draws out the clashes between two divergent world views. The humanistic worldview says, "Man is the highest standard there is. You don't answer to anyone, so do whatever you want." The Christian worldview says, "We answer to God, and He has commanded us not to murder. We must always submit our desires and preferences to the authority of His word."

I believe that the *real* reason that we see such emotional, tenacious commitment to the availability of abortion goes even deeper than the issue of abortion: people want sexual freedom without consequences.

Our culture has a definite agenda supporting any and all sexual expression. It's difficult to find a new movie, or a successful TV show, or a popular song, that doesn't embrace this view of sex. When the director of a Crisis Pregnancy Center in Dallas offered a school district a presentation supporting abstinence till marriage, the district turned her down. Their own presentation featured birth control devices, and they couldn't let her talk about self-control one day if they were going to sell the kids on condoms the next.

As a society, we are amazingly schizophrenic about this sort of thing. My son, who was born in 1982, is a *de facto* member of what they're calling the "Smokefree Class of 2000." No one bats an eye at this worthy national goal of graduating an entire class of non-smokers, but people laugh derisively at the thought of kids not having sex. Which is easier to get, a sex partner or a cigarette?

Teenagers are becoming more and more open about the fact that they are having sex, and this is a reflection of the sexual mores they see in movies, on TV, and in music. The whole society is loosening up to the point that people who have chosen to remain chaste are openly ridiculed on Geraldo; the decision of Doogie Howser, a TV hero and role model for young people, Doogie Howser, to lose his virginity is hailed as "responsible sex"; and a couple that *doesn't* live together

before the wedding is asked, "Why not?"

Western civilization has been heading down this path for a long time. With the rise of Humanism during the Renaissance, societies began turning away from God's laws and God's ways. From the Enlightenment sprang a virtual worship of nature. Once nature, not God, became the standard for morality, people started believing that, since humans are a mere product of nature, anything we do naturally is normal, and even good. Sex is natural, sex is powerful, and so it eventually followed that sexual expression was seen as a natural and normal part of all human existence in any circumstances, much on the level of eating and sleeping.

It's no coincidence that the two most heated issues of our day are abortion and homosexuality; underlying both is an insistence on sexual freedom while thumbing one's nose at God and His laws.

Given the sexually charged atmosphere in which we live, it is not surprising that so many people are having sex outside of marriage and getting pregnant. And so abortion is treated like an eraser; people see it as a way to try to get rid of the consequences of their sexual activity. Of course, there are always exceptions; pregnancies do occur as a result of incest and rape. Some women get pregnant because of someone else's sin. But does that make it right to kill the baby that has been conceived?

The Bible's View of the Unborn

Historically, hiding the evidence of sexual activity was the main reason for abortions. One of the early church fathers, Clement of Alexandria, maintained that "those who use abortifacient medicines to hide their fornication cause not only the outright murder of the fetus, but of the whole human race as well."(1)

Pro-choice advocates don't like the use of the word "murder." They maintain that no one really knows when human life begins, and they choose to believe that the idea of personhood at conception is a religious tenet and therefore not valid. It is a human life that is formed at conception. The zygote contains 46 chromosomes, half contributed by each parent, in a unique configuration that has never existed before and never will again. It is not plant life or animal life, nor is it mere tissue like a tumor. From the moment of conception, the new life is genetically different from his or her mother, and is not a part of her body like her tonsils or appendix. This new human being is a separate individual living inside the mother.

The Bible doesn't specifically address the subject of abortion, probably since it is covered in the commandment, "Thou shalt not murder." (Ex. 20:13) But it does give us insight into God's view of the unborn. In the Old Testament, the Hebrew word for the unborn (*yeled*) is the same word used for young children. The Hebrew language did not have or need a separate word for pre-born babies. All children were children regardless of whether they lived inside or outside the womb. In the New Testament, the same word is used to describe the unborn John the Baptist and the already-born baby Jesus. The process of birth just doesn't make any difference concerning a baby's worth or status in the Bible.

We are given some wonderful insights into God's intimate involvement in the development and life of the pre-born infant in Psalm 139:13-16:

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth, your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

All people, regardless of the circumstances of their conception, or whether they are healthy or handicapped, have been personally knit together by God's fingers. He has planned out all the days of the unborn child's life before one of them has happened.

Sometimes you will hear a pro-choice argument that says the Bible does not put the same value on the life of the unborn as on infants, citing an Old Testament passage on personal injury law. Exodus 21:22-25 gives two penalties if fighting men hit a pregnant woman. The first penalty was a fine, and some people conclude from this that an unborn baby doesn't have the same value as a born child. But that penalty was for a situation where nothing serious happened. If there was serious injury, the offender was severely punished with the same injury he inflicted. If the mother or baby died, the offender was to be put to death. This actually shows very eloquently how valuable God considers both the mother and her unborn baby.

Post-Abortion Syndrome

After having an abortion, many women feel a sense of relief at having avoided the stress and responsibility of pregnancy and a baby, but abortions eventually cause serious emotional damage in millions of women.

The American Psychiatric Association has identified abortion as one of the stressor events that can trigger post-traumatic stress disorder (PTSD). Many of us associate PTSD with Vietnam Veterans suffering from the effects of the war; but post-abortion syndrome is a form of PTSD that affects women who have had abortions.

The death of a child is one of the biggest stress points a person can experience in life. Post-abortion syndrome is the emotional stress of not grieving, not letting ourselves feel the pain and suffering that is part of a loss. To be emotional healthy, we all have to grieve through our losses; but what do

you do when society tells you there's nothing to grieve about? If a woman does not recognize her need to grieve for her baby, or if she does not allow it to occur, that emotional pain is going to go *somewhere*. Frequently, following a woman's abortion, she goes into what one CPC counselor described as "self-destruct mode": getting pregnant again, having an affair, punishing herself, and generally showing all the variations that severe depression can take.

Depending on how stressed a woman is, PAS can show up within weeks or months of the abortion, or she can have a delayed reaction to it, typically seven to eight years later. Women experiencing post-abortion syndrome generally feel a confusing and overwhelming sense of guilt. One study reported that 92 percent of women who have had an abortion feel guilt.(2) One woman who is now involved in a post-abortion healing group reports that after her abortion, the memory haunted her. She heard this little voice in her head: "Abortion, abortion; you're a terrible, awful person."(3) For many women, the guilt and shame is expressed through a deep anger—at the doctors and abortion counselors for hurting her and her baby, at her husband, boyfriend, or parents for pressuring her into an abortion, and at herself for getting pregnant and having the abortion.

Many women dealing with the effects of abortion spend a great deal of emotional energy denying the death and denying that what they did was wrong. A woman uses denial to keep herself from coming face to face with the fact that her child was killed and she allowed it to happen. One young woman pleaded with my sister not to leave her alone the day she had an abortion. This hurting teen tried to keep her feelings at bay as she spent the afternoon telling dead baby jokes.

Abortion is not an eraser to rub out a mistake or an inconvenience. It has more than one victim; women as well as their babies are victims of abortions. It is essential that a woman grieve for her baby and face her role in the baby's

death; in fact, women who allow themselves to grieve and understand their need to grieve are not likely to experience post-abortion syndrome. But even more essential is that women who have had abortions accept that there really has been a death, that abortion is sin, and that the Lord Jesus Christ's death covered every wrong they have ever done. No sin—not even abortion—is greater than the power of His blood, and He offers total forgiveness and cleansing to everyone who will come to Him in faith.

The Sawyers' Story

Steve and Tessie Sawyer will never forget Halloween 1990. Tessie was four months pregnant, and her doctor had suggested, "Tess, you're 35 years old; let's do a neurological test on the baby. It's just a simple blood test." Sure, that was fine with Tessie...until the day before Halloween, when the test results came back.

The alpha-fetoprotein test indicated that her blood count was extremely low. Normal was 450, and hers was 120. This test has three parts, and the part that came back so abnormal tested for Down's Syndrome. Neither Steve nor Tessie were the least bit prepared for the staggering news that something might be terribly wrong with their baby.

This baby was a surprise to the Sawyers, who already had two very active little boys and weren't anticipating any more. But, being believers, they knew that God's sense of humor and timing is something to be reckoned with.

Later, they did another alpha-fetoprotein test. Hoping against hope, they waited in anguish for the results to come back to Dallas from the lab in Santa Fe. But the second results were just as abnormal as the first. The doctor informed Steve and Tessie of their option to abort the baby, since there was an almost certain indication that he would be handicapped. But that was never an option for them. The doctors wanted to do

amniocentesis on Tess, but they refused that, too.

At this point, the Sawyers' friends had two different perspectives. Their church friends were wonderfully supportive, both emotionally and in prayer; their unchurched friends questioned them: "Why don't you have an amnio?" Steve and Tessie were delighted, in the midst of their fear, to be able to share their faith that God was the One in control: "It doesn't matter what the test results would be. We're not aborting this baby. There's a risk of miscarriage or early labor with amniocentesis, and five months' peace of mind in exchange for our baby's life just isn't worth it."

At seven months, the doctor did a special, extensive sonogram to measure the baby's femur. Down's Syndrome babies have longer than normal extremities, but the doctor couldn't see anything unusual about the baby's bones. And he couldn't see the baby's face, either. The waiting, and not knowing, went on two more months.

Tessie had a scheduled C-section. As she was being prepped for surgery, it hit her that in a matter of moments, their lives could be changed forever. That kind of fear feels like a cold, hard iceball in your stomach. But Steve and Tessie were trusting God no matter what happened, believing in His love for them and for their baby, believing that He was still in control.

The doctor delivered Lucas Clay Sawyer and turned him over. "He looks perfectly normal," he pronounced cautiously. But sometimes Down's Syndrome takes a while to show up, and for the next 24 hours they ran a lot of tests on Luke. And I'm glad to say that today he is absolutely, positively, the healthiest, most robust, smartest little kid you've ever seen.

All the world's conventional wisdom advised Steve and Tessie, "Your baby is probably not normal. You should seriously consider abortion." But are they glad they didn't!! We need to

hear that test results are sometimes wrong. No one knows why the Sawyers' alpha-fetoprotein test came back with such dismal numbers on such a healthy baby. How many other healthy babies are being aborted after the parents get misleading or just plain wrong test results?

Handicapped Children

The Sawyers had a very happy ending to their story, but sometimes the tests do tell the truth and babies really are sick or handicapped. There's no doubt about it, raising a handicapped child is painful and hard. Is it ever okay to abort a child whose life will be less than perfect?

We need to ask ourselves, does the child deserve to die because of his handicap or illness? Life is hard, both for the handicapped person and for her parents. But it is significant that no organization of parents of mentally retarded children has ever endorsed abortion.

Some people honestly believe that it's better to abort a handicapped child than to let him experience the difficult life ahead. Dr. C. Everett Koop, former Surgeon General of the United States, has performed thousands of pediatric surgeries on handicapped children. He remarks that disability and unhappiness do not necessarily go together. Some of the unhappiest children he has known had full mental and physical faculties, and some of the happiest youngsters have borne very difficult burdens.(4) Life is a lot harder for people with disabilities, but I can tell you personally that there is a precious side to it as well. I have lived most of my life with a physical handicap, but it hasn't stopped me from experiencing a fierce joy from living life to the fullest of the abilities I *do* have. I can honestly rejoice in my broken body because it is that very brokenness and weakness that makes it easier for others to see the power and glory of my Lord in me, because His power is perfected in weakness.

Often, parents abort children with defects because they don't want to face the certain suffering and pain that comes with caring for a handicapped individual. By aborting the child, they believe they are aborting the trouble. But as we discussed earlier, there is no way to avoid the consequences of abortion: the need to grieve, the guilt, the anger, the depression.

What if a baby is going to die anyway? Anencephalic babies, babies born without brains, have no hope of living any length of time. I think we need to look at the larger picture, one that includes God and His purposes for our lives. When a tragedy like this occurs, we can know that it is only happening because He has a reason behind it. God's will for us is not that we live easy lives, but that we be changed into the image of Jesus. He wants us to be holy, not comfortable. The pain of difficult circumstances is often His chosen method to grow godliness in us and in the lives of those touched by the tragedy of a child's handicap. When it is a matter of life and death, as abortion is, it is not our place to avoid the pain.

My husband and I know what it is to bury a baby who only lived nine days. We saw God use this situation to draw people to Himself and to teach and strengthen and bless so many people beyond our immediate family. Despite the tremendous pain of that time, now that I have seen how God used it to glorify Himself, I would go through it again.

Not all abortions are performed as a matter of convenience. Some are performed in very hard cases, such as a handicapped child or as the result of rape or incest. But again, we need to back off and look at things from an eternal perspective. God is the One who gives life, and only He has the right to take it away. Every person, born or unborn, is a precious soul made by God, in His image. Every life is an entrustment from God we need to celebrate and protect.

Notes

1. Paedogus 2:10, 96, 1
2. Ann Speckhard, "The Psycho-Social Aspects of Stress Following Abortion," doctoral thesis submitted to the University of Minnesota.
3. Nancy Michels, *Helping Women Recover From Abortion* (Minneapolis: Bethany, 1988), 76.
4. C. Everett Koop, "The Slide to Auschwitz," in Ronald Reagan, *Abortion and the Conscience of the Nation* (Nashville: Thomas Nelson, 1984), 45-46.

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The Dark Underside of Abortion: A Christian Worldview Perspective

Sue Bohlin looks at the common effects of an abortion on the women who choose it. From a biblical worldview perspective, it is not surprising that many women experience guilt, shame and denial. Christ can bring forgiveness and healing for those who

have taken this brutally wrong path in their past.

Laura's Story

No matter how many times Laura{1} took the home pregnancy test, it kept showing up positive. She was pregnant, and seventeen years old. She'd gotten an A on her paper against abortion in school. Her parents would never understand, especially since her mother volunteered at the crisis pregnancy center! Her boyfriend was hot, but hardly husband material. He was more committed to skateboarding than to her. Laura had never felt more confused in her life.

When she called her boyfriend to tell him she was pregnant, he just said, "That stinks. Well, I gotta go," and he was gone. She carried her horrible secret for three weeks before finally telling her parents. Her father exploded: "What did I ever do to deserve this? Well, we'll just have to get rid of it. It's the best thing for everybody. You're too young to be a mother." When Laura's eyes flooded with tears, he said, "You may hate me for a while, but I'm willing to take that risk. You'll get over it. You're young. You can have a real life with a real future this way."

Her mother, visibly shaken, said, "How could you do this to us? What would people think of us, to have a pregnant daughter? You've really gone and done it now, Laura." Two days later, her mother took her to a Planned Parenthood clinic. Laura cried the whole way there: "Please, no! Don't make me do this, don't make me do this!" Nobody listened, nobody cared that she didn't want the abortion. When a counselor asked if she was sure, she just shrugged her shoulders, beaten and defeated.

As soon as it was over, everyone seemed to forget about it. Her parents never brought it up again. All her relationships fell apart. Laura was deeply depressed, not knowing how to handle her feelings. She was too ashamed to talk about the

abortion with her friends, and her parents made her promise not to tell anyone.

She didn't get over it. She was stuck in a place filled with anger and hurt. She couldn't overcome the loss of her baby, and she didn't even have words for that. Anything related to babies made her cry: new baby announcements at church, diaper commercials, even driving by Babies-R-Us. Everything triggered relentless heartache. There was a wound in her soul that would not stop bleeding.

Abortion is not the cure to a problem pregnancy. It is what counselor Theresa Burke calls an “emotionally draining and physically ugly experience.”^{2} The majority of those who have an abortion experience a variety of problems afterwards. One post-abortal woman described it as “emotional torture.”

In what follows, we're going to explore the ugly underside of abortion.

Why Women Choose Abortion

The banner of the pro-choice movement is, “Every woman has the right to choose.” But why do women choose to have an abortion? Many women report that they didn't want one. Various studies have found that sixty-five to seventy percent of women who get abortions also believe it's morally wrong.^{3} When women violate their conscience or betray their maternal instincts, that's going to cause a lot of stress.

Years after their abortion, women will often say that they didn't want to have one but they felt forced to. They thought it was wrong, but they did it anyway because they felt pressure—from circumstances, or from one or more key people in their lives. Often it's boyfriends, sometimes husbands. When a boyfriend threatens to leave unless a girl has an abortion, most of the time they break up anyway. Then she has lost both her baby and her boyfriend. Crisis pregnancy counselor Dr.

Julie Parton says that almost as often, the pressure comes from parents, especially Christian parents.[{4}](#) She says that there are three main factors influencing Christian mothers to push their daughters toward abortion: selfishness, shame, and fear.[{5}](#)

But the bottom line reason for abortion is spiritual. Even though they're usually not aware of it, people are listening to the voice of the enemy, who Jesus said came to steal, kill, and destroy.[{6}](#) Satan hates women, and he hates the image of God in the unborn baby. Abortion hurts women and destroys babies.

And for every woman who has had an abortion, there is a man whose baby has died. Whether he pushed for the abortion or fought it,[{7}](#) God's design of his masculine heart to protect and provide has been violated as well. Dr. Parton points out that over forty-five million men have bottled-up feelings about their abortions, and wonders if there is a connection with the heightened amount of violence in our culture of death. Could road rage be the boiling over of deep-seated anger in some of these men?

We need to talk more about the ways that abortion steals, kills and destroys. But it is crucial that you know that *abortion is not the unpardonable sin*. Jesus Christ died to pay for all sins, including abortion. He extends cleansing and forgiveness to every man and woman who has been wounded by abortion. He offers reconciliation with God and the grace to forgive ourselves. No sin is greater than His love or His sacrifice to pay for that sin. There is peace and joy waiting for those who have received Christ's gift of forgiveness and cleansing from guilt.[{8}](#)

Post-Abortion Syndrome: Self-destruction,

Guilt and Anger

Abortion is deeply troubling because it touches on three central issues of a woman's self-concept: her sexuality, her morality, and her maternal identity. She also has to deal with the loss of a child. This loss must be confronted, processed, and grieved in order for a woman to resolve her experience.[{9}](#)

Many women find themselves troubled after their abortion because they don't think through these issues before their abortion. The fact that they experience relief immediately after the abortion is no guarantee that problems won't surface later. Unresolved emotions will demand our attention sooner or later.

For millions of women, Post-Abortion Syndrome is an ugly after-effect of abortion, consisting of a number of powerful emotions that can erupt in dangerous and destructive behaviors. Far from being "no big deal," which is how abortion is often minimized in our culture, abortion is a traumatic event in the life of most women who have one. Life becomes divided into "before the abortion" and "after the abortion." So it is no surprise that so many experience some degree of post-traumatic stress disorder. They used to call this "shell shock" after World War II. PTSD is a collection of negative, destructive behaviors and ways of thinking.

In many women with a history of abortion there is an alarming increase of self-destructive behavior. Many women are consumed with self-hatred, expressing it in drug and/or alcohol abuse. Millions of women battle depression and suicidal thoughts.[{10}](#) One woman said, "I became a tramp and slept with anyone and everyone. I engaged in unprotected sex and each month when I wasn't pregnant I would go into a deep depression. I was rebellious. I wanted my parents to see what I had become. I dropped out of college. I tried suicide, but I didn't have the guts to slit my wrists or blow my brains out. I couldn't get my hands on sleeping pills, so I resorted to over the counter

sleep aids and booze.”{11}

The majority of post-abortive women are plagued by guilt.{12} As one woman put it, “I hated myself. I felt abandoned and lost. There was no one’s shoulder to cry on, and I wanted to cry like hell. And I felt guilty about killing something. I couldn’t get it out of my head that I’d just killed a baby.”{13} This high guilt rate is unique to abortion compared to any other medical procedure. There are no support groups for those who had their appendix or gall bladder removed, and people don’t seek counseling after orthopedic surgery. Guilt is a painful aftereffect of abortion.

Some women react with anger and rage. They feel deeply isolated and angry at anyone who hurt them and their baby. They are irritated by everyone and everything, and no one can do anything right. They can fly into rages with the slightest provocation. Often, they are not aware of the connection between their abortion and a constantly simmering heart full of anger, especially since most women feel pressured to have the abortion in the first place.

Post Abortion Syndrome: Shame and Denial

A huge aspect of Post-Abortion Syndrome is shame. Post-abortive women often feel like second-class citizens. They live in fear of others finding out their terrible dark secret. One woman told me that whenever she would walk into a room, she was constantly scanning the faces: *Do they know? Can they tell by looking at me?* Some women are afraid to attend an abortion recovery group where anyone would know them, even though everyone is there for the same reason. When a Christian has an abortion, she often goes into one of two directions; she either cuts herself off from God because she’s so ashamed of herself, or she tries to become the ultimate “Martha,” wearing herself out in service to try and earn her way to back to God’s approval and blessing. The shame of abortion drives many

women to perfectionism because they feel so deeply flawed and sinful.

Denial – Many women spend huge amounts of mental energy trying not to think about their abortion. Romans 1 calls this “suppressing the truth in unrighteousness.” The horror of participating in the death of one’s child is too painful to face, and many women work hard at maintaining denial for five to ten years.[{14}](#) But eventually reality usually comes to the surface.

Some women find themselves falling apart when their youngest child leaves home, or at menopause. Others become uncontrollably sad when they hold their first grandchild. One woman’s denial system shattered when she saw a museum exhibit of pre-born babies and saw what her baby looked like when she aborted him. Another woman almost lost it in nursing school when she learned about prenatal development. The abortion counselor had told her it was just a blob of tissue. Even those who deny their unborn child was a human being and not a clump of cells admit they have to work at maintaining denial. One woman said, “I didn’t think of it as a baby. I just didn’t want to think of it that way.”[{15}](#)

Child abuse – As the number abortions continues to rise, so does the incidence of child abuse.[{16}](#) Unresolved post-abortion feelings are tied to patterns of emotional or physical abuse of living children. One mother erupted in intense rage whenever her newborn baby cried. She came to realize that she hated her daughter for being able to do all the things that her aborted baby could never do.[{17}](#) One woman beat her three year old son to death shortly after an abortion which triggered a “psychotic episode” of grief, guilt, and anger.[{18}](#)

Healing After Abortion

Post-Abortion Syndrome is a dark, ugly underside of abortion. Researchers have reported over a hundred psychological effects of abortion stress, including depression, flashbacks, sleep and eating disorders, anxiety attacks, a diminished capacity for bonding with later children, increased tendency toward violent outbursts, chronic problems in maintaining intimate relationships, and difficulty concentrating.[{20}](#)

Death – Women who abort are approximately four times more likely to die in the following year than women who carry their pregnancies to term.[{21}](#)

Breast Cancer – The risk of breast cancer almost doubles after one abortion, and rises even further with two or more abortions.[{22}](#)

Cervical, Ovarian and Liver Cancer – Women with one abortion face a 2.3 relative risk of cervical cancer, compared to non-aborted women, and women with two or more abortions face a 4.92 relative risk. Similar elevated risks of ovarian and liver cancer have also been linked to single and multiple abortions. These increased cancer rates for post-aborted women are apparently linked to the unnatural disruption of the hormonal changes which accompany pregnancy and untreated cervical damage.[{23}](#)

Damage to Cervix and Uterus – This causes problems with subsequent deliveries, and can result in handicaps in subsequent newborns.[{24}](#)

Increased Risks for Teenagers – Teenagers, who account for about thirty percent of all abortions, are also at much higher risk of suffering many abortion related complications. This is true of both immediate complications and of long-term reproductive damage.[{25}](#)

What do you say to someone who's experienced the trauma of

abortion? It's a terrible loss. How do you help someone grieve? What do you say? Perhaps something like, "I'm so sorry. It must be very difficult for you. Do you want to tell me about it?" We can offer a listening ear, full of compassion and grace: "What was the abortion like? What has it been like to live with it?" Seek to validate the woman or man's grief with honor and respect so they can get to a place of healing peace.

What if you're the one who's had an abortion? You need to grieve. Grief is a natural and necessary response to loss. It's more than a single emotion of sadness. It includes feelings of loss, confusion, loneliness, anger, despair, and more. It can't be turned on and off at will. Working through your grief means confronting your loss, admitting it, grieving it with tears and other expressions of sadness.

The pain and grief of abortion is complicated by the fact that it is also sin. But it is not the unpardonable sin. Confess it, and receive the cleansing and forgiveness that Jesus offers. He paid for your abortion on the Cross. He offers you the healing that allows you to be at peace with God and with yourself. He offers you the courage to tell your story with someone safe, which transforms your pain into something redemptive. He offers you the stability that means you don't fall apart if someone else is talking about abortion, or pregnancy, or babies in general.

Dr. Parton suggests three steps toward healing. First, acknowledge the wound that needs to be healed. It may take ten to fifteen years before a woman may be willing to take this step. Second, reach out for help. The Bible tells us, "Confess your sins to one another and pray for one another that you may be healed."[\[26\]](#) Find others who have walked the same path, either in person or online.[\[27\]](#) Dr. Parton says there is an unusual strength of emotional bonding in post-abortive groups. Receive God's forgiveness and cleansing in community; that's His plan. Third, get into God's Word. It's a supernatural

source of comfort and encouragement.

There is a dark and ugly underside to abortion, but it's not too dark for God to redeem. Praise the Lord!

Notes

1. This account is based on a true story, with the name changed, found in Theresa Burke and David C. Reardon, *Forbidden Grief: The Unspoken Pain of Abortion* (Springfield, IL: Acorn Books, 2002), 23-25.

2. Ibid., 41.

3. Ibid., xx.

4. Personal conversation with the author, Sept. 21, 2007.

5. **Selfishness** – because she had all these dreams, plans, hopes, and ambitions for her daughter. When the daughter turns up pregnant, mom has to grieve the loss of all her dreams for her precious daughter. She'll say things like, "I just can't stand by and watch you throw your life away" or "If you have a baby right now you're just going to be stuck for the next eighteen years."

Shame – Mom feels that if her daughter's pregnancy becomes public knowledge, everyone will know she was not a good mother. She failed at teaching her daughter morality and purity and the things a good Christian mother should have taught her.

Fear – of rejection. She fears that her Christian friends will judge and reject her. So she thinks, or says, "How could you do this to me?" The mom can be so focused on her own stuff, her selfishness and shame and fear, that she can't or doesn't step up to the plate and help her daughter do what they both know is right, because these other factors are overwhelming her.

6. John 10:10.

7. I am aware that many men never know about the abortion of their child. Some find out later and they often experience deep grief and anger, not only at the loss of their child's life, but the unilateral decision to keep them in the dark

about their own child's life or death.

8. Come to our website at Probe.org for help with that. [“The Most Important Decision of Your Life”](#) and [“How to Handle the Things You Hate But Can't Change”](#).

9. Burke and Reardon, *Forbidden Grief*, 33.

10. Sixty-three percent of women who have had an abortion seek mental health care. There is a one hundred and fifty-four percent increase in suicide. The suicide rate within one year after an abortion was three times higher than for all women, seven times higher than for women carrying to term, and nearly twice as high as for women who suffered a miscarriage. Suicide attempts appear to be especially prevalent among post-abortion teenagers.

Afterabortion.org, www.afterabortion.info/psychol.html (accessed Feb. 23, 2008).

11. “Before I Had Time to Think,” Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

12. A poll by the *LA Times* revealed that fifty-six percent of those who admitted to an abortion felt guilty. But since another poll showed that seventy-four percent of those who admitted to having an abortion believe it's morally wrong, I believe that number is way too low. See Burke and Reardon, *Forbidden Grief*, 47.

13. Linda Bird Francke, *The Ambivalence of Abortion* (New York: Random House, 1978), 61. Cited in www.abortionfacts.com/reardon/women_who_abortion_and_their_views.asp (accessed February 23, 2008).

14. David Reardon, *Aborted Women-Silent No More* (Chicago: Loyola University Press, 1987).

15. Francke, *Ambivalence*, 63.

16. Psychologist Philip Ney has studied the connection. He sees several effects of abortion:

1) Failure to bond with subsequent children. One mother admitted, “We had our first daughter and I never felt the deep love for her I should have. For several reasons, I guess. The first is that I had never grieved over the loss of the child I had aborted. I was also afraid to love her too much. I felt that God was just going to take her away from me to punish me

for killing my first child.”

2) The weakening of maternal instincts. Killing one’s own child violates the God-given instinct to nurture and protect. It can result in a hardened heart as a way of protecting herself from the truth of her action.

3) Reduced inhibitions against violence, particularly toward children. (Theresa Karminiski Burke and David C. Reardon, “Abortion Trauma and Child Abuse,” Afterabortion.org, www.afterabortion.org.)

17. Reardon, *Aborted Women*, 129-30.

18. Ibid.

19. R.F. Badgley, et al., *Report of the Committee on the Operation of the Abortion Law*, Minister of Supply and Services, Ottawa, Canada, 1977, 313-319.

20. The following citations are found in “A List of Major Physical Sequelae Related to Abortion” at Afterabortion.org, www.afterabortion.org (accessed Feb. 23, 2008).

21. Gissler, M., et al., “Pregnancy-associated deaths in Finland 1987-1994 – definition problems and benefits of record linkage,” *Acta Obstetricia et Gynecologica Scandinavica* 76 (1997): 651-657 .

22. H.L. Howe, et al., “Early Abortion and Breast Cancer Risk Among Women Under Age 40,” *International Journal of Epidemiology* 18, no. 2 (1989): 300-304; L.I. Remennick, “Induced Abortion as A Cancer Risk Factor: A Review of Epidemiological Evidence,” *Journal of Epidemiological Community Health* (1990); M.C. Pike, “Oral Contraceptive Use and Early Abortion as Risk Factors for Breast Cancer in Young Women,” *British Journal of Cancer* 43 (1981): 72.

23. M-G, Le, et al., “Oral Contraceptive Use and Breast or Cervical Cancer: Preliminary Results of a French Case- Control Study, Hormones and Sexual Factors in Human Cancer Etiology,” ed. JP Wolff, et al., *Excerpta Medica: New York* (1984), 139-147; F. Parazzini, et al., “Reproductive Factors and the Risk of Invasive and Intraepithelial Cervical Neoplasia,” *British Journal of Cancer*, 59 (1989): 805-809; H.L. Stewart, et al., “Epidemiology of Cancers of the Uterine Cervix and

Corpus, Breast and Ovary in Israel and New York City," *Journal of the National Cancer Institute* 37, no. 1, 1-96; I. Fujimoto, et al., "Epidemiologic Study of Carcinoma in Situ of the Cervix," *Journal of Reproductive Medicine* 30, no. 7 (July 1985):535; N. Weiss, "Events of Reproductive Life and the Incidence of Epithelial Ovarian Cancer," *Am. J. of Epidemiology* 117, no. 2 (1983): 128-139; V. Beral, et al., "Does Pregnancy Protect Against Ovarian Cancer," *The Lancet* (May 20, 1978), 1083-1087; C. LaVecchia, et al., "Reproductive Factors and the Risk of Hepatocellular Carcinoma in Women," *International Journal of Cancer* 52 (1992): 351.

24. K. Schulz, et al., "Measures to Prevent Cervical Injuries During Suction Curettage Abortion," *The Lancet* (May 28, 1983): 1182-1184; W. Cates, "The Risks Associated with Teenage Abortion," *New England Journal of Medicine* 309 no. 11: 612-624; R. Castadot, "Pregnancy Termination: Techniques, Risks, and Complications and Their Management," *Fertility and Sterility* 45, no. 1 (1986): 5-16. Barrett, et al., "Induced Abortion: A Risk Factor for Placenta Previa," *American Journal of Ob&Gyn* 141 (1981): 7. Hogue, Cates and Tietze, "Impact of Vacuum Aspiration Abortion on Future Childbearing: A Review," *Family Planning Perspectives* 15, no. 3 (May-June 1983).

25. Wadhera, "Legal Abortion Among Teens, 1974-1978," *Canadian Medical Association Journal* 122 (June 1980):1386-1389.

26. James 5:16

27. [Her Choice to Heal;](http://www.abortionrecovery.org/messageboards/tabid/210/Default.aspx)

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Transgender Children

How should we think about the growing number of children being told they are transgender? A recent YouTube video from parents of a six-year-old transgender child named Ryland went viral, with well over six million views in just a couple of weeks. A beautiful little girl announced she was a boy, *insisted* she was a boy. Her parents' research apparently was limited to LGBT (lesbian/gay/bisexual/transgender) sources, and they decided to raise her as a boy, cut her hair like a boy, dress her like a boy, and use male pronouns to feed her illusion that she is a boy. The internet exploded with enthusiastic praise for this family.

How should we think about situations like this from a biblical perspective?

That's the key: we need to understand that this is really a worldview issue. Perspective is crucial. Where you start makes all the difference. If you leave God out of it, starting with the person trying to make sense of the feeling that one's body is not aligned with their internal sense of gender, then confusion is inevitable. If people feel free to define themselves as they wish, then sex and gender can be seen as elastic or fluid—and manipulatable. It's the modern-day expression of an Old Testament phenomenon that never worked out well, when "every man did what was right in his own eyes" in the times of the Judges (Judg. 17:6).

But if you start with God as creator, with the right to choose a baby's gender, then that makes a huge difference. When baby Ryland's birth was announced with a happy, "It's a girl!"—God was speaking His intention for her identity and her life.

Sometimes children try on alternate identities—girls saying they are boys, boys saying they are horses. Parents are responsible for modeling logic and wisdom (not to mention life

experience) in their response to this kind of proclamation. When Ryland started screaming "I'm a boy," it was a perfect opportunity to ask some critical thinking (and critically important) questions: "What is a boy?" "Why don't you like being a girl?" Their video says that Ryland "began to show aversion to anything feminine." This, of course, is the story of many girls whom God created as tomboys, who don't like the stereotypical pink-girly-girl attributes our culture labels as feminine. The problem is not an aversion to pink frills; the problem is a too-narrow definition of femininity. [Please see my post [The Gender Spectrum](#).]

If Ryland's parents continue down the path of other parents who enable their children to feed the unrealistic fantasy that they can choose to be anything they want, including the other gender, that will include giving Ryland powerful hormones to suppress puberty, and other powerful hormones to cause her body to mimic maleness: muscle mass, a stubble, a deeper voice, more body hair. But as one girl who stopped taking testosterone [put it](#), "This is not who you are. You are hiding behind a chemically induced mask." No hormones or surgery can turn Ryland into a male. Nothing will change her XX chromosomes. Most boys grow up to become fathers, but she can never father a child. She is NOT a boy, she will NEVER be a man. It is neither loving nor wise to cooperate with confusion, which will only get worse with age.

When adults tell a child "you are transgender," and the child then parrots that idea, both the parents and the child get something right and something wrong. The something right is an awareness of a heartbreaking brokenness, which is what can happen in a fallen world. The something wrong is the diagnosis of *what* is broken: it's not their body, it's their feelings. Transgender transition and therapy try to change the part that is healthy (one's body) and bring it into alignment with what is broken (one's thinking and feeling).

To return to a biblical perspective: God says, "Be transformed

by the renewing of your mind” (Rom. 12:2). Regardless of what the situation, whenever our thinking and feelings are out of alignment with God’s intention, we need to submit our will and our thinking to the transforming power of God. What does that look like? Speaking the truth to oneself, encouraged by other truth-speakers. In the case of those struggling with their gender: “God made me female (or male), and I choose to trust that He is good and He knows what He’s doing. I surrender my beliefs and feelings about femaleness (or maleness) to Him. I choose to pursue intimacy with Him over my own sense of self, and allow Him to change me from the inside out.”

It’s not easy, but it’s always the right thing to choose the truth over an illusion. Over a lie.

This blog post originally appeared at blogs.bible.org/tapestry/sue_bohlin/transgender_children on June 17, 2014.

The Dark Underside of Female Friendships

April 8, 2014

Cherry and Beth met in a MOPS (Mothers of Preschoolers) group at their church, hitting it off immediately. They loved the mutual connection with another mom, understanding the stresses and joys of having small children about the same age. Their weekly playdates became the highlight of each girl’s week. They would chat on the phone every day, comparing notes on what they would be fixing for dinner or what great, repeatable golden nuggets their toddlers spouted. That morphed to texting

each other throughout the day, at least once an hour.

The intense sense of connection, of feeling heard and understood and valued, grew to be like an emotional drug for them. Over time, they realized they felt closer to each other than they did to their husbands. They preferred each other's company to anyone else's—including their husbands'. Texting throughout the day felt like a lifeline, a continual source of reassurance that all was right with the world. Eventually, caring for their children, the very thing that had brought them together in the first place, started to feel like an unwelcome burden that interfered with their first love—each other. Anyone and any thing that came between them was cause for resentment and annoyance . . . when it didn't make them outright angry.

This was not normal female friendship. What started out as a lovely gift from God was corrupted into emotional dependency, which Lori Rentzel* defines as "When the ongoing presence and/or nurturing of another is believed necessary for personal security." Emotional dependency happens when one or both people are looking to a person to meet their basic needs for love and security, rather than to God (relational idolatry). It is characterized by a desperate neediness of the other.

Emotional dependency (the other ED) is at the core of most lesbian relationships and a lot of homosexual relationships, but it is not limited to these. Husbands and wives can be emotionally dependent on each other, and so can women friends. When friendship spills over the retaining walls of what is healthy into an enmeshment with another person—when they put all their emotional eggs in the other's basket, so to speak—the relationship has become broken and unhealthy.

My favorite anthem to emotional dependency is Barry Manilow's *Can't Smile Without You*, which sounds romantic until you think about how unhealthy it is:

*You know I can't smile without you,
I can't smile without you,
I can't laugh
and I can't sing,
I'm findin' it hard to do anything.
You see, I feel sad when you're sad,
I feel glad when you're glad,
If You only knew what I'm going through,
I just can't smile without you.*

Do you see how sick that is?

Emotional dependency feels like, "My happiness, my sense of security, is completely wrapped up in you giving me '[The Three As](#)' I need: attention, affection and affirmation. And if you withhold any of these from me, I will feel insecure, unloved and abandoned."

When people feel insecure, they feel powerless. And when they feel powerless, they usually resort to some kind of control to get their power back. Manipulation is the glue that holds emotionally dependent people together, since the desperate neediness (remember, "I can't smile without you"?) drives people to do desperate things to make sure the other person is tied to them at the heart. Such as sending close to 100 texts in a single day, to make sure the other person responds to them. And getting paranoid and angry ("Why aren't you answering my texts? I can tell you read them, my phone tells me you read them, why are you avoiding me? What did I do? Why aren't you answering me? TALK TO ME!!!!"). Such as giving gifts and anything else designed to bind the giver to the recipient. Such as using guilt to force the other person to engage ("You're the only person in the world who understands me! You're the only real friend I've ever had. If you leave me I will be completely and utterly alone!").

The good news is that when friendships have overflowed healthy

boundaries into emotional dependency, people can repent of their relational idolatry (making another person more important than God) and step back into balance. The other good news is that every aspect of unhealthy, emotional dependency on a person, is healthy dependency on God. One of my friends told me, "This was life changing for me, to realize that I could redirect my unhealthy energies to Jesus and it would make me a much better disciple!" Contacting Him 95 times a day through prayer (no texting necessary) is healthy. Feeling desperately needy toward Jesus is healthy. Giving gifts to Jesus to bind one's heart to Him is healthy. Saying, "If you leave me I will be completely and utterly alone" is true-but praise God, He has assured us that He will never leave us or forsake us (Hebrews 13:5).

When I have spoken on this topic in churches, I hear, "I expected that the dark underside you'd be talking about was gossip or something. I never would have expected THIS. Wow. I see how it can happen so easily."

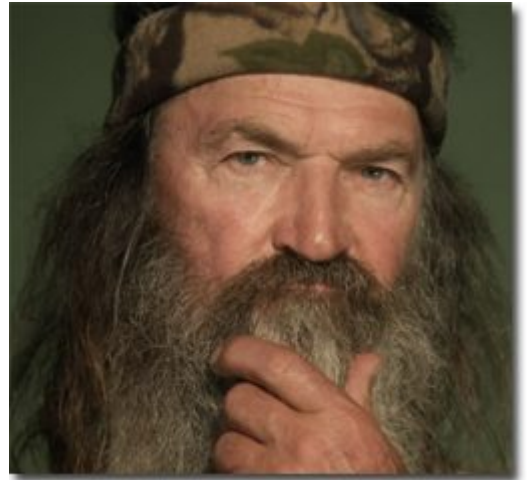
Forewarned is forearmed, I trust.

*Lori Thorkelson Rentzel's little booklet Emotional Dependency, published by InterVarsity Press, is an invaluable and highly practical resource for understanding this issue.

This blog post originally appeared at
blogs.bible.org/tapestry/sue_bohlin/the_dark_underside_of_female_friendships

Did (Duck Dynasty's) Phil Get it Wrong? Is Homosexuality Sin?

In one of the biggest social media flaps since social media was invented, Duck Dynasty's Phil Robertson openly said that homosexuality is sinful. Then the cyber world blew up in a clash of worldviews—the progressive, whatever-floats-your-boat perspective of A&E, the cable network that profits greatly from



the Robertsons' TV show, against the traditional biblical view of sin and sexuality. A lot of people think that Phil's old-fashioned morality is not only antiquated but unfair.

Is it? Is homosexuality a sin? If people are born gay, why would God condemn people for being the way He made them? What kind of God would do that?

Let me answer those questions in reverse order. First, how do we know that people are born gay? This idea is a newcomer on the scene of human history, arising only within the past hundred years—maybe only fifty. We “know” it because people keep saying so, and people say so because, looking into the rear view mirror of their lives, many of those who eventually identify as gay recall always feeling different, “other than.” According to the spirit of the age, that means they were always gay. Which means sexually and romantically attracted to people of the same sex.

But think about a newborn baby. Is he or she sexually and romantically attracted to people of the same sex? No, of

course not. That is an emotional development issue that will arise years down the road. Consider a toddler: how does one find the gay kids in a church or daycare nursery? You don't. But even in toddlers, some temperament and personality differences have surfaced, the kinds of differences that can lead to a child feeling "other than."

Little boys who are emotionally sensitive, artistic and creative, can be uncomfortable around the rough-and-tumble boys who are far more physically aggressive, sporty and relationally insensitive. It doesn't mean they're gay, it means their design, their God-chosen kind of masculinity, is different. They're probably going to feel "other than," and later on someone will label that as gay. It's not.

Little girls who have athletic gifts and abilities, who don't care for pink or dresses or nail polish and are often natural leaders, can be uncomfortable around the girly-girls who are interested in very different things. It doesn't mean they're lesbian, it means their design, their God-chosen kind of femininity, is different. They're probably going to feel "other than," and later on someone will label that as lesbian. It's not.

People are not born gay, which is a constellation of beliefs and feelings about oneself and others that is the result of many interactions with many people over many years. Just like people are not born prejudiced. Or entitled. Or English speaking, for that matter. But all those things can become so entwined with a sense of self that it feels like that's who one is.

Recently, my husband was talking with a new friend who struggles with same-sex attraction. His friend said it was hard growing up in a slender "case" (body type) and so sensitive, and that's why he was gay. My husband pointed out that he, too, had the same body type and was emotionally sensitive, that that was their design. Ray talked to him about

the [gender spectrum](#) for different kinds of masculinity as God's creation, and his friend absolutely lit up with gratitude. He had never heard that the way God had made him didn't mean he was gay, it meant he was gifted, and he had never heard an "everstraight" like my husband acknowledge that boys and men can live on that end of the spectrum and not identify as gay. There is another way of explaining the feeling of "other than" that honors both the person and the God who made them in a way that has often not been appreciated or affirmed.

But let's turn to the first question: is homosexuality a sin?

It's important to define your terms. What do you mean by homosexuality? Our culture has clouded the biblical perspective of the issue. Do you mean being same-sex attracted? Or do you mean "stepping over the line," actually engaging in same-sex romantic and sexual relationships? What Phil Robertson did, which is part of the firestorm, is to shine a light on what the Bible says: all sex outside of marriage is sin, both opposite-sex and same-sex relationships. Our sex-saturated culture finds that offensive and unacceptable. Sex is seen as a right and a basic need of life, when it is neither.

But the Bible never condemns same-sex attractions, which constitute temptation and not sin. People generally discover, not choose, that they are drawn to the same sex, and [there are very good reasons for this](#). As with all temptations, God says to stand against them and not give into them. It is foolishness to define oneself by our temptations and weaknesses! (Much better to define ourselves the way God sees us, as His beloved child who desperately needs Him.)

So define homosexuality. If you mean simply feeling "other than" and different, complicated by being drawn to members of the same sex, then homosexual attractions are temptation, not sin. If you mean acting on those attractions to engage in

emotionally dependent and/or sexual relationships, then according to the Bible's standards, yes that is sin. Note how God addressed Cain's struggle with feelings and temptations: "Sin is crouching at your door. It desires to have you, but you must master it." (Genesis 4:7) So it really comes down to feelings vs. behavior. The feelings are not necessarily sinful (although sin begins in the mind, where attractions can cross over the line into the sin of lust, regardless of the object of those attractions), but behavior always is. We need to keep homosexuality in the context that God does: pre-marital sex, adultery, same-gender sex, incest, and sex with animals: anything outside the marriage bed (defined as one man and one woman, Gen. 2:24) is sin.

Many people have a faulty concept of a distant, scowling god sitting on his throne looking for people having a good time so he can be mad at them, looking for an excuse to hurl thunderbolts at them for daring to enjoy themselves. The God of the Bible is not Zeus. Jesus corrected many aspects of our misunderstandings of His Father. He is a loving God who put guardrails on the treacherous mountain road of human sexuality. He doesn't condemn people who run off the safety of the road by crashing through the guardrails He put in place; He knows that the natural consequences of running off the cliff are their own discipline. God says, "Don't have sex outside of marriage" because He loves us and knows that sex outside of marriage brings pain to the soul (as well as dishonoring everyone involved, including Him).

God doesn't make anyone gay, but He is full of compassion for those who find themselves with same-sex attractions. He warns us against all kinds of sexual sin because He knows how destructive it is when we violate His intention and design for our bodies and souls. He wants so much better for us.

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