

Body and Soul in the New Testament

Dr. Michael Gleghorn draws on John Cooper's book Body, Soul and Life Everlasting to provide an overview of what the New Testament teaches about the body-soul connection.

The Teaching of Jesus

What does the New Testament teach about the nature and destiny of human beings? In a [previous article](#), I discussed what the Old Testament has to say about these issues, giving special attention to the human body and soul. In this article, we'll consider what the New Testament has to say.

About 400 years separate the end of the Old Testament from the beginning of the New. During this so-called "intertestamental" period, Jewish biblical scholars, like the Pharisees, continued to teach and write about what God had revealed in the Hebrew Scriptures. According to John Cooper, the Pharisees taught that when a person dies, the soul leaves the body to continue its existence "in an intermediate state, already enjoying or lamenting the anticipated consequences of God's judgment."[\[1\]](#) Interestingly, both Jesus and the Apostle Paul also seem to have held this view.[\[2\]](#)



Consider, for example, some of the last words spoken by Jesus just prior to His death on the cross. You may remember that Jesus was crucified between two criminals. While one of these men railed against Jesus, the other (aware of his guilt), asked Jesus to "remember" him when He came into His kingdom (Luke 23:39-42). Jesus responded by promising *this* man that he would join Him "in Paradise" that very day (v. 43). Paradise, in the Jewish thinking of the time, was understood to be a pleasant and refreshing place where the souls of the righteous

continue their existence between the death and resurrection of the body.[\[3\]](#)

The body, in other words, may die, but the soul, or person, continues to exist apart from their body. Although this criminal had only hours left to live, his elementary confession of faith in Jesus resulted in Jesus promising him that they would be together in Paradise that very day! This ought to encourage all of us who have put our hope in Christ for salvation. Our bodies may wear out and die. But when they do, we shall go to be with Christ, awaiting the resurrection of our bodies while enjoying the presence of the Lord!

But what about the other criminal, the one who mocked and insulted Jesus? Although we're not told what happened to him, we know from elsewhere in Scripture that the souls of the unrepentant also continue to exist after the death of the body. In the next section we'll take a closer look at the fate of the righteous and unrighteous dead.

The Rich Man and Lazarus

What happens to us when we die? Do we continue to exist in some sense? Jesus' story of the rich man and Lazarus appears to offer some answers to these questions (see Luke 16:19-31). The story concerns a rich man, who lacks for nothing, and a poor beggar, named Lazarus, who is laid at the rich man's gate (v. 20). The story implies that the rich man could have helped Lazarus, but never did so.

Eventually, both men died. Lazarus is said to be "carried by the angels to Abraham's side" (v. 22). Essentially, he is depicted as being with the Jewish patriarch Abraham in Paradise. Paradise, you'll remember, was considered a place of rest and refreshment for the righteous dead. By contrast, the rich man, his body having been buried, finds himself in "torment" in Hades (vv. 22-23). Seeing both Abraham and

Lazarus at a great distance, he pleads with them for help. Abraham, however, tells him that this just isn't possible (vv. 24-31).

What might this story teach us about the nature and destiny of human beings? Though we should perhaps be careful about reading the story too literally, it seems to teach that we will each continue to exist (in some sense) even *after* the death of our body. Moreover, this existence will be experienced as either joyful or sorrowful, depending on our relationship with God. Although the story seems to depict the rich man and Lazarus as if they still have bodies of some sort, John Cooper offers several reasons for believing that the story is using figurative language to describe a time in which these men exist apart from their bodies.[{4}](#) This would be the period between the death and resurrection of the body. What are some of the reasons that Cooper offers for this view?

First, at the time Jesus tells this story, He regarded the resurrection as a still future event (see Luke 20:34-36). It is thus unlikely that the story here concerns some sort of literal bodily existence. Second, the story locates the rich man in "Hades"—and this term appears only to be used of the intermediate state, between the death and resurrection of the body.[{5}](#) The story thus appears to depict the rich man and Lazarus as consciously existing persons between the death and resurrection of their bodies. And if this is so, then we are *more* than just our bodies (as we'll see more fully in the next section).

Paul's Heavenly Vision

Do you view yourself as *more* than just your body? Might you also have a soul? We've previously considered evidence for the human soul in the teachings of Jesus. In this section, we'll consider further evidence from the writings of the Apostle Paul. In his second letter to the Corinthians, Paul recounts

an extraordinary experience which he had fourteen years earlier (see 2 Corinthians 12:1-4, 7). He describes being “caught up . . . into paradise” and hearing “things that cannot be told, which man may not utter” (vv. 2-4).

For our purposes, the most important element of this experience concerns a peculiar detail mentioned twice by the apostle. According to Paul, he was unsure whether he had this experience while “in the body or out of the body” (vv. 2-3). That is, Paul was unsure whether he had been “caught up into Paradise” (v. 3) in his body, or out of it. But why is this important? Because it shows that Paul regarded the “out of body” option as a genuine possibility.[{6}](#)

You see, many scholars have argued that Paul did not believe in any sort of conscious existence apart from the body. The great New Testament scholar F. F. Bruce claimed that Paul “could not conceive” of a situation in which he might exist and have experiences apart from his body.[{7}](#) Now you might be thinking, “Well wait just a minute. Didn’t you say that Paul was unsure whether this experience had occurred while in the body or out of it? Maybe he remained in his body and the experience was just a *vision* of Paradise, occurring while he was in some sort of trance-like state on earth.”[{8}](#)

Yes, you’re right. That *is* possible (although it doesn’t seem consistent with what Paul actually says).[{9}](#) And here’s the thing: the very fact that Paul was unsure whether this experience occurred while he was in (or out of) his body, tells us that he regarded the “out of body” explanation as a genuine possibility. And if this is so, then contrary to what some scholars have said, Paul most certainly *could* conceive of conscious existence apart from his body. Indeed, he thought he may have had just such an experience himself.

But we can take this argument further. For as we’ll see in the next section, Paul (like the Pharisees and Jesus), seemed to think that we’ll continue to exist and have experiences

between the death and resurrection of our bodies.

Our Heavenly Dwelling

When I was a child, our family would occasionally go camping. Although we usually went in a camper, with air-conditioning and beds, I've also spent a few nights camping out in a tent. Most of us have probably had such an experience (though whether we enjoyed it or not is another matter). A tent is basically a portable structure that provides a temporary place to stay while we're away from our permanent home.

In 2 Corinthians 5 the Apostle Paul has a fascinating discussion that touches on some of these issues (see vv. 1-10). The discussion is challenging, but if we consider it step by step, I think we can get a handle on what the apostle is saying. He begins, "For we know that if the tent that is our earthly home is destroyed, we have a building from God, a house not made with hands, eternal in the heavens" (v. 1).

When Paul writes of "the tent that is our earthly home," he is referring to our physical bodies here and now. If our body is "destroyed," and we die physically, "we have," says Paul, "a building from God . . . eternal in the heavens" awaiting us. According to John Cooper, this "building" can plausibly refer to one of two things.^{[\[10\]](#)} It *might* refer to our future resurrection body. However, it may also refer simply to "being 'with Christ'." If the second option is meant, then Paul is speaking about going to be "with Christ" at the time of death, in which we are (as he later puts it), "at home with the Lord" (2 Corinthians 5:8; see also Philippians 1:23).

Paul characterizes our present "earthly" state as one of groaning, "longing to put on our heavenly dwelling" that "we may not be found naked" (1 Corinthians 5:2-3). Although these verses are difficult to interpret, it is probable that "nakedness" refers to temporarily existing without a body when

we die. If so, then Paul is saying that when we die, we go immediately to be “with Christ.” There we are “at home with the Lord,” awaiting that day in which we will “put on our heavenly dwelling” (v. 2). This likely refers to our resurrection body. At the time of the resurrection, our souls will be united with a glorious new body, so that we might eternally enjoy life with Christ and fellow believers in the new heaven and new earth. We will consider these issues more fully in the next section.

The Resurrection of the Body

The Bible envisions a future time in which all who have died will be raised from the dead into some sort of physical, bodily existence. The New Testament writers refer to this as “the resurrection of the dead” and it will include both believers and unbelievers. Hence Jesus, referring to His own unique role in executing divine judgment, claims that “an hour is coming when all who are in the tombs will hear His voice and come out, those who have done good to the resurrection of life, and those who have done evil to the resurrection of judgment” (John 5:28-29). Although evidence elsewhere in the New Testament suggests that different groups of people may be raised at different times, the key point here is that this event has not yet taken place. It’s still in the future.

Paul says much the same thing in several of his letters. To cite just one example, he tells the Philippians that “we await a Savior, the Lord Jesus Christ, who will transform our lowly body to be like his glorious body, by the power that enables Him even to subject all things to Himself” (Philippians 3:20-21). Elsewhere Paul tells us that our resurrection bodies will be “imperishable,” “powerful,” and glorious (1 Corinthians 15:42-43). It’s incredibly exciting to contemplate the fact that the Lord intends to give his people marvelous new bodies, patterned after his own resurrection body, so that we might enjoy eternal life with him forever. When that day

dawns, our joy will truly be complete!

So how might we attempt to summarize our discussion in this article? First, both Jesus and Paul seem to have taught that human beings are (in some sense) composed of both a body and a soul. John Cooper describes the relationship of soul and body as one of “functional holism.” Our body and soul *function* as a thoroughly integrated *whole* during our present earthly lives. But when our body dies, our soul continues to exist, awaiting the resurrection of our body at some future time.[\[11\]](#)

On that day, our soul will be united with our resurrection body, either to enjoy eternal life with Jesus, or face eternal judgment in hell. This, it seems to me, is what the New Testament has to say about the nature and destiny of humanity. In Christ we are offered a sure and steadfast hope for both our soul—and our body!

Notes

1. John W. Cooper, *Body, Soul & Life Everlasting: Biblical Anthropology and the Monism-Dualism Debate* (Grand Rapids, MI: Eerdmans, 2000), Kindle Loc. 1208.
2. J. P. Moreland, *The Soul: How We Know It's Real and Why It Matters* (Chicago: Moody, 2014), 55, Kindle.
3. This becomes a bit complicated. John Cooper points out that Jewish thinking about the afterlife continued its development during the intertestamental period. While some Rabbis conceived of “Paradise” as a special place for the righteous dead within Sheol, others began to think of Paradise as outside Sheol altogether. Regardless of such differences, however, Cooper reminds us that “Paradise” was understood as the place “where the blessed dwell with the Lord” (see Cooper, *Body, Soul & Life Everlasting*, Kindle Loc. 1175-1200).
4. Cooper, *Body, Soul & Life Everlasting*, Kindle Loc. 1605; see also Loc. 1592-1607.
5. Again, see Cooper's discussion in *Body, Soul & Life Everlasting*, Kindle Loc. 1592-1607.
6. Cooper makes this point emphatically in *Body, Soul & Life*

Everlasting, Kindle Loc. 1880-86.

7. F. F. Bruce, *Paul: Apostle of the Heart Set Free* (Grand Rapids: Eerdmans, 1977), 313; cited in John Cooper, *Body, Soul & Life Everlasting*, Kindle Loc. 1840.

8. This possibility is also mentioned in *Cooper, Body, Soul & Life Everlasting*, Kindle Loc. 1871.

9. Again, see Cooper, *Body, Soul & Life Everlasting*, Kindle Loc. 1872.

10. See Cooper, *Body, Soul & Life Everlasting*, Kindle Loc. 1837.

11. See Cooper's discussion in *Body, Soul & Life Everlasting*, Kindle Loc. 699-712.

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Dr. Michael Gleghorn addresses how the Old Testament treats body and soul. What does it have to say about the nature and destiny of humanity?

The Breath of Life

The worldview of Naturalism tells us that the natural world is all that exists. There is nothing “above” or “beyond” this. Space, time, matter, and energy, the sort of things studied in physics, are the only material entities. You are your body, and nothing more. You do not have an immaterial mind or soul that is (in some sense) distinct from your body. You are your body. And when your body dies, you will cease to exist.

But is this true? In this article we address body and soul in the Old Testament. What does the Old Testament have to say about the nature and destiny of humanity?



Let's begin with the creation of Adam. Consider the way in which the Bible describes this event: "Then the Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature" (Genesis 2:7). Note that Adam is created from two distinct elements: the dust of the ground and the breath of life. His body is composed of "dust from the ground." But he doesn't become "a living creature" until God takes the second step of breathing "the breath of life" into his nostrils. Although this description may well be metaphorical in certain respects, it seems evident that God must add "the breath of life" for Adam to become a living human being.

Here's another observation. Notice that Adam doesn't suddenly spring to life once the dust of the earth has been ordered in a particular way. Apparently, human personality does not spontaneously emerge once God has formed the dust of the ground into a human body.[\[1\]](#) Merely ordering the physical elements into a human body is not enough (at least, at this initial stage of human development) to get a human person. That second step, in which God breathes the breath of life into the already formed body, is also necessary.

So what are we to make of this? Does Genesis give us a picture of a human being as a body-soul composite? At this point, such a conclusion would be premature. We have not yet considered what a soul is, nor whether "the breath of life" in some way corresponds to, or produces, it. One thing seems clear, however. The Bible seems to suggest that human beings are more than just physical bodies. There appears to be an additional component to our nature, and we need to spend some time gaining a better understanding of what that is.

Surviving the Death of the Body

The book of Genesis briefly describes the death of Jacob's wife, Rachel, as she gave birth to their son, Benjamin.^{2} We read that "as her soul was departing (for she died)," she named her son (Genesis 35:18).

How are we to understand the phrase, "as her soul was departing"? In Hebrew, the word here translated "soul" is the term *nephesh*. Part of the difficulty in understanding the phrase is that *nephesh* can be used in a variety of ways. According to the Christian philosopher J. P. Moreland, "The term *nephesh* . . . is used primarily of human beings, though it is also used of animals (Genesis 1:20; 9:10; 24:30) and of God Himself (Judges 10:16; Isaiah 1:14)."^{3}

Depending on the context, the term might refer to a part of the body, like the neck (Psalm 105:18) or throat (Isaiah 5:14). It can also be used of the principle of life, as in Leviticus 17:11: "the life [that is, *nephesh*] of the flesh is in the blood." Strangely, however, it can also refer to a dead human body (Numbers 5:2; 6:11). Moreover, it can be used of various psychological aspects of human experience, like emotions or desires (Proverbs 21:10; Isaiah 26:9; Micah 7:1). Finally, there are also indications that the term can refer to what might be called the "soul"—the immaterial component of a human being in which one's personal identity is located.^{4}

So when we read that Rachel's "soul was departing," does this simply mean that she was dying, that the "principle of life" (which had sustained her to this point) was departing? Or could it mean that her "soul," an immaterial component of her being encompassing her personal identity, was departing? In other words, is this verse merely telling us that Rachel's body was dying, or is it also telling us that, as her body was dying, her soul was leaving her body (possibly to continue its existence elsewhere)?

If we examine other passages of Scripture, we see evidence that the human soul continues to exist after the death of the body. Consider Psalm 49:15: "But God will ransom my soul from the power of Sheol, for he will receive me." In Hebrew thought, Sheol was the place of the dead, somewhat like the Greek conception of Hades.^{5} In this passage, the Psalmist expresses confidence that God will ransom his "soul" from the place of the dead and receive the Psalmist to himself. This view of the soul becomes even clearer when we examine what the Old Testament has to say about the afterlife.

The Place of the Dead

In the Old Testament the place of the dead is called Sheol. Of course, in some places the term simply refers to the grave. Nevertheless, according to John Cooper, "There is virtual consensus that the Israelites did believe in some sort of ethereal existence after death in a place called Sheol."^{6} What sort of place was this?

Job describes it as a place of "ease," where "the wicked cease from troubling" and "the weary are at rest" (3:13, 17-18). That sounds pretty good! However, it's also described as a place of "darkness" and "the land of forgetfulness" (Psalm 88:12), a place where not much is happening. As the author of Ecclesiastes puts it: "There is no work or thought or knowledge or wisdom in Sheol, to which you are going" (9:10). Hence, J. P. Moreland observes, "Life in Sheol is often depicted as lethargic and inactive."^{7}

But there are exceptions. Consider the case of Saul and the medium of Endor (1 Samuel 28). The prophet Samuel had died, and Saul is preparing to go to war against the Philistines (vv. 1-4). After seeing the Philistine army, however, Saul is afraid (v. 5). He inquires of the Lord, but the Lord does not answer him (v. 6). In desperation, Saul seeks out a medium at Endor, and asks her to

call up Samuel from the dead (vv. 7-11). Incredibly, the plan works, and Samuel actually makes an appearance (vv. 12-14).

Saul inquires of Samuel, but Samuel essentially rebukes Saul (vv. 15-16), reminding Saul of his prior disobedience. He tells Saul that Israel will be defeated by the Philistines and informs him that “Tomorrow you and your sons shall be with me” (vv. 18-19). It’s a fascinating story, but we must not lose sight of what (for us) is the main point.

Notice that Samuel, who had previously died, and whose body had been buried (v. 3), retains his personal identity in the shadowy underworld of Sheol. He still knows who he is, remembers Saul, and can function as the Lord’s prophet. Although Samuel is pictured in the story as “an old man . . . wrapped in a robe” (v. 14), Moreland reminds us that the Bible often uses such imagery “in a nonliteral way to describe immaterial, invisible realities.”[\[8\]](#) Regardless, the Old Testament teaches that human beings continue to exist after the death of the body. Moreover, the righteous express a hope that God will rescue their souls even from Sheol.

Redemption from Sheol

The Old Testament pictures all those who die as going initially to Sheol, the place of the dead. However, it also intimates a hope for the righteous even “beyond the grave.” As John Cooper notes, “Several Psalms read most naturally as confessing a steadfast if unspecified trust in God beyond death.”[\[9\]](#)

Consider Psalm 49. The psalmist observes that all people die. Sooner or later each person’s life ends in death (vv. 5-12).

But for the psalmist that is not the end of the story. Though he knows that this life will end with the death of his body, he nonetheless

confidently proclaims: "But God will ransom my soul from the power of Sheol, for he will receive me" (v. 15).

Or consider Psalm 73. The psalmist begins by confessing that he was "envious of the arrogant" and "wicked" (v. 3). However, as he contemplated that their end is "destruction," his hope in God was renewed (vv. 17-24).

Although the psalmist recognized that he, too, would die, he declares his hope in God: "My flesh and my heart may fail, but God is the strength of my heart and my portion forever" (v. 26). After surveying such material, one Old Testament scholar notes that before God "there is not only the alternative between this life and the shadow existence in the world of the dead; there is a third possibility—a permanent, living fellowship with him."[\[10\]](#) This third possibility was the confident hope of the psalmists.

Of course, if we're going to be fair, we must also agree with C. S. Lewis, who observes that throughout much of the Old Testament, belief in the afterlife held virtually no "religious importance" whatever.[\[11\]](#) What mattered to the ancient Israelite was life on this earth. It is here that we can enjoy fellowship with family, friends—and God.

So why did God reveal so little to the ancient Israelites about the nature of the afterlife? Lewis suggests that God may have wanted His people to come to love Him primarily as an end in itself—and not for any rewards he might bestow in the afterlife. If one becomes friends with God in this life, then one will naturally fear to lose this relationship in death. And at this point, God can step in with the "good news" that friendship with Him can continue beyond death.[\[12\]](#) Indeed, God even promised to raise the bodies of his people from the dead, to continue their friendship with him on a new earth!

The Resurrection of the Body

The resurrection of the body is a doctrine that many believers rarely think about. Yet this doctrine is not only taught throughout the New Testament, it's even found in the Old Testament.

Consider Daniel 12:2: "And many of those who sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt." This verse is not denying a disembodied afterlife between death and resurrection. Rather, it is affirming that the souls of the dead, whose bodies appear to be asleep in in the "dust of the earth," shall be "awakened" and raised from the dead.

Notice that some are raised "to everlasting life," but others to "everlasting contempt." Cooper writes, "This verse . . . connects resurrection, judgment, and two eternal destinies."[\[13\]](#) The Old Testament suggests that the souls of the dead will one day be reunited with their bodies for all eternity. As Moreland observes, "Old Testament teaching implies that the soul or spirit is added to flesh and bones to form a living human person (Genesis 2:7; Ezekiel 37) and that the resurrection of the dead involves the re-embodiment of the same soul or spirit (Isaiah 26:14, 19)."[\[14\]](#)

How might we sum up Old Testament teaching about the nature and destiny of human beings? First, human beings appear to be composed of both body and soul. When God created Adam, he first formed his body from the dust of the earth, and then "breathed into his nostrils the breath of life" (Genesis 2:7). This at least hints at the possibility that human beings are a body-soul composite. The evidence for this is strengthened, however, when we consider Old Testament teaching about life after death.

Throughout the Old Testament we see evidence for continued personal existence, after the death of the body, in a place

called Sheol. An interesting example of this can be seen when Saul, with the help of a medium, calls up the prophet Samuel from the dead. We saw that Samuel continues to exist and retain his personal identity even after the death of his body (1 Samuel 28).

But this was not the end of the story. For the Old Testament also teaches that the souls of the dead will one day be reunited with resurrected bodies, either to enjoy eternal life on a new earth, or to suffer eternal shame and contempt. This, in a nutshell, is what the Old Testament has to say about the nature and destiny of human beings.

Notes

1. John W. Cooper, *Body, Soul & Life Everlasting: Biblical Anthropology and the Monism-Dualism Debate* (Grand Rapids, MI: Eerdmans, 2000), Loc. 727-39, Kindle.
2. See the story in Genesis 35:16-20.
3. J. P. Moreland, *The Soul: How We Know It's Real and Why It Matters* (Chicago: Moody, 2014), 45, Kindle.
4. The material in this paragraph is indebted to Moreland, *The Soul*, 45-46.
5. Cooper, *Body, Soul & Life Everlasting*, Loc. 810.
6. Cooper, *Body, Soul & Life Everlasting*, Loc. 783.
7. Moreland, *The Soul*, 51.
8. Moreland, *The Soul*, 52.
9. Cooper, *Body, Soul & Life Everlasting*, Loc. 906. The preceding words, concerning hope "beyond the grave" are also taken from Cooper, Loc. 902.
10. Hans Walter Wolff, *Anthropology of the Old Testament*, 109; cited in Cooper, *Body, Soul & Life Everlasting*, Loc. 912.
11. C.S. Lewis, *Reflections on the Psalms* (New York: Harcourt Brace & Company, 1986), 36.
12. Lewis, *Reflections on the Psalms*, 36-43.
13. Cooper, *Body, Soul & Life Everlasting*, Loc. 916.
14. Moreland, *The Soul*, 53.

Lifting the Spell

Steve Cable critically considers atheist Daniel Dennett's book Breaking the Spell to gain a better understanding of the contrast between the "bright" perspective and a biblical perspective.

Blinded by the "Bright"

Is your belief in God purely the result of natural evolutionary forces? Has Christianity evolved over the centuries to dupe you into belief for its own survival? This proposition may insult your faith, your intelligence, and your self worth. However, it is the central theme of a recent book by Daniel Dennett entitled *Breaking the Spell: Religion as a Natural Phenomenon*.[\[1\]](#)

Philosopher Daniel Dennett is best known for his 1995 book, *Darwin's Dangerous Idea*, and his July 2003 op-ed entitled "The Bright Stuff." Dennett is a self proclaimed "bright." According to him,



A bright is a person with a naturalist as opposed to a supernaturalist worldview. We brights don't believe in ghosts or elves or the Easter Bunny—or God. . . . Don't confuse the noun with the adjective: "I'm a bright" is not a boast but a proud avowal of an inquisitive worldview.[\[2\]](#)

I am relieved he is not boasting, but my English teacher would say that "a proud avowal" is a good definition of a boast. In any case, Dennett is a proud proponent of a naturalist worldview.

The book's premise is that religion is a powerful, dangerous force in need of rigorous study, using the tools of modern evolutionary science. By understanding the natural forces that imbue religion with so much power, perhaps an enlightened world can neutralize religion while retaining the positive benefits, if any. Our hero, Dennett, has ventured into the sorcerer's den of theologians, ministers, and philosophers to break the spell holding us prisoner. He states, "The spell that I say must be broken is the taboo against a forthright, scientific, no-holds-barred investigation of religion as one natural phenomenon among many."[\[3\]](#)

Dennett lobbies for a truly scientific (meaning atheistic) study of the origins and mechanisms of religion. According to Dennett, we had better understand religion before it destroys us. In today's dangerous world, that may not seem to be such a bad sentiment. Romans chapter 1 tells us that religions not based on God's revealed truth are natural phenomenon because they "worship the creature rather than the creator."[\[4\]](#) However, we should examine the implications of his so-called scientific study before biting into the apple with him.

Critically considering some themes from Dennett's book may help us gain a better understanding of the contrast between the "bright" perspective and a biblical perspective. By examining an atheist's misconceptions, we may discover areas where we have unintentionally adopted a "bright" perspective rather than a biblical worldview. Thoughtfully considering the relationship between Christianity and other religions can better prepare us to defend the hope that is in us.

A Bright's View of Religion

What is religion? Dennett begins by defining religion as "social systems whose participants avow belief in a supernatural agent or agents whose approval is to be sought."[\[5\]](#) Later he adds that "religion . . . invokes gods

who are effective agents in real time and who play a central role in the way participants think about what they ought to do.”{6}

Defined in this way, religion is all about groups of people seeking approval of supernatural agents to obtain real time benefits. He also detects an appearance of design, calling religion “a finely tuned amalgam of brilliant plays and strategies capable of holding people enthralled and loyal for their entire lives.”{7}

You and I are probably not yearning for a social system or an “amalgam of brilliant strategies.” We want an eternal relationship with a real, living God. These definitions are why we sometimes say, “Christianity is not a religion, it is a relationship.”

Dennett wants to completely knock the wind out of your sails by stating “that religion is natural as opposed to supernatural, that it is a human phenomenon composed of events, organisms, objects, . . . and the like that all obey the laws of physics or biology, and hence do not involve miracles.”{8} Elsewhere he says that “I feel a moral imperative to spread . . . evolution, but evolution is not my religion. I don’t have a religion.”{9}

For a bright, science does not follow the evidence wherever it leads, but assumes natural explanations exist for every experience. Thus, he proposes that we should study religion by assuming that its foundation is false. That is like playing tennis with your feet tied together—you can never get to where you need to be to return the ball.

Let’s consider a different definition that better captures the role of religion:

My religion is what I believe about the origin, nature, and future of man and our relationship to the supernatural. My beliefs about eternity form the

foundation for how I view my life on earth.

Using this definition, Dennett's naturalism is his religion. And, your relationship with Jesus Christ resulted from your religion, your belief that Jesus is God.

To be fair, *organized religion* is a social system for practicing and propagating a common set of religious beliefs. Organized religion may result in some of my beliefs being ingrained rather than chosen, but they are still my belief system. Determining which, if any, of these organized religions is teaching the truth about eternity should be of utmost importance to every person.

The Purpose of Religion

What is the purpose of religion? Throughout his book, Dennett suggests that religions are evolutionary artifacts. Thus, any benefits of religion must be realized here and now to be favored by natural selection. From Dennett's perspective, what religious people say they want from religion is "a world at peace, with as little suffering as we can manage, with freedom and justice and well-being and meaning for all."[\[10\]](#)

He also surmises that

The three favorite purposes . . . for religion are:

- To comfort us in our suffering and allay our fear of death.
- To explain things we can't otherwise explain.
- To encourage group cooperation in the face of trials and enemies.[\[11\]](#)

At first blush, these sound like good purposes, things we all desire (except perhaps the last one for those of us who have been burned by group projects). Some churches even promote these goals as the primary message of Christianity. But how can these purposes explain Jesus saying, "In the world you

have tribulation, but take courage; I have overcome the world”?[{12}](#) Or, Paul saying, “For momentary, light affliction is producing for us an eternal weight of glory”?[{13}](#) Dennett’s purposes cannot explain these statements because they are based on a naturalistic worldview where death is the end.

Ultimately, religion is not about this life. It is about the next life. One of my wife’s favorite sayings to help in dieting is, “A moment on the lips means a lifetime on the hips.” It is this perspective of lasting consequences for our actions that gives religion such power. Whether it is a Buddhist seeking karma, a Muslim seeking paradise, or a Christian seeking crowns in glory, an eternal perspective is a common trait of the devoted.

The essential contrast between religions is not over which can offer the best temporal benefits or produce moral behavior. It is about which one offers the truth about the nature of God, life, and eternity. Salvation occurs when you believe that Jesus is *the way, the truth and the life*,[{14}](#) and you confess Him as Lord.[{15}](#) In contrast, eternal separation is the result of rejecting the truth. As Paul tells us, “[they] perish, because they did not receive the love of the truth so as to be saved.”[{16}](#)

The purpose of religion is to propagate the truth about the important questions that determine our eternal destiny. The most important topic to study is not “How can we get the temporal benefits from religion, while really assuming that there is no eternity?” but instead “How can I determine which religion has the truth about eternity?”

Defending the Bright Religion

In *Breaking the Spell*, Dennett proposes evolutionary science can explain religious beliefs as natural phenomenon. He believes his religion, Darwinism, can make the world better by

neutralizing the power of theistic religion. One problem; his religion is not accepted by most Americans. Dennett laments:

[O]nly about a quarter [of America] understands that evolution is about as well established as the fact that water is H₂O. . . . how, in the face of. . . massive scientific evidence, could so many Americans disbelieve in evolution? It is simple: they have been . . . told that the theory of evolution is false (or at least unproven) by people they trust more than . . . scientists.[{17}](#)

Naturally, Dennett argues for his point of view. His argument exhibits three flaws common in many arguments for Darwinism:

1. *Bait and switch definitions.* The Darwinist says, "Fact: Evolution defined as change over time through natural selection occurs. Fact: Darwinism is based on evolution. Conclusion: Darwinism is proven as the explanation for life in this universe." Claiming that Darwinism is proven because evolution occurs is like the over eager detective stating, "Fact: You were in the city on the day of the murder. Fact: The murderer had to be in the city on that day. Conclusion: You are proven to be the murderer." The two facts are correct, but the reasoning is flawed.

2. *Attack the skeptics, not the evidence.* Dennett states that "there are no reputable scientists who claim (that Darwinism is unproven). Not a one. There are plenty of frauds and charlatans, though."[{18}](#) So, anyone who doubts is a fraud regardless of their credentials. His assertion is laughable when one realizes over seven hundred scientists with impressive credentials have signed a statement expressing their skepticism of Darwinism.[{19}](#) When you don't have an answer for the evidence, your only recourse is to attack the witness.

3. *Declare yourself the winner.* Assume Darwinism is true and use that assumption to refute other theories. Dennett states,

“Intelligent Design proponents . . . have all been carefully and patiently rebutted by conscientious scientists who have taken the trouble to penetrate their smoke screens of propaganda and expose both their shoddy arguments and their apparently deliberate misrepresentations.”[\[20\]](#)

Since defenders of Darwinism attempt to create smoke screens of propaganda, shoddy arguments, and apparently deliberate misrepresentations, it is not surprising that most Americans have not signed up for his religion. However, they control the media and educational systems, so the battle is far from over. Equip yourself to use this conflict to share the truth by checking out Probe’s material, [on evolution and Darwinism](#), at [Probe.org](#).

Toxic Tolerance

In *Breaking the Spell*, Dennett assures us that atheism is the best course, but he may be willing to tolerate other religions if it can be shown they produce some benefits. He lists three main options among those who call themselves religious but vigorously advocate tolerance:

1. *False humility*. “The time is not ripe for candid declarations of religious superiority, . . . let sleeping dogs lie in hopes that those of other faiths can gently be brought around over the centuries.”[\[21\]](#)

2. *Religious equality*. “It really doesn’t matter which religion you swear allegiance to, as long as you have some religion.”[\[22\]](#)

3. *Benign neglect*. “Religion . . . really doesn’t do any good and is simply an empty historical legacy we can afford to maintain until it quietly extinguishes itself (in) the future.”[\[23\]](#)

How does your faith fit into his list of viable options? If

you believe your religion is true, none of these options makes sense. How can you “let sleeping dogs lie” or say “it doesn’t really matter” when you have good news of eternal significance? Moreover, if your religion is “simply an empty historical legacy,” don’t put up with it any longer. Join with Paul in saying, “If we have hoped in Christ in this life only, we are of all men most to be pitied.”[\[24\]](#)

Dennett’s tolerance options assume that religions claiming revealed truth cannot coexist without leading to conflict and suffering. To the contrary, religious wars are the result of the selfish ambition of men rather than the conflict between competing truth claims. Jesus gave us the model of authentic religious tolerance when he said, “My kingdom is not of this world. If my kingdom were of this world, my servants would be fighting.”[\[25\]](#) Christianity is not about physical or political conquest. It is about redeeming people from slavery to freedom, from death to eternal life.

Truth is not threatened when competing worldviews are able to enthusiastically promote their beliefs. When each person is free to seek the truth and make truth choices without fear of reprisals or coercion, the gospel can flourish. Eternity, not religious wars or religious leaders, will eventually be the judge of what is truth. In the end, truth is not determined by the majority, but by reality.

One thing we know to be true is that “God does not desire any to perish.”[\[26\]](#) Consequently, we should not accept any version of tolerance which mutes proclaiming the good news.

Dennett wants to “break the spell” against studying religion as a natural phenomenon. Instead, let’s join together in lifting the spell of naturalism by proclaiming the truth that Jesus Christ is indeed our Creator and Lord.

Notes

1. Daniel Dennett, *Breaking the Spell: Religion as a Natural*

Phenomenon, Viking Press, 2006.

2. Daniel Dennett, "The Bright Stuff," *The New York Times*, July, 2003.

3. Dennett, *Breaking the Spell*, 17.

4. Romans 1:25. (All Scripture references are taken from the New American Standard Bible, update version.)

5. Dennett, *Breaking the Spell*, 9.

6. Ibid., 11.

7. Ibid., 154.

8. Ibid., 25.

9. Ibid., 268.

10. Ibid., 17.

11. Ibid., 103.

12. John 16:33.

13. 2 Cor. 4:17.

14. John 14:6.

15. Romans 10:9-10.

16. 2 Thess 2:10-12.

17. Ibid., 59.

18. Ibid., 61.

19. www.dissentfromdarwin.org.

20. Ibid., 61.

21. Ibid., 290.

22. Ibid., 290.

23. Ibid., 290.

24. 1 Corinthians 15:19.

25. John 18:36.

26. 1 Timothy 2:3.

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“Is Soul Sleep Biblical?”

I am writing to seek clarification on the rather thorny issue of life after death. In 1 Thessalonians 4:13-17 Paul outlines how the process of judgment will take place. He says, “For the Lord Himself will descend from heaven with a loud cry of summons, with the shout of an archangel, and with the blast of the trumpet of God. And those who have departed this life in Christ will rise first.” Isn’t this a substantive indication of “soul sleep”? If what Paul asserts is anything to go by it means that after death the soul remains in somewhat a “holding cell” until the day of judgment regardless of the person’s beliefs and tenets prior to death. An appendage would be 1 Samuel 28:1-14; I believe this passage also corroborates the “holding cell” school of thought.

Thanks for your letter. This is a very important issue. I am personally persuaded that the doctrine of “soul sleep” is incorrect. When the Bible speaks of death in terms of “sleep,” it is speaking this way because the person’s body looks as if it were asleep. In other words, this way of speaking has to do with the body, and not the soul.

This is evident, I think, when one considers a passage like Luke 16:19-31. Both the rich man and Lazarus die, but their souls are very far from being “asleep” (in the sense of unconscious). The men in this story, although physically dead, are pictured as consciously awake and aware of their surroundings. Their bodies have died, but their souls are very much conscious in the afterlife.

This is also evident in Revelation 6:9-11. And it is further supported by the teaching (concerning believers) that when we die, we go immediately to be with the Lord. Here, remember what Jesus said to the thief on the cross, “Today, you will be with Me in paradise” (Luke 23:43). Or consider Paul’s statements in passages like 2 Cor. 5:1-10 or Philippians 1:23.

All of these passages indicate, I think, that believers are conscious and with the Lord in paradise between death and resurrection. Unbelievers, likewise, are also conscious (though they are in torment and separated from the Lord).

Hence, the Bible seems to teach that we continue to experience some form of personal, conscious existence between death and resurrection.

I hope that these passages from Scripture will help to clear up this issue for you.

Shalom in Christ,

Michael Gleghorn

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“Please Help Me – I’m Lost”

Please help me, I’m lost. I’m in my 50s now and the question of life after death is on my mind a lot. I’ve been brought up a Methodist but stopped going to church when I was big enough to make my own decisions. . . . Being young, I lived for the moment and never gave God much thought. But now that I’m older I want to know more.

Like what does it matter if one man lives or dies? It’s not going to make any difference as the world turns. We’re not supposed to care about earthly things but in this country that is supposed to be “one nation under God” we probably control half the money in the world and yet millions are dying from starvation. Why? I’m sorry just have so many questions and don’t know who to go to for answers. Please help me find peace

for myself!

Dear _____,

I am delighted that you wrote to us! My husband Ray and I are both in our fifties as well so we very much understand why you'd be asking these extremely important decisions now. Way to go!! <smile>

Allow me to point you to an essay on our website by Jimmy Williams called "The Most Important Decision of Your Life" here: www.probe.org/the-most-important-decision-of-your-life/.

Also, please allow me to address your question of "what it matters if one man lives or dies, since it won't make any difference as the world turns." Very few people make a noticeable difference to the world at large, but EVERYONE makes a difference to the people closest to us. The world is different because of each of our lives. The question is, what kind of difference does each of us make? One for good, or for evil?

Also, your observation is very true from a worldly perspective, but from God's perspective it makes a tremendous amount of difference because He made you for Himself, and He made you for a purpose. It matters because God wants you to know how much He loves you and how deeply He wants you to accept His invitation to find your life in Him. Ultimately, a billion years from now, when the world as we know it isn't here anymore, only things from God's perspective will matter.

Jimmy's essay will help you grasp life from God's perspective. Let me know what you think after you read it, OK? But first let me pray for you.

Dear God, I lift up _____ to You and I thank You for the big smile on Your face as You see him turning over these important thoughts and decisions in his mind. Thank You for opening _____'s eyes to his need to see the big picture of life and

to ask the eternally significant questions he's asking. Lord, it's only Your grace and goodness that allow him to know he is lost and needing peace. He would be blind to those truths if it weren't for You calling to him and allowing him to hear You calling. So help _____ understand his need for You and the promise that is his life, since You made him for a purpose, You made him so You could love him, and You made him so he could love You back, enjoy You forever, and make a difference because He's Your beloved creation. I pray You would help him cross over the line to become Your beloved son.

I bless you today, _____!

Warmly,
Sue Bohlin

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Virginia Tech Massacre: Coping with Grief

As the world joins Virginia Tech in mourning a terrible massacre, I've found myself experiencing poignant memories of an earlier visit to that campus when students also struggled with recent death. Though that tragedy was smaller in scope, grief and confusion abounded then as now.

Several months before my evening lecture at Virginia Tech, I had recommended that my hosts have me speak on love, sex, and dating . . . nearly always a popular campus draw. But they preferred I speak on death and dying: [*One Minute After Death*](#). Reluctantly, I agreed; they publicized accordingly. Though they didn't claim clairvoyance, their selection proved

providential.

A few days before my presentation, three Tech students died tragically in separate incidents involving suicide and a fire. The campus buzzed with concern about death and dying. The lecture venue was packed; the atmosphere electric.

Death's Shuddering Finality

I told the audience of similar sadness: The spring of my sophomore year at Duke, the student living in the room next to me was struck and killed by lightning. For some time after Mike's death, our fraternity was in a state of shock. My friends wrestled with questions like, "What's life all about?" "What does it mean if it can be snuffed out in an instant?" "Is there life after death?"

Our springtime happiness became gloom. A memorial service and personal interaction helped us process our grief. I vividly recall a classmate driving Mike's ashes home to Oklahoma at the end of the term. Death had a shuddering finality.

Now, in the recent massacre's immediate aftermath, stories both heartrending and inspiring are emerging. Rescue workers removing bodies from Norris Hall, where the bulk of the killings occurred, encountered cellphones ringing, likely parents or friends trying to contact missing students. Parents wandered the campus that first evening seeking to learn their children's fate.

During the siege, engineering professor [Liviu Librescu](#), an Israeli Holocaust survivor, blocked a door with his body, sacrificing his life so students could flee.^{1}

God and Evil?

As mourners process their anguish, it's only natural to wonder where God is in all this. Virginia Governor Tim Kaine, who once served as a volunteer missionary, noted at the campus

convocation that even Jesus, in his dark hour on the cross, cried out, "My God, my God, why have you forsaken me?"^{2} He encouraged grieving students to embrace their community to help everyone process their pain.

The late William Sloane Coffin gained fame as a controversial peace and civil rights activist during the Vietnam War. He also served as chaplain of Yale University and had a helpful take on the question of God and suffering.

"Almost every square inch of the Earth's surface is soaked with the tears and blood of the innocent," [Coffin told Religion and Ethics Newsweekly](#), "and it's not God's doing. It's our doing. That's human malpractice. Don't chalk it up to God."

"When [people] see the innocent suffering," continued Coffin, "every time they lift their eyes to heaven and say, 'God, how could you let this happen?' it's well to remember that exactly at that moment God is asking exactly the same question of us: 'How could you let this happen?'"^{3}

The problem of evil has many complex facets, but the horror in Blacksburg resulted from human action. Students and faculty face considerable healing. President Bush reminded them, "People who have never met you are praying for you... In times like this, we can find comfort in the grace and guidance of a loving God... 'Don't be overcome by evil, but overcome evil with good.'"^{4} Sound counsel for a grieving campus community.

Notes

1. Laurie Copans, "Holocaust Survivor Killed in Virginia Shootings," Associated Press, April 17, 2007; on ABC News at <http://abcnews.go.com/US/story?id=3048967&page=1>, accessed April 18, 2007. See also Richard T. Cooper and Valerie Reitman, "Virginia Tech professor gave his life to save students," Los Angeles Times, April 18, 2007; <http://tinyurl.com/2lnomg>, accessed April 18, 2007.

2. Matthew 27:46, quoted here from the more contemporary language of the New Living Translation. Kaine appeared to be quoting from the King James Version. Audio of Governor Kaine's April 17, 2007, Virginia Tech convocation speech is at <http://www.vbdems.org/>, accessed April 18, 2007.

3. "Profile: William Sloane Coffin," Religion & Ethics Newsweekly interview with Bob Abernathy, Episode no. 752, originally broadcast August 27, 2004; rebroadcast in 2007; <http://tinyurl.com/2vdr6t>, accessed April 18, 2007.

4. Text of the president's April 17, 2007 speech at the Virginia Tech memorial convocation is at <http://tinyurl.com/2t6txa>, accessed April 18, 2007. The third sentence in the Bush quotation here is from Romans 12:21.

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Overcoming Anxiety: Finding Real Peace When Life Seems Crazy

What makes you feel anxious? Being late or unprepared for work or appointments? Maybe unresolved interpersonal conflict. Airline travel? Public speaking? Fears of losing love? Serious illness or a friend's death?



This article is also available in [Spanish](#).

What makes you feel anxious? Being late or unprepared for work or appointments? Maybe unresolved interpersonal conflict. Airline travel? Public speaking? Fears of losing love? Serious illness or a friend's death?

Pressures from the trivial to the traumatic can prompt feelings of fearfulness or apprehension.

Once at a booksellers convention my wife and I spent an exhausting day on our feet promoting a new book. Late that night, after a reception crowd had thinned down to mostly authors and our publisher, we stood in a circle engaged in conversation. I had to leave her side momentarily to attend to a matter.

Upon returning to the circle, I walked up behind my wife and began gently to massage her shoulders. She seemed to enjoy this, so I started to put my arms around her waist to give her a little hug. Just then, I looked up at the opposite side of the circle and saw ... my wife.

I had my hands on the wrong woman!

In that instant, I knew the true meaning of fear. Fear of circumstances. Even fear of death! Confusion clouded my mind. Heat enveloped my back, shoulders, neck and head. My face reddened; my stomach knotted.

You've probably had embarrassing moments that generate anxiety. What about more serious causes?

Your Greatest Fear?

Fear of death is perhaps humans' greatest fear. In college, the student living next door to me was struck and killed instantly by lightening on a golf course one springtime afternoon. Shock gripped our fraternity house. "What does it mean if life can be snuffed out in an instant?" my friends asked. "Is there a life after death and, if so, how can we experience it?" Confusion and anxiety reigned.

If you can't answer the question "What will happen when you die?" you may become anxious.

How can you find real peace in a chaotic world? Consider a possible solution. It involves the spiritual realm.

As a university student, I wrote a paper for an abnormal psychology class investigating a biblical therapy for anxiety. I had come to faith as a freshman and found it brought me peace of mind. Complex psychological disorders often stem from more basic problems like anxiety, problems for which faith offers practical solutions.

I sent a copy of my paper to the author of our textbook, a prominent UCLA psychologist. A month later, he replied that he liked the paper and asked permission to quote from it in his revised textbook.

Somewhat amazed, I readily agreed. I also sent a copy of his letter to my parents in Miami, who were beginning to wonder about their son's campus spiritual involvement.

This professor felt that the principles in the paper—which certainly were not original with me—had both academic and personal relevance. Several months later, we met at his lovely home in Malibu overlooking the Pacific Ocean. As we sat in his back yard, this professor told me he lacked personal peace and wanted to know God personally. I showed him a simple four-point outline based on one of Jesus' statements: "God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life."[1](#)

We discussed God's unconditional love for us, our dilemma of being unplugged from Him and the flaws (selfishness and "sins") that result. I noted that Jesus, through His death in our place and return to life, came to plug us back into God by paying the penalty we owed for our sins.

Finding Real Peace

This professor decided to place his faith in God and asked Jesus to forgive him and enter his life. We kept in touch.

Later, over the phone, he told me that as he looked out over the ocean and saw the setting sun, "I really believe I'm a part of all this. Before I didn't, but now I do." He was seeing how he fit into God's universe. An internationally acclaimed scholar linked up with, if you will, the greatest Psychologist.

One of Jesus' earlier followers wrote to some friends about a divine aid for anxiety: "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus."[2](#)

Faith in God does not make life perfect and is no automatic solution to anxiety. Illness, chemical imbalance, emotional wounds and more can hamper coping. But a good starting place is to become linked with the One who loves us and knows best what makes us fulfilled.

Might it be time for you to consider Him?

Notes

1. John 3:16 *NLT* (*New Living Translation*).
2. Philippians 4:6-7 (*NLT*).

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The Five People You Meet in Heaven – A Biblical Worldview Critique

Written by Patrick Zukeran

Dr. Zukeran presents a biblical worldview critique of the story by Mitch Albom, The Five People You Meet in Heaven. Albom's story presents some interesting ideas about the afterlife, but falls far short of expressing a complete understanding of God's description of heaven. It misses the importance of being created in God's image, being redeemed to be able to spend eternity with our Creator, and the fellowship with God and all the saints for eternity.

Brief Synopsis

Eddie lives an insignificant life as a maintenance man for the rides at the Ruby Pier amusement park. One day a mechanical failure causes a fatal accident. Eddie rescues a young girl from her death but in the effort, he is killed. This is when the adventure begins.

Eddie enters heaven and discovers it is not a garden but a place where he will meet five people whose lives intersected with his in some significant way on earth, some readily known to Eddie and some unknown to him. These five explain the meaning of Eddie's life and the purpose of heaven. Through this best-seller fictional story, *The Five People You Meet in Heaven*, author Mitch Albom teaches us his understanding of the meaning of life.

In heaven, Eddie learns five key lessons from the five individuals. First, every life is interconnected so each person impacts others throughout his or her lifetime in ways that may not be recognized. Second, we should live sacrificing

for others, for such acts inevitably lead to good outcomes. Third, forgiveness is necessary to find inner peace. Fourth, love is a powerful virtue that lasts eternally. And finally, our life, as insignificant as it may seem, has a purpose.

Heaven is a place where we find inner peace with ourselves when we learn these lessons. Through this process, we are cleansed of negative thoughts and scars we carried in our lifetime and find true inner peace. After this, we will choose our heavenly dwelling. There we will wait for newcomers whose lives intersected ours on earth. We will be one of the five people they will meet as they learn the meaning of their life on earth.

What accounts for the popularity of Albom's work? He addresses two life questions that every individual wrestles with and desperately seeks answers to: What is the meaning of my existence? and What happens after death? In a creative way, here is a story that offers significance to each person's life and hope beyond the grave.

Albom is an excellent writer and is sincere in his effort. This story causes each one of us to wrestle with these key questions of our existence and eternal destiny, issues many choose to ignore but must inevitably face. He also teaches some valuable life lessons. For these reasons, the story is enjoyable and thought provoking.

But after reading the story, I found that Albom's answers fall short of providing satisfactory solutions to every person's dilemma. In some ways he gets us closer to the answer, but never really gets there. Christians will find that he gives us some appetizers, but fails to deliver the main dish. In what follows, I will present a biblical critique of this story and explain how Albom scratches the surface but never finishes the quest for meaning, significance, and eternal hope.

The Quest for Meaning

What is the meaning of my existence? Does my ordinary life make a difference? Will I look back on my life with regret, feeling that I contributed nothing significant in my lifetime? These are issues most people ask throughout their lifetime and seek answers for.

In *The Five People You Meet in Heaven*, Mitch Albom teaches that one does not have to be famous or powerful to impact the lives of others. Every person who has understanding can know his or her life was worthwhile.

In Albom's story, the meaning of life comes from understanding that everyone's life is interconnected. Therefore, even small decisions and actions we take can significantly affect the lives of others. In a CBS interview, Albom stated, "I think the meaning of life is that we're all kind of connected to one another. I'm living proof of the influence that one person can have on other people. Look at what Morrie did for me talking to me. And I wrote a book to try to pay his medical bills and went from one person to another person and people come up and say your book changed my life. How did that happen? I'm convinced that everybody has an effect on everyone."[\[1\]](#)

It is true that our life does affect others, some in very significant ways. However, we are still left empty at the end of the novel because Albom's proposed solution falls short of providing ultimate meaning for our existence.

In the story, the main character Eddie learns in heaven that he impacted the lives of others both positively and negatively, often unintentionally. Knowing our life led to another's tragedy or greater enjoyment still begs the question, "So what?" It may feel good temporarily to know I made a difference, but that will not bring everlasting satisfaction. Why should we care if our lives affected others? Before we can answer the question, "What is the meaning of

life?" we must first answer the question, "Why were we created?"

If we are a cosmic accident as Darwinian evolutionary theory teaches, there is no intended purpose for our existence. Therefore, our lives have no ultimate meaning, and impacting the lives of others is meaningless, for our final destiny is extinction.

If God created us for a purpose, then we need to find out why He created us. The answer to the meaning of life is directly tied to the origins question. Since Albom does not answer the origin question, he cannot provide an adequate answer for the meaning of life question. The Bible teaches that we were created by God to love Him, love others, and fulfill His calling upon our lives. Any answer that does not include God as a centerpiece of the answer will fall short, and Albom basically leaves God out of his version of heaven.

Albom's Heaven

Could the traditional Christian view of heaven be wrong? Albom gives us a very different picture. Albom developed his idea from a story his uncle, Edward Beitchman, told him when he was a child. One night his uncle was lying near death and woke up to see his deceased relatives standing at the foot of the bed. When asked, "What did you do?" his uncle responded, "I told them to get lost. I wasn't ready for them yet."[\[2\]](#) Albom remembered this story and began to develop his concept of heaven for the story.

Albom states, "Somewhere, swimming in my head, was the image my uncle had given me around that table, a handful of people waiting for you when you die. And I began to explore this simple concept: what if heaven was not some lush Garden of Eden, but a place where you had your life explained to you by people who were in it—five people—maybe you knew them, maybe

you didn't, but in some way you were touched by them and changed forever, just as you inevitably touched people while on earth and changed them, too."

His idea that heaven is a reunion with five people who explain the meaning of your life is masterfully pictured in this work. With each encounter the main character Eddie is taught a new lesson that puts the pieces of his earthly life together so that it begins to make sense. Some lessons bring joy, others bring remorse, but the pain is a cleansing process that results in inner peace. After this, individuals will choose their happiest moment on earth and that will be their eternal abode where they await the opportunity to teach a recently deceased newcomer the meaning of that person's life.

If heaven was a place similar to Albom's story, we would be very disappointed, for it is too small and shallow. Our souls are much bigger than this. How quickly we would get bored once we discovered the impact our life made and then spent eternity in a heaven we dream up for our pleasure. Earthly pleasure becomes painful when we get too much of it. The heaven described in the Bible is very different from this earth. Our joy is not wrapped in repeating earthly pleasures but is found in a person, Jesus Christ, who is the center of all creation. Our present earth is fallen and suffers the effects of sin. In heaven, sin and its consequences are not present.

God is the main focus in heaven, but unfortunately, in Albom's story, God plays a very small role. Psalm 16:11 states, "You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand." Only a heaven created by and centered on God will be big enough for our soul.

Do All People Go to Heaven?

Albom's bestseller presents a new and creative vision of

heaven. I agree with Albom that there is a heaven and an existence beyond the grave. However, it appears that Albom implies that everyone will go to heaven, and with this I disagree.

Albom portrays realistic characters in his story, none of whom lived a perfect life. All are guilty of some sin and negative behaviors that have consequences, some greater than others. There is some remorse when individuals in heaven learn how their actions caused negative results, but there is not a just payment for their sin.

Albom appears to assume that everyone will eventually find peace when they learn their lessons from the five people they meet. Although this is a comforting note, it is not what the Bible teaches. Albom's story doesn't reveal the dilemma facing all human beings: sin, failing to perfectly live up to God's perfect standard. It is because of sin that the Bible teaches that not everyone can enter heaven. Jesus states in Matthew 7:13, "Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."

The reason is found in the biblical understanding of human nature and God's nature. Man is sinful while God is holy, perfect, and without sin. The Bible teaches that all are guilty of sin and cannot enter into the eternal presence of a holy and just God. Romans 6:23 states, "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." What is required is a perfect savior who will pay the price for sin. Albom does not deal with the true nature of God, man, heaven's purpose, man's dilemma of sin, and the solution that God freely offers.

The Bible also teaches that there is a price for rejecting God's gift of grace, Jesus Christ. Jesus states, "For God did not send his Son into the world to condemn the world, but to

save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because he has not believed in the name of God's one and only Son" (John 3:17-18). All who reject Christ cannot stand before a holy God, and will be separated from Him eternally in Hell.

Fiction can often teach principles that are true. However in this work, Albom's foundational idea of heaven misses the mark because he does not present a proper understanding of human nature and God's holiness.

The People You Will We Meet In Heaven

Who will we really meet in heaven? Our answer is revealed in the Bible, the Word of God. The Bible is proven to be God's inspired word through miraculous confirmation and the testimony of Jesus Christ the Son of God. Jesus confirmed His claim to be God through His miraculous life and resurrection, and He affirms the authority of the Bible. The truth about heaven then is revealed not in a novel but in this divine revelation.

The next people we will meet in heaven are the saints of all the ages past (Rev. 7:9 and 19:1). There will be more than five; there will be a multitude! Along with them will be the angelic host.

Will we understand the meaning and see the impact of our life on earth? We will know everything about our life and much more. **We will come to a full understanding of God's plan for all of creation.** Only then will we see how our lives played a role in God's overall plan. We will see things from a renewed perspective because our minds will be transformed and freed from the limitations that resulted from sin. 1 Cor. 13:12 states, "Now we see but a poor reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall

know fully, even as I am fully known.” If we knew the glory of the real heaven, we would say Albom’s, and any human attempt to describe heaven, is too small.

Notes

1. CBSNews.com, The Early Show, “Five People You Meet In Heaven,” Sept. 25, 2003, <http://www.cbsnews.com>.
2. The Five People You Meet in Heaven Web site, <http://www.albomfivepeople.com/abouteddie.htm>, 5/25/2005

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“Did the Girl Raised from the Dead Get a Second Chance for Salvation?”

How do you explain the situation represented in Matthew 9:18-25, of the little girl being raised after dying?

While He was saying these things to them, a synagogue official came and bowed down before Him, and said, “My daughter has just died; but come and lay Your hand on her, and she will live.” Jesus got up and {began} to follow him, and so did His disciples. And a woman who had been suffering from a hemorrhage for twelve years, came up behind Him and

touched the fringe of His cloak; for she was saying to herself, "If I only touch His garment, I will get well." But Jesus turning and seeing her said, "Daughter, take courage; your faith has made you well." At once the woman was made well. When Jesus came into the official's house, and saw the flute-players and the crowd in noisy disorder, He said, "Leave; for the girl has not died, but is asleep." And they began laughing at Him. But when the crowd had been sent out, He entered and took her by the hand, and the girl got up.

My question is this: If if she was unsaved, did this girl get a second chance at salvation? If yes, how does this fit in with knowing that "it is appointed for man once to die and after this the judgment"? Secondly, if she was saved, was she allowed to share about the glory of heaven? If not saved, how could she be brought back from Hell?

You ask some interesting and important questions, but I'm honestly not sure that either I, or anyone else, can give you any definitive answers. I will say that the doctrine of a second chance is almost always understood in the sense of a "second chance" for salvation AFTER death (sometimes even after judgment), but PRIOR to the eternal state (which is, by definition, both permanent and eternal). Thus, strictly speaking, the case of the little girl in Matthew 9 may not have any direct relevance to this doctrine. This is at least highly probable for three very good reasons:

1. Scripture nowhere clearly affirms the doctrine of a second chance for salvation after death.
2. The little girl's death was only temporary. The Father knew all along that His Son would shortly raise her.
3. The little girl did not go before God for final judgment at this time.

The doctrine of the "intermediate state" (i.e. between death and resurrection) is debated among theologians. Most

evangelicals believe that after death the immaterial part of a person goes either to a temporary place of punishment called Hades, or a temporary place of peace in the presence of the Lord called Paradise (see Luke 16:19-31; 23:43). After the resurrection and final judgment the entire person will then go to their eternal destiny (either the Lake of Fire or the new heavens and the new earth – See Revelation 20:11-21:8). Since this little girl did not enter her eternal destiny, she could not have shared about Heaven or Hell as we commonly think of them. But could she have shared about either Hades or Paradise?

The difficulty with answering such questions is twofold: 1. The Bible simply doesn't tell us whether or not the girl was saved, nor what her conscious experience (if any) was like between physical death and resuscitation. Thus, anyone trying to answer such questions will be speculating with no clear Scriptural support for this special event. 2. The case is clearly an exceptional one and thus, by definition, does not fit within the general doctrine of what happens to a person after death. Most people who die are not subsequently brought back to a natural mode of physical human existence in this world. The case is an exception, and therefore will not necessarily fit all the rules. Needless to say, the Father knew (even before the little girl died) that His Son would raise her from the dead. Therefore, the usual things which happen to a person after death need not necessarily apply in this case. The Lord had no intention that she remain dead at that time! And finally, after restoring the little girl to life, we simply aren't told whether she was allowed to share her experiences between death and resuscitation, whether or not she had any conscious experiences at all to share, or if she did, whether or not she even remembered them.

My own opinion is that, as Christians, we have an ethical obligation to honestly tell people when we've run up against the limits of our knowledge. Thus, in explaining this passage

to someone, I would say much of what I've said above, but I would honestly tell them that the Bible doesn't always satisfy our curiosity about such matters. Sometimes the questions we bring to the Bible simply aren't answered there. In such cases, we must humbly confess our ignorance and rest in the knowledge of God's omniscience. God knows the whole, whereas we know only a part.

Shalom,

Michael Gleghorn
Probe Ministries

One Minute After Death (radio transcript)

The Other Side of Life

Do you believe in life after death?[\[1\]](#)

Picture the operating room of a large hospital. A man is dying. As the doctors frantically try to save him, here is what he perceives and thinks:

"I am dying. I hear the doctor pronounce me dead. As I lie on the operating table, a loud, harsh buzzing reverberates in my head. At the same time, I sense myself moving very rapidly through a long, dark tunnel. Suddenly, I find myself outside of my own physical body. Like a spectator, I watch the doctor's desperate attempts to revive my corpse.

"Soon I encounter a 'being' of light, a loving, warm spirit who shows me an instant replay of my life and helps me

evaluate my past deeds.

“Eventually, I learn I must return to my body. I resist, for my afterlife experience has been quite pleasant. Somehow, though, I am reunited with my physical body and live.”{2}

This composite account of a near-death experience or “NDE” is adapted from the best selling book, *Life After Life*, by Dr. Raymond Moody, who brought these experiences to wide public awareness. Often the episodes involve out-of-body experiences or “OBEs.”

While writing a book on this subject, I interviewed people with some fascinating stories. A Kansas woman developed complications after major surgery. She sensed herself rising out of her body, soaring through space, and hearing heavenly voices before returning to her body. An Arizona man in a coma for five months after a motorcycle accident said he saw his deceased father, who spoke to him.

Actress Sharon Stone has described her own close call with death. She was hospitalized with bleeding from an artery at her skull’s base. “I feel that I did die,” she relates. She tells of “a giant vortex of white light” and says “I kind of poof sort of took off... into this glorious bright...white light. I started to see and be met by some of my friends. people who were very dear to me. It was very, very fast, and suddenly I was back. I was in my body and I was in the room.” Stone says the experience affected her “profoundly” and that she “will never be the same.”{3}

What do these near-death experiences mean? How should we interpret them? This article offers a biblical perspective.

Interpreting Near-Death Experiences

What are some possible explanations for the NDEs? Hundreds of

people claim that they have died and lived to tell about it. Are their near-death and out-of-body experiences genuine previews of the afterlife? Hallucinations caused by traumatic events? Or something else?

Some patients have been pronounced clinically dead and later are resuscitated. Others have had close calls with death, but were never really thought dead (such as survivors of automobile accidents). Still others did die permanently but described what they saw before they expired.

Determination of the point of death is a hotly debated issue. In the past, doctors relied merely on the ceasing of the heartbeat and respiration. More recently they have used the EEG or brainwave test. Whatever one considers the point of death, most would agree that these folks have come much closer to it than the majority of people living today.

A number of possible explanations for the OBEs have been offered. Different ones may apply in different situations.

The physiological explanations suggest that a “physical” condition may have caused some of the out-of-body experiences. For instance, cerebral anoxia (a shortage of oxygen in the brain) occurs when the heart stops. The brain can survive for a short while (usually only a few minutes) without receiving oxygen from the blood. Anoxia can produce abnormal mental states.[\[4\]](#) Patients who recover from heart failure and report OBEs may be merely reporting details of an “altered state of consciousness,” some say.[\[5\]](#)

Electronic brain stimulation can produce out-of-body sensations. Researchers at the Universities of Geneva and Lausanne in Switzerland placed electrodes in the brain of a woman suffering from epilepsy. As they stimulated her brain’s right angular gyrus, she reported sensing she was floating about six feet above her body.[\[6\]](#)

The pharmacological explanations say that drugs or anesthetics

may induce some of the near-death experiences. Some primitive societies use drugs to induce OBEs in their religious ceremonies.[{7}](#) LSD and marijuana sometimes generate similar sensations.[{8}](#) Even many medically accepted drugs have produced mental states akin to those reported by the dying. Ketamine is an anesthetic that is administered intravenously[{9}](#) and produces hallucinatory reactions.[{10}](#)

Psychological and Spiritual Explanations

How should we interpret near-death experiences? What do they mean? So far this we have examined physiological and pharmacological explanations, that is, causes involving the body or drugs. Consider two other categories: psychological and spiritual explanations. The psychological explanations suggest that the individual's mind may generate the unusual mental experience. Sigmund Freud, writing about the difficulty of coping with the thought of death, said it would be more comfortable in our minds to picture ourselves as detached observers.[{11}](#) Some modern psychiatrists theorize that the OBE is merely a defense mechanism against the anxiety of death. That is, since the thought of one's own death is so frightening, the patient's mind invents the OBE to make it seem as if only the body is dying while the soul or spirit lives on.

Other psychologists wonder if the patient may be confusing his or her *interpretation* of the experience with what actually happened.[{12}](#) The conscious mind needs an explanation for an unusual vision; therefore, it interprets the event in familiar terms. Thus, say these psychologists, resuscitated patients report conversations with deceased relatives or religious figures common to their culture.

The spiritual explanations view many of the OBEs as real manifestations of the spiritual.

Many have noted that earlier reports of NDEs seemed to contradict some traditional Christian beliefs about the afterlife. All of the patients Christian and non-Christian reported feelings of bliss and ecstasy with no mention of unpleasantness, hell, or judgment.

However, further research uncovered negative experiences. For instance, Raymond Moody wrote of one woman who was supposedly “dead” for 15 minutes and said she saw spirits who appeared “bewildered.” “They seemed to shuffle,” she reported, “as someone would on a chain gang not knowing where they were going. they all had the most woebegone expressions. It was quite depressing.”[{13}](#)

Dr. Moody observed, “Nothing I have encountered precludes the possibility of a hell.”[{14}](#)

Some have felt that OBEs are inconsistent with the biblical concept of a final judgment at the world’s end. No one reports standing before God and being judged for eternity. Dr. Moody responds that “the end of the world has not yet taken place,” so there is no inconsistency. “There may well be a final judgment,” he says. “Near-death experiences in no way imply the contrary.”[{15}](#)

So, is there a life after death?

Is There Life After Death?

The spring of my sophomore year in college, the student living in the room next to me was struck and killed by lightning. For some time after Mike’s death, our fraternity was in a state of shock. My friends were asking questions like, “Is there a life after death?” and “How can we experience it?”

Is it possible to know whether there is an afterlife? What method would you use to find out?

Some suggest using the *experimental method* of science and applying it to the near-death experiences. However, these events normally are not controlled, clinical situations. They're medical emergencies. Even if scientists could establish controls, we have no mind-reading machines to verify mental/spiritual experiences. And think about recruiting subjects. Would you volunteer to undergo clinical death for research purposes?

Some suggest relying on *personal experience* to answer the question. But the experiential method has its drawbacks, too. NDEs can provide useful information, but the mind can trick us. Dreams, fantasies, hallucinations, drug trips, drunkenness, states of shock all can evoke mental images that seem real but aren't.

What if we could find a *spiritual authority*, someone with trustworthy credentials, to tell us the truth about afterlife issues?

Following Mike's death, I encouraged my friends to consider Jesus of Nazareth as a trustworthy spiritual authority. As somewhat of a skeptic myself, I'd found the resurrection of Christ to be one of the best-attested facts of history.[{16}](#) If Jesus died and came back from the dead, He could accurately tell us what death and the afterlife are like. The fact that He successfully predicted His own resurrection[{17}](#) helps us believe that He will tell us the truth about the afterlife.

Jesus and His early followers indicated that the afterlife would be personal, that human personalities would continue to exist.[{18}](#) Eternal life would be relational, involving warm, personal relationships with God and with each other.[{19}](#) Eternal life would be enjoyable, defying our description and exceeding our imagination. "No mind has conceived what God has prepared for those who love him," wrote one early believer.[{20}](#) And eternal life would be eternal. It would never end. "God has given us eternal life," wrote one of

Jesus' closest friends, "and this life is in His Son."[{21}](#)

The sad thing is that some people don't want to take advantage of eternal life.

How to Be Sure You'll Live Forever

Maurice Rawlings, M.D., a cardiologist, tells of a patient who had a cardiac arrest in Dr. Rawlings' office. During the attempted resuscitation, the patient screamed, "I am in hell!" "Don't stop!" he begged in terror. "Each time you quit I go back to hell!"[{22}](#)

The biblical hell, or Hades, is the current home of those who do not accept God's forgiveness. The final abode of those who refuse forgiveness is called the "lake of fire."[{23}](#)

Not a pleasant subject. But remember, God loves you and wants you to spend eternity with Him.[{24}](#) He sent Jesus, His Son, to die and pay the penalty for our sins (attitudes and actions that fall short of God's perfection). We simply need to receive His free gift of forgiveness we can never earn it to be guaranteed eternal life. "Whoever hears my word," Jesus says, "and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life."[{25}](#)

How should we interpret the near-death experiences? Here's my perspective as one who believes the evidence supports Jesus' and biblical reliability.[{26}](#) If a given NDE contradicts biblical statements or principles, I do not accept it as being completely from God. If the experience does not contradict biblical statements or principles, then it *could* be from God. (Body, drug or mind could also influence it.)

A given NDE could be completely spiritual and yet not be from God. Jesus spoke of an evil spiritual being, Satan. We are told that Satan "disguises himself as an angel of light,"[{27}](#) but Jesus called him "a liar and the father of

lies.”{28} I’m not accusing all near-death experiencers of being in league with the devil. Just a friendly word of caution that some may be being deceived.

Once a nightclub near Cincinnati was packed to the brim. Suddenly, a busboy stepped onto the stage, interrupted the program and announced that the building was on fire. Perhaps because they saw no smoke, many of the guests remained seated. Maybe they thought it was a joke, a part of the program, and felt comfortable with that explanation. When they finally saw the smoke, it was too late. More than 150 people died as the nightclub burned.{29}

Are you believing what you want to believe, or what the evidence shows is true? Jesus said, “I am the resurrection and the life; he who believes in Me will live even if he dies.”{30} I encourage you to place your faith in Jesus if you haven’t yet. Then you, too, will live, even if you die.

Notes

1. This article is adapted from Rusty Wright, “One Minute After Death,” *Pursuit* magazine, Vol. V, No. 2, 1996; Rusty Wright, “A Funny Thing Happened on the Way to the End,” *Collegiate Challenge*, Vol. 17, 1978, pp. 2-5; and Rusty Wright, *The Other Side of Life* (Singapore: Campus Crusade Asia Limited, 1979, 1994).
2. Adapted and paraphrased from Raymond A. Moody, Jr., M.D., *Life After Life* (New York: Bantam, 1976), 21-22.
3. Carolyn Zinko, “When Stone saw the light,” *San Francisco Chronicle*, November 28, 2002, The Features Page. The article relates Stone’s description of her experience to NBC TV’s Katie Couric.
4. Stanislav Grof, M. D., and Joan Halifax-Grof, “Psychedelics and the Experience of Death,” in Toynbee, Koestler, and others, *Life After Death* (New York: McGraw-Hill, 1976), 196.

5. Daniel Goleman, "Back from the Brink," *Psychology Today*, April 1977, p. 59.
6. Olaf Blanke, et al., "Stimulating illusory own-body perceptions," *Nature*, Vol. 419, 19 September 2002, p. 269.
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8. Grof and Halifax Grof, op. cit., pp. 193-195; Stanislav Grof, "Varieties of Transpersonal Experiences: Observations from LSD Psychotherapy," *The Journal of Transpersonal Psychology*, 4:1, 1972, p. 67; Russell Noyes, Jr., M.D., and Roy Kletti, "Depersonalization in the Face of Life-Threatening Danger: An Interpretation," *Omega: Journal of Death and Dying*, 7:2, 1976, p. 108.
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10. Louis Jolyon West, M. D., "A Clinical and Theoretical Overview of Hallucinatory Phenomena" in R. K. Siegel and L.J. West (eds.), *Hallucinations: Behavior, Experience, and Theory* (New York: John Wiley & Sons, 1975), 292.
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12. Dr. Charles Tart in Robert A. Monroe, *Journeys Out of the Body* (Garden City, New York: Doubleday, 1971), 6,7.
13. Raymond A. Moody, Jr., *Reflections on Life After Life* (New York and Covington, Georgia: Bantam/Mockingbird, 1977), 19-21.
14. Ibid., 36.
15. Ibid., 36, 37.
16. See, for instance, Josh McDowell, *The New Evidence That Demands A Verdict* (Nashville: Thomas Nelson Publishers), 1999.
17. See, for example, Jesus' resurrection predictions in Luke 9:22 and 18:31-33; their fulfillment in Luke 24.
18. See for example Luke 23:42-43; Matthew 8:11; 2 Samuel

- 12:23; Matthew 17:1-8.
19. John 14:2-3; Philippians 1:23; John 17:3.
20. 1 Corinthians 2:9 NIV. See also Revelation 21:4; Hebrews 12:2.
21. 1 John 5:11 NASB.
22. Maurice Rawlings, M.D., *Beyond Death's Door* (Nashville: Thomas Nelson, 1978), 19-20.
23. Revelation 20:11-15.
24. John 3:16.
25. John 5:24 NIV.
26. See, for example, McDowell, op. cit.
27. 2 Corinthians 11:14 NASB.
28. John 8:44 NASB.
29. "They Didn't Believe It," *The New York Times*, May 30, 1977, p. 16; Hal Bruno, "The Fire Next Time," *Newsweek*, June 13, 1977, pp. 24, 27.
30. John 11:25 NASB.